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Edition 5, Term 3

From the Principal

WestMAC – An 'OK' Community

A range of activities across the College this week have focused on the National R U OK? Day initiative. The major event was yesterday's R U OK? Day activities around the campus. It was wonderful to witness the energy and positive interactions amongst staff and students.

While the focus of the national R U OK? Day reminds us of the importance of staying connected and having regular conversations with our friends and loved ones, the activities this week at WestMAC also highlighted the key role of our SpiritEd program. Thursday's activities were designed to focus on the SpiritEd pillars: positive emotions, engagement and relationships. It seemed apparent from my observations that the objectives for the day were indeed achieved.



In addition, this week featured a number of activities promoting staff wellbeing. Of particular note was the breakfast presentation by psychologist, James Douglas from The Long Gallery Psychologists. James provided an engaging and interesting message about how recent neuroscience research is helping us better understand the relationship between brain function and emotional response. This body of knowledge is rapidly evolving and promises to offer increasing insight into developmental psychology and our understanding of human learning. Email: collegenews@wmac.com.au Phone: 07 3813 4555 Fax: 07 3813 4566



End of Term Holidays

I take this opportunity to wish all staff, students and families a safe, relaxing and enjoyable break over the upcoming holiday period.

I also extend best wishes and safe travels to two groups of staff and students who will be travelling internationally over the next two weeks. There is a large group of students and seven staff travelling to New Zealand on the annual Year 12 ski trip. In addition, a smaller but no less enthusiastic group, accompanied by our Languages staff members, will be travelling to Japan as part of our biennial Languages Department Study Tour. We wish both groups safe travels and look forward to their safe return.

Geoff McLay - Principal Phone: 3813 4536

Whole School

From the Deputy Principal

Presentation Night 2017

Planning is underway for this year's Presentation Nights which will once again be held in the Lostroh Centre. Having these events at our own venue means that our seating capacity is enhanced and as is tradition it is an expectation that all students attend.

Please mark onto your calendars the following dates and starting times:

Senior School Tuesday 14 November (7.00pm start) Middle School Tuesday 21 November (7.00pm start) Junior School Thursday 23 November (6.30pm start) Tickets for these events will be available from the start of next term; initially each family will be able to collect up to two tickets for accompanying parents/guardians. Those who require additional tickets or need wheel chair access or assistance with prams are invited to contact their respective sub-schools to request further tickets or assistance.

Further information in relation to Presentation Nights will be circulated early in Term 4, so please keep an eye out for these details.

Janelle Lecinski - Deputy Principal Phone: 3813 4627 Email: jlecinski@wmac.com.ay

Whole School

From the Head of Senior School

Haircuts/styles

I make reference to comments in the Student Diary with regards student haircuts/styles. In particular, you would be aware that the College has a conservative hair policy. When a student wears the College uniform in public, their personal appearance reflects upon the whole College community. For this reason, the College reserves the right to determine what it feels is an appropriate haircut/style. As a general guide coloured, streaked or extreme hairstyles are not permitted. Further, undercuts, layers and blade cuts less than a blade three are not acceptable. There should be a blending/grading between the side and the top of the hair.

For some students there can be a tendency over the school holidays to get a haircut that does not comply with College expectations. In some cases though, there is not always the time for the hair to grow back in order to meet College expectations.



Acceptable blending/grading between the side and the top of the hair.



Not acceptable blending/grading between the side and the top of the hair.

Service Learning Hours

A reminder, that as part of the Senior School philosophy, we encourage and support our students to respond to God's calling to serve others. This is articulated in Luke 12:48 -Everyone to whom much was given, of him much will be required. Consequently, we aim to foster servant-leadership, which encourages our students to focus on the growth and wellbeing of other people and communities, including the global community, to which they belong.

It is an expectation in the Senior School that all Years 10 and 11 students complete the equivalent of 7 hours of service each semester. The September holidays provide an excellent opportunity for the students to complete the required hours, if they have not already done so.

Senior School Presentation Night

As per the College Calendar, Senior School Presentation Night will be held on Tuesday, 14 November, 2017. This is a compulsory event for all students in the Senior School. Given this date has been on the calendar since the commencement of this year I would expect to see all Senior School students in attendance. Parents are more than welcome to attend as well, and are encouraged to do so.

Holiday Greeting

On behalf of the Senior School Pastoral Care team, I wish you and your family a safe and restful holiday period. We look forward to seeing you in Term 4.

God bless.

Paul Alcorn - Head of Senior School Phone: 3813 4560 Email: palcorn@wmac.com.au

Senior School

From the Director of Creative Arts and Extra Curricular Programs



Term 4 Extra-Curricular Events

Monday 2	Brightest & Best (Chorale – optional)
October	
Tuesday 3 October	FOTA Meeting - Staff Common Room, 5.30pm
6-8 October	Band Camp, Brookfield (Symphonic Band & Performance Band)
Thursday 19 October	Silkstone Vocal Eisteddfod (Bella Voce)(Date subject to change) Prestige Music Festival (Symphonic Band) at Iona
Friday 20 October	Prestige Music Festival (Performance Band) at lona
Sunday 22 October	Music Awards Showcase – Lostroh Centre, 2pm. All extracurricular ensembles
Wednesday 25 October	Year 8 MUP Solo Recital – MD12/13, 6.30pm
Friday 27 October	Prestige Music Festival (Big Band) at Calamvale
Saturday 28 October	Dance Concert (Big Band)
Tuesday 31 October	Studio & Small Ensemble Recital No 4 - MD13, 6.30pm
Wednesday 1 November	Year 9 & 10 Solo Recital – MD12/13, 6.30pm
Thursday 9 November	Years 5 and 6 IP Concert set up and rehearsal - Lostroh Centre, period 4 Years 5 and 6 IP Concert - Lostroh Centre, period 5
Wednesday 29 November	FOTA AGM - Staff Common Room, 5.30pm

Brightest and Best

WestMAC Chorale has been invited to participate in Brightest and Best this year at St John's Cathedral on Monday 2 October (the public holiday at the start of Term 4). This inspirational festival of sacred choral music is an initiative of the Royal Society for Church Music (RSCM) and promises to be a richly rewarding experience for participating students. The performance commences at 2.20pm in the Cathedral and tickets can be purchased from Trybooking at \$10 each. Click to purchase tickets.

Music Awards Showcase - Date Claimer

ALL Music Department bands, choirs and ensembles will perform at the annual Music Awards Showcase on Sunday 22 October. The Showcase commences at 2pm in the Lostroh Centre. Please mark this important event in your diary.

Dance Concert - Date Claimer

The annual WestMAC Dance Concert will be held at the Ipswich Civic Theatre with two performances on Saturday 28 October. Past experience indicates that this is an event not to be missed; an absolutely outstanding display of dance and choreography. Mark this one in your diary! Click to purchase tickets.

Band Camp

Symphonic Band and Performance Band members will be attending their annual camp at Brookfield from the 6th to the 8th of October. The camp is a vital component in the preparation by both bands for the Prestige Music Fest, which takes place in mid to late October. All of our bands will then be required to perform at the three sub-school Presentation Nights in November. Term 4 promises to be as busy as ever for our musicians.

Arts Sponsors

The Arts Program at WestMAC is proudly supported by



Neil Flottmann - Director of Creative Arts & Extra-curricular Activities Phone: 3813 4555 Email: nflottmann@wmac.com.au From the Sport Department

TAS Athletics Team

The TAS Athletics Carnival was held in the final week of Term three at the Queensland State Athletic Centre. Throughout most of the day the WestMAC team held third place comfortably. The top three schools were battling it out all day and were well clear of all other opposition. WestMAC competed hard and finished third overall. Congratulations to the students and the team as a whole who all competed well and recorded some great performances and this final result. Highlights from the competition are as follows:

Aggregate - Third

Overall Girls - Third

Overall Boys - Fouth

Age Group Champions – 12 Year Boys, 15 Year Girls, 16 Years Girls

Individual Age Champions – Mitchell Clarkson (13 Years), Madison Wells (14 Years), Annie McGuire (15 Years)

Thank you to:

- All of the coaches for their time, effort and expertise in preparing the TAS students for the competition: Mr Doug Amiss, Mr Des Davis, Mr Corey MacDonald, and Miss Martie Stolberg;
- Staff who attended on the day to assist with official and team duties;
- Mr Lyle Radford who attended on the day as the official College photographer;
- All of the parents and WestMAC supporters who attended on the day to cheer on the students – your encouragement was appreciated by both the competitors and the staff.



Trimester 3 TAS Sport

Well done to all players, coaches and the Coordinators of each sport for a great season and especially finishing with such strong results. Please see below the summary for the WestMAC teams. WestMAC finished in fifth position across Trimester 3 Sport in 2017.

	Girls Touch	Girls Volleyball	Boys Basketball	Boys Soccer
Overall Position	Second	Eighth	Sixth	Second
Premierships	Year 9			Year 9 Year 7

Mathew Ellis - Head of Sport Phone: 3813 4546 Email: mellis@wmac.com.au

Senior School Middle School TAS

Junior TAS

Junior TAS Athletics Carnival

On Friday 8 September, a team of 63 dedicated athletes travelled to QSAC to compete at the Junior TAS Athletics Carnival. After winning Red Division last year, WestMAC were promoted into Blue Division for 2017. Despite the competition being much harder, the team performed admirably and finished in fourth position overall. Congratulations to the 9 Years Boys Team who were crowned Champions in their respective age group.

There were some amazing performances on the track and field with many of our young athletes breaking PB's on the day. Cooper Windolf, Jared Sherlock, Oliver Deane and Hugo Kellen broke the 4 x 100m relay with a sizzling time of 62.43. Jared Sherlock also smashed the Blue Division 100m record with a dazzling time of 14.79.

Thank you to all our wonderful and dedicated coaches for their hard work ensuring our athletes were best prepared for the day. Congratulations to all members of the team on a wonderful achievement. Below is a summary of WestMAC's overall team results:

WestMAC Team Results

Age Group	Boys	Girls
9 Years	Champions	5th
10 Years	3rd	5th
11 Years	5th	6th
12 Years	5th	4th
Overall Gender Placing	THIRD	FIFTH
Overall School Placing	FOURTH	

Junior TAS Sport - Soccer and Basketball

The Junior TAS soccer and basketball season concluded on Saturday 2 September. The improvement of all our players was evident across the year levels and will hold WestMAC in good stead for the years ahead. Players are to be congratulated for their respectful attitudes to umpires, coaches and opposition players in every game. Their school spirit was on display at all times and they represented themselves, their families and their school with pride.

The Sports Department would like to acknowledge and thank all of our coaches and volunteers for their assistance during Term 3. Your support and commitment in ensuring the Junior TAS season ran smoothly is truly valued.

Term 4 Junior TAS Sport - Touch and Tennis

Nominations have now closed for the Term 4 season. The tennis season runs from Week 2 to Week 6 while touch football is played in a carnival format over Week 3 and Week 4. Training will begin in Week 1 of Term 4.

Ipswich T20 Blast Champions

Congratulations to all Year 3 to Year 6 students who participated in the Ipswich T20 Blast Competition at Amberley. Despite a very warm day, it was fantastic with lots of action. All students genuinely had a blast and our results were just as successful. Congratulations to our WestMAC Girls Year 5/6 Navy Team who finished in 2nd place and WestMAC Boys Year 5/6 Navy Team who won the competition for the second year running. WestMAC will now go through to the regional championships to be held at JPC on Friday October 20.



Eaglets Program

The Term 3 Eaglets Sporting Program has now concluded. Well done to all students who participated in these sessions. It was great to see so many smiling faces running around and enjoying their physical activity.

Term 4 preparations are currently underway. Prep to Year 1 students will again have the opportunity to participate in a multi-skills program whilst Year 2 and Year 3 students will be able to choose between hockey and cricket. Information regarding the Eaglets Program will be sent out early in Term 4.



Junior TAS Photos

Have you taken some great action photos of your student playing sport this year? If so, the Sports Department would love to see them. Please forward them to either Mrs Karen Gough at kgough@wmac.com.au or myself so we can use them for next term's Sports Presentation Night. Alternatively, the best way to pass these photos on is via USB where the photos can be copied across and your USB promptly returned.

Congratulations to ...

- Trinity Doyle for being selected in the Met West U12 Girls Cricket Team to contest the State Championships in Mackay in October/November. This is Trinity's second year in a row of making the team and we wish her all the best for the State Championships.
- Laura Brown for being selected in the U12 Girls Invitational Team who will also contest the State Championships in Mackay in October/November. It will be great to see both Trinity and Laura go head to head and represent West Moreton Anglican College. Good luck Laura!
- Ashton Windolf for being selected to represent Met West in the 11 Years Boys 1500m event. Good luck Ashton!

The Sports Department would like to wish you all the best for the State Championships

If you are aware of any other achievements, please let the Sports Department know so students can be recognised.

Robert Hillier - Head of Junior Sport Phone: 3813 4534 Email: rhillier@wmac.com.au

Junior School Junior TAS

Debating

Ipswich Primary Schools' Debating Competition

The final Year 5 debate of the interschool primary competition was held on Wednesday 6 September. WestMAC's 5.2 team coached by Middle School debater, Damian Bellew, defeated the 5.3 team in a close debate, to prove that imagination is more important than knowledge.

Congratulation to both teams for a great season.

Debating End of Year Celebration

Our second annual End of Year Celebration was held on Monday evening. Almost 80 people came along to celebrate the progress and achievements of debaters, and say thank you to our supporters.

The recipients of this year's Spirit of Debating awards are:

Junior School – Matilda Brett



Middle School - Lily Friis



Senior School – Alicia Jorgensen



The Service of Debating Award was presented to the Student Coaching Team for 2017.

As debating finishes for the year, I would like to say thank you to all our students, coaches and supporters for making this a wonderful year.

UN Youth Voice Opportunity for Years 7 -10

Students have recently been emailed information about this competition. Voice is a unique public speaking competition for students in Year 7-10, running throughout Term 4.

UN Youth Voice asks contestants to present their innovative solutions to some of the world's most prominent and pressing issues. The competition encourages initiative and sustainability, rewarding substance in speeches as well as speaking manner and structure.

Students are invited to select the issue about which they are most passionate from four provided topics. The aim is to

suggest tangible and achievable solutions to the complications surrounding their given topic. This is presented through a prepared speech, with a judges' "Question Time" component.

Students can find out more and register their entry at: https://unyouth.org.au/event/voice-qld/

Donna Googe - Debating/Public Speaking Coordinator Phone: 3813 4555 Email: dgooge@wmac.com.au

Extra-curricular Activity

Careers

USQ News

Applications Are Now Open for Summer Head Start

Do you have any high-achieving Year 10 or 11 students who are keen to start their university studies early? Head Start applications are open for Semester 3 2017, which is a great opportunity for students to experience university and academic life without the worry of school work. Submit a Head Start application form via our new online portal by 23 October.

Summer Pathway into USQ

Accelerated Entry Pathway Program (AEPP), formerly Tertiary Preparation Pathway Intensive Program (TPPIP), is an intensive pathway program for Year 12 students. Successful completion of this program will meet English pre-requisites for a large range of degrees. Students will also be more confident in their ability to make the transition to university. Request a Pathways presentation to learn more!



Learn About Indigenous Languages

Word Up is a weekly educational podcast series which shares the diverse cultural traditions and customs within Indigenous tribes or clans across Australia. Each week a member from each tribe or clan will discuss their life and raise awareness to listeners of their personal dialect. Word Up is available to listen or view on both iTunes and ABC Radio app.



Personalised Holiday Campus Tours

During the September holidays, we're giving your students the opportunity to visit any of our campuses situated in Toowoomba, Springfield and Ipswich. Guided by one of our current USQ students, we'll personalise a tour for your students which will allow them to discover our world-class facilities and the services available to them. Online registrations for the tour are essential.

QUT News

Vice-Chancellor's Scholarships

Applications are open for the Vice-Chancellor's Scholarship Program. Please note, there is no longer an OP/rank eligibility requirement for the elite athlete scholarships. Applications for academic and elite athlete categories close 17 November. To be considered for creative industries scholarships students must submit their portfolio or register for an audition with QUT by 5pm on 15 September.

START QUT Applications due 31 October

Applications for START QUT, our university experience program for high-achieving high school students, are now open and we encourage current Year 11 students to investigate the 2018 program.

Entry Programs and Upgrading Pathways

Students can maximise their chances of gaining entry to QUT by applying for any relevant entry programs and including upgrading options in case they miss out on the OP/rank for their preferred course.

Future Skills Evening for Students, Parents and School Staff-10 October

Students, parents and school staff are invited to attend Future Skills, a presentation and networking event focusing on how to pioneer and navigate a successful career in today's ever-changing world.

Holiday Campus Tours

Students and their parents can take a guided tour of our Gardens Point and Kelvin Grove campuses and hear from current QUT students about university life on 22 September.

Admission Updates: Elite Athlete Entry via QTAC and Video About Suitability Statement for Education Courses

Students can now apply for QUT's elite athlete entry scheme through QTAC, rather than through QUT. Also, a new video explaining details about the written statement required for education courses is now available on the QTAC website.

Kym Hayes - Career's Advisor Email: khayes@wmac.com.au

Senior School

Defence News

Hi Everyone!

For those that are posting out, take care, travel safe and enjoy the next chapter in your Defence Life.

I look forward to seeing everyone else next Term bright eyed, bushy tailed and relaxed.

If you are posting at the end of Term 4, can you please advise me as I have farewell activities planned.

As we never say in Defence – *Goodbye* it's See you later!

Jenny Sheehan - Defence Transition Mentor Phone: 3813 4508 Email: jsheehan@wmac.com.au

Whole School

Uniform Shop

Uniform Shop Opening Times – Term 4

Day	Term 4
Monday	8am to 3.30pm
Wednesday	8am to 3.30pm
Friday	8am to 3.30pm

The Uniform Shop will not be open over these school holidays. It will close at 3.30pm on Friday 15 September and reopen at 8am on Wednesday 4 October 2017.

Junior TAS & TAS Sport Borrowed Uniforms

All Junior TAS and TAS sport uniforms borrowed for Term 3 must be returned by 4pm 15 September 2017 otherwise College Fees Accounts could be charged \$75.00 for each item not returned.

Swimming Uniform Policy

All Prep to Year 12 students must wear the appropriate WestMAC swimming uniform for HPE and REC lessons. Students will not be permitted to swim if they are not in the correct swimming uniform.

The swimming uniform for Prep to Year 12 for HPE (including REC) lessons consists of:

- WestMAC one piece butterfly togs for girls
- WestMAC Speedos or Jammers for boys
- WestMAC sun-shirt
- House coloured swimming cap or "WestMAC" yellow swimming cap (only if a TAS Swimming team member) are compulsory
- WestMAC swim shorts (optional)

Non-WestMAC boy's Speedos and non-WestMAC girl's one piece togs may be worn providing that they cannot be seen under a WestMAC sun-shirt (WestMAC swim shorts may also be required to hide the non-WestMAC togs. Bobby pins and the navy HPE shorts are not allowed to be worn in the pool. Students are strongly advised to wear sunscreen.

Please note: the Swimming Uniform Policy does not apply to private swimming lessons conducted at the College Pool.

Glenda Boike - Uniform Shop Convenor Phone: 3813 4533 Email: uniforms@wmac.com.au

Whole School

Llewellyn Local Legends



Email: ntrezise@rlm.com.au

Whole School

Tuffkidz Mini Triathlon Series

www.ihfoundation.org.au

Do you want to be a triathlete?

Then take the opportunity to experience the Ipswich City Rotary TUFFKIDZ mini triathlon series held in Ipswich on Sunday 15 October 2017.

The races will start at **Ipswich State High School, Brassall**. All legs will take place in & around the school which is next to the pool. Street parking available on Hunter Street. Limited parking on school grounds available, only accessible before 6.55am. On the day registration is by the pool.

These events are specifically designed for all children in grades prep - high school who want to be a triathlete for a day and a registered TUFFKID.

Time	Triathlon Event	Grade
7.00am	Bike 500m (2 laps), Run 300m (1 laps)	Prep
7.10am	Bike 500m (2 laps), Swim 25m (1 lap), 300m (1 laps)	1
7.20am	Bike 500m (2 laps), Swim 25m (1 lap), Run 300m (1 laps)	2
7.30am	Bike 725m (3 laps), Swim 50m (2 laps), Run 600m (2 laps)	3
7.45am	Bike 1000m (4 laps), Swim 50m (2 laps), Run 600m (2 laps)	4
8.00am	Bike 1225m (5 laps), Swim 100m (4 laps), Run 900m (3 laps)	5
8.15am	Bike 1500, (6 laps), Swim 100m (4 laps), Run 900m (3 laps)	6
8.30am	Bike 1500 (6 laps), Swim 150m (6 laps), Run 1200m (4 laps)	High
8.45am	Presentations	Al

Entry fees are \$10.00 per person

Team entries available

An approved bike helmet, running shoes and a t-shirt are compulsory. Each competitor receives a special edition swim cap at registration.

All finishers receive a TUFFKIDZ medallion and go into the draw to win a bike and other random prizes!

Register online - www.ihfoundation.org.au

For registration information please contact: Ipswich Hospital Foundation on 1300 736 428

For event information please contact:

Peter McMahon 0409 897 188 or Bec Ungermann 0457 868 315



Peter McMahon - Tuffkidz Phone: 0409 897 188

Whole School

Top Tennis Academy



NEW & IMPROVED TENNIS CAMP

This school holidays we have an awesome program available for all kids. Activities include:

- Fun coaching games and activities
- FREE BBQ Sausage Sizzle
- Daily prize draw including our NEW TOP TENNIS PLAYERS OUTFIT (small sizes available)
- · Coaching feedback report from the week
- Thursday is Tournament Day & Break-Up PARTY!

COST - \$180 full week or \$50 per day TIME - 9.00am - 3.00pm (drop off from 8.30am) WHEN - Mon 18th - Thur 21st September ADDRESS - George Alder Tennis Centre - 9 Ernest St, Leichardt

UNLIMITED FREE FAMILY COURT HIRE FOR SEPTEMBER 2017 TO ALL ENROLMENTS



Ph: 3281 4700 Ersmile@toptennisacademy.com.au W: toptennisacademy.com.au

Hunter Stubbs - Top Tennis Academy Phone: 3281 4700 Email: sales@toptennisacademy.com.au

Whole School

Submissions

Submit an article or event to the next newsletter via westmoretonac.schoolzineplus.com/newsletter/publication

Whole School

