



West Moreton  
Anglican College  
Ipswich Queensland

Keswick Road  
Karrabin QLD 4306  
Subscribe: <https://westmoretonac.schoolzineplus.com/subscribe>

Email: [collegenews@wmac.com.au](mailto:collegenews@wmac.com.au)  
Phone: 07 3813 4555  
Fax: 07 3813 4566



Edition 5, Term 3

## From the Principal

### WestMAC – An ‘OK’ Community

A range of activities across the College this week have focused on the National R U OK? Day initiative. The major event was yesterday's R U OK? Day activities around the campus. It was wonderful to witness the energy and positive interactions amongst staff and students.

While the focus of R U OK? Day reminds us of the importance of staying connected and having regular conversations with our friends and loved ones, the activities this week at WestMAC also highlighted the key role of our SpiritEd program. Thursday's activities were designed to focus on the SpiritEd pillars: positive emotions, engagement and relationships. It seemed apparent from my observations that the objectives for the day were indeed achieved.



In addition, this week featured a number of activities promoting staff wellbeing. Of particular note was the breakfast presentation by psychologist, James Douglas from The Long Gallery Psychologists. James provided an engaging and interesting message about how recent neuroscience research is helping us better understand the relationship between brain function and emotional response. This body of knowledge is rapidly evolving and promises to offer increasing insight into developmental psychology and our understanding of human learning.

## End of Term Holidays

I take this opportunity to wish all staff, students and families a safe, relaxing and enjoyable break over the upcoming holiday period.

I also extend best wishes and safe travels to two groups who will be travelling internationally over the next two weeks. There is a large group of students and seven staff travelling to New Zealand on the annual Year 12 Ski Trip. In addition, a smaller but no less enthusiastic group, accompanied by our Languages staff members, will be travelling to Japan as part of our biennial Languages Department Study Tour. We wish both groups safe travels and look forward to their safe return.

Geoff McLay - Principal  
Phone: 3813 4555

Whole School

## Deputy Principal

### Presentation Night 2017

Planning is underway for this year's Presentation Nights which will be held in the Lostroh Centre. Having these events at our own venue means that our seating capacity is enhanced and it is an expectation that all students attend.

**Please mark onto your calendars the following dates and starting times:**

Senior School Tuesday 14 November (7.00pm start)  
Middle School Tuesday 21 November (7.00pm start)  
Junior School Thursday 23 November (6.30pm start)

Tickets for these events will be available from the start of next term; initially each family will be able to collect up to two tickets

for accompanying parents/guardians. Those who require additional tickets or need wheel chair access or assistance with prams are invited to contact their respective sub-schools to request further tickets or assistance.

Further information in relation to Presentation Nights will be circulated early in Term 4.

Janelle Lecinski - Deputy Principal

Phone: 3813 4555

Email: [jlecinski@wmac.com.au](mailto:jlecinski@wmac.com.au)

Whole School

## Head of Senior School

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### Haircuts/styles

I make reference to comments in the Student Diary with regards student haircuts/styles. In particular, you would be aware that the College has a conservative hair policy. When a student wears the College uniform in public, their personal appearance reflects upon the whole College community. For this reason, the College reserves the right to determine what it feels is an appropriate haircut/style. As a general guide coloured, streaked or extreme hairstyles are not permitted. Further, undercuts, layers and blade cuts less than a blade three are not acceptable. There should be a blending/grading between the side and the top of the hair.

For some students there can be a tendency over the school holidays to get a haircut that does not comply with College expectations. In some cases though, there is not always the time for the hair to grow back in order to meet College expectations.



Acceptable blending/grading between the side and the top of the hair.



Not acceptable blending/grading between the side and the top of the hair.

### Service Learning Hours

A reminder that as part of the Senior School philosophy, we encourage and support our students to respond to God's calling to serve others. This is articulated in Luke 12:48 - Everyone to whom much was given, of him much will be required. Consequently, we aim to foster servant-leadership, which encourages our students to focus on the growth and wellbeing of other people and communities, including the global community, to which they belong.

It is an expectation in the Senior School that all Years 10 and 11 students complete the equivalent of 7 hours of service each semester. The September holidays provide an excellent opportunity for the students to complete the required hours, if they have not already done so.

### Senior School Presentation Night

As per the College Calendar, Senior School Presentation Night will be held on Tuesday 14 November. This is a compulsory event for all students in the Senior School. Given this date has been on the calendar since the commencement of this year, we would expect to see all Senior School students in attendance. Parents are more than welcome to attend as well, and are encouraged to do so.

### Holiday Greeting

On behalf of the Senior School Pastoral Care team, I wish you and your family a safe and restful holiday period. We look forward to seeing you in Term 4.

God bless.

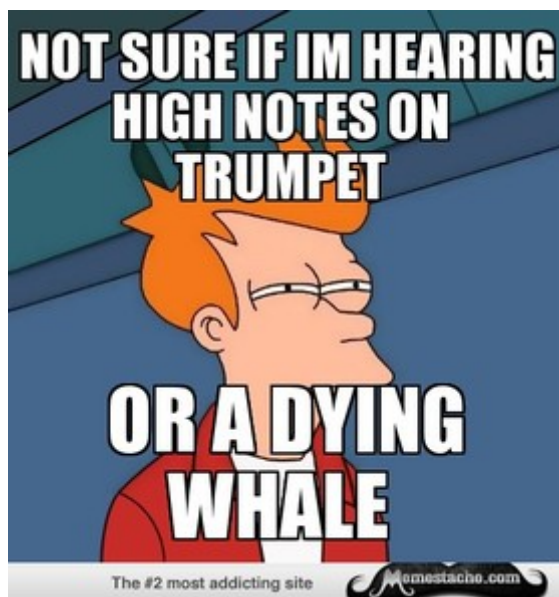
Paul Alcorn - Head of Senior School

Phone: 3813 4560

Email: [palcorn@wmac.com.au](mailto:palcorn@wmac.com.au)

Senior School

## Director of Creative Arts and Extra Curricular Programs



### Term 4 Extra-Curricular Events

Monday 2 October	Brightest & Best (Chorale – optional)
Tuesday 3 October	FOTA Meeting - Staff Common Room, 5.30pm
6-8 October	Band Camp, Brookfield (Symphonic Band & Performance Band)
Thursday 19 October	Silkstone Vocal Eisteddfod (Bella Voce)(Date subject to change) Prestige Music Festival (Symphonic Band) at Iona
Friday 20 October	Prestige Music Festival (Performance Band) at Iona
Sunday 22 October	Music Awards Showcase – Lostroh Centre, 2pm. All extracurricular ensembles
Wednesday 25 October	Year 8 MUP Solo Recital – MD12/13, 6.30pm
Friday 27 October	Prestige Music Festival (Big Band) at Calamvale
Saturday 28 October	Dance Concert (Big Band)
Tuesday 31 October	Studio & Small Ensemble Recital No 4 - MD13, 6.30pm
Wednesday 1 November	Year 9 & 10 Solo Recital – MD12/13, 6.30pm
Thursday 9 November	Years 5 and 6 IP Concert set up and rehearsal - Lostroh Centre, period 4 Years 5 and 6 IP Concert - Lostroh Centre, period 5
Wednesday 29 November	FOTA AGM - Staff Common Room, 5.30pm

### Brightest and Best

WestMAC Chorale has been invited to participate in Brightest and Best this year at St John's Cathedral on Monday 2 October (the public holiday at the start of Term 4). This inspirational festival of sacred choral music is an initiative of the Royal Society for Church Music (RSCM) and promises to be a richly rewarding experience for participating students. The performance commences at 2.20pm in the Cathedral and tickets can be purchased from Trybooking at \$10 each.

<https://www.trybooking.com/book/event?eid=312277&>

### Music Award Showcase - 22 October

All Music bands, choirs and ensembles will perform at the annual Music Awards Showcase on Sunday 22 October. The Showcase commences at 2pm in the Lostroh Centre.

### Dance Concert – 28 October

The annual WestMAC Dance Concert will be held at the Ipswich Civic Theatre with two performances on Saturday 28 October.

<https://www.ipswichciviccentre.com.au/event/westmac-dance-concert-2017/>

### Band Camp

Symphonic Band and Performance Band members will be attending their annual camp at Brookfield from Friday 6 to Sunday 8 October. The camp is a vital component in the preparation by both bands for the Prestige Music Festival, which takes place in mid to late October. All of our bands will then be required to perform at the three sub-school Presentation Nights in November. Term 4 promises to be as busy as ever for our musicians.

### Arts Sponsors

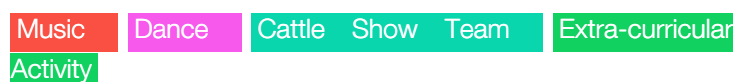
The Arts Program at WestMAC is proudly supported by



Neil Flottmann - Director of Creative Arts & Extra-curricular Activities

Phone: 3813 4555

Email: [nflottmann@wmac.com.au](mailto:nflottmann@wmac.com.au)





# Sport Department

## TAS Athletics Team

The TAS Athletics Carnival was held in the final week of Term 3 at the Queensland State Athletic Centre (QSAC). Throughout most of the day the WestMAC team held third place comfortably. The top three schools were battling it out all day and were well clear of all other opposition. WestMAC competed hard and finished third overall. Congratulations to the students and the team as a whole who all competed well and recorded some great performances and this final result. Highlights from the competition are as follows:

**Aggregate - Third**

**Overall Girls – Third**

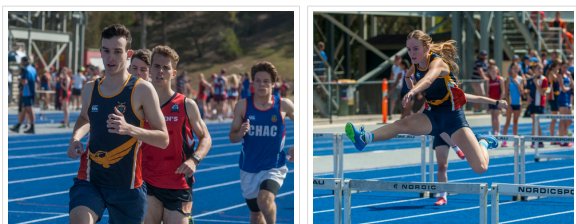
**Overall Boys – Fourth**

**Age Group Champions – 12 Year Boys, 15 Year Girls, 16 Years Girls**

**Individual Age Champions – Mitchell Clarkson (13 Years), Madison Wells (14 Years), Annie McGuire (15 Years)**

### Thank you to:

- All of the coaches for their time, effort and expertise in preparing the TAS students for the competition: Mr Doug Amiss, Mr Des Davis, Mr Corey MacDonald, and Miss Martie Stolberg.
- Staff who attended on the day to assist with official and team duties.
- Mr Lyle Radford who attended on the day as the official College photographer.
- All of the parents and WestMAC supporters who attended on the day to cheer on the students – your encouragement was appreciated by both the competitors and the staff.



## Trimester 3 TAS Sport

Well done to all players, coaches and the coordinators of each sport for a great season and especially finishing with such strong results. Please see below the summary for the WestMAC teams. WestMAC finished in fifth position across Trimester 3 Sport.

	Girls Touch	Girls Volleyball	Boys Basketball	Boys Soccer
Overall Position	Second	Eighth	Sixth	Second

Premierships	Year 9			Year 9 Year 7
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Mathew Ellis - Head of Sport

Phone: 3813 4546

Email: [mellis@wmac.com.au](mailto:mellis@wmac.com.au)

Senior School Middle School TAS

## Junior TAS

### Junior TAS Athletics Carnival

On Friday 8 September a team of 63 dedicated athletes travelled to QSAC to compete at the Junior TAS Athletics Carnival. After winning Red Division last year, WestMAC were promoted into Blue Division for 2017. Despite the competition being much harder, the team performed admirably and finished in fourth position overall. Congratulations to the 9 Years Boys Team who were crowned Champions in their respective age group.

There were some amazing performances on the track and field with many of our young athletes breaking PB's on the day. Cooper Windolf, Jared Sherlock, Oliver Deane and Hugo Kellen broke the 4 x 100m relay with a sizzling time of 62.43. Jared Sherlock also smashed the Blue Division 100m record with a dazzling time of 14.79.

Thank you to all our wonderful and dedicated coaches for their hard work; ensuring our athletes were well prepared for the day. Congratulations to all members of the team. Below is a summary of WestMAC's overall team results:

### WestMAC Team Results

Age Group	Boys	Girls
9 Years	Champions	5th
10 Years	3rd	5th
11 Years	5th	6th
12 Years	5th	4th
Overall Gender Placing	THIRD	FIFTH
Overall School Placing	FOURTH	

### Junior TAS Sport - Soccer and Basketball

The Junior TAS soccer and basketball season concluded on Saturday 2 September. The improvement of all our players was evident across the year levels and will hold WestMAC in good stead for the years ahead. Players are to be congratulated for their respectful attitudes to umpires, coaches and opposition players in every game. Their school spirit was on display at all

times and they represented themselves, their families and their school with pride.

The Sports Department would like to acknowledge and thank all of our coaches and volunteers for their assistance during Term 3. Your support and commitment in ensuring the Junior TAS season ran smoothly is truly valued.

## Term 4 Junior TAS Sport – Touch and Tennis

Nominations have now closed for the Term 4 season. The tennis season runs from Week 2 to 6 while touch football is played in a carnival format over Weeks 3 and 4. Training will begin in Week 1 of Term 4.

## Ipswich T20 Blast Champions

Congratulations to all Years 3 to 6 students who participated in the Ipswich T20 Blast Competition at Amberley. Despite a very warm day, it was fantastic with lots of action. All students genuinely had a blast and our results were just as successful. Congratulations to our WestMAC Girls Year 5/6 Navy Team who finished in 2nd place and WestMAC Boys Year 5/6 Navy Team who won the competition for the second year running. WestMAC will now go through to the regional championships to be held at John Paul College (JPC) on Friday 20 October.



## Eaglets Program

The Term 3 Eaglets Sporting Program has now concluded. Well done to all students who participated in these sessions. It was great to see so many smiling faces running around and enjoying their physical activity.

Term 4 preparations are currently underway. Prep to Year 1 students will have the opportunity to participate in a multi-skills program whilst Years 2 and 3 students will be able to choose between hockey and cricket. Information regarding the Eaglets

Program will be sent out early in Term 4.



## Congratulations to ...

- Trinity Doyle for being selected in the Met West U12 Girls Cricket Team to contest the State Championships in Mackay in October/November. This is Trinity's second year in a row of making the team and we wish her all the best for the State Championships.
- Laura Brown for being selected in the U12 Girls Invitational Team who will also contest the State Championships in Mackay in October/November. It will be great to see both Trinity and Laura go head to head and represent the College. Good luck Laura!
- Ashton Windolf for being selected to represent Met West in the 11 Years Boys 1500m event. Good luck Ashton!

The Sports Department would like to wish you all the best for the State Championships.

Robert Hillier - Head of Junior Sport

Phone: 3813 4534

Email: [rhillier@wmac.com.au](mailto:rhillier@wmac.com.au)

Junior School Junior TAS

## Debating

### Ipswich Primary Schools' Debating Competition

The final Year 5 debate of the Interschool Primary Competition was held on Wednesday 6 September. WestMAC's 5.2 team, coached by Middle School debater Damian Bellew, defeated the 5.3 team in a close debate, to prove that imagination is more important than knowledge.

Congratulation to both teams for a great season.

### Debating End of Year Celebration

Our second annual End of Year Celebration was held on Monday evening. Almost 80 people came along to celebrate the progress and achievements of debaters and say thank you to our supporters.

The recipients of this year's Spirit of Debating awards are:

Junior School – Matilda Brett



Middle School – Lily Friis



Senior School – Alicia Jorgensen



The Service of Debating Award was presented to the Student Coaching Team for 2017.

As debating finishes for the year, I would like to say thank you to all our students, coaches and supporters for making this a wonderful year.

## UN Youth Voice Opportunity for Years 7 to 10

Students have recently been emailed information about this competition. Voice is a unique public speaking competition for students in Year 7 to 10, running throughout Term 4.

UN Youth Voice asks contestants to present their innovative solutions to some of the world's most prominent and pressing issues. The competition encourages initiative and sustainability, rewarding substance in speeches as well as speaking manner and structure.

Students are invited to select the issue about which they are most passionate from four provided topics. The aim is to suggest tangible and achievable solutions to the complications surrounding their given topic. This is presented through a prepared speech, with a judges' 'Question Time' component.

Students can find out more and register their entry at: <https://unyouth.org.au/event/voice-qld/>

Donna Googe - Debating/Public Speaking Coordinator  
Phone: 3813 4555  
Email: [dgooge@wmac.com.au](mailto:dgooge@wmac.com.au)

Extra-curricular Activity

## Careers

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### University of Southern Queensland (USQ) News

#### Applications Are Now Open for Summer Head Start

Do you have any high-achieving Year 10 or 11 students who are keen to start their university studies early? [Head Start](#) applications are open for Semester 3, 2017, which is a great opportunity for students to experience university and academic life without the worry of school work. Submit a [Head Start application form](#) via our new online portal by Monday 23 October.

#### Summer Pathway into USQ

[Accelerated Entry Pathway Program \(AEPP\)](#), formerly Tertiary Preparation Pathway Intensive Program (TPPIP), is an intensive pathway program for Year 12 students. Successful completion of this program will meet English pre-requisites for a large range of degrees. Students will also be more confident in their ability to make the transition to university.



## Learn About Indigenous Languages

[Word Up](#) is a weekly educational podcast series which shares the diverse cultural traditions and customs within Indigenous tribes or clans across Australia. Each week a member from each tribe or clan will discuss their life and raise awareness to listeners of their personal dialect. Word Up is available to listen or view on both [iTunes](#) and [ABC Radio app](#).

## Personalised Holiday Campus Tours

During the September holidays, USQ are giving students the opportunity to visit any of their campuses. Register online via [www.usq.edu.au/study/school-leaver/events/holiday-campus-tour](http://www.usq.edu.au/study/school-leaver/events/holiday-campus-tour).

## Queensland University of Technology (QUT) News

### Vice-Chancellor's Scholarships

Applications are open for the [Vice-Chancellor's Scholarship Program](#). Please note, there is no longer an OP/rank eligibility requirement for the elite athlete scholarships. Applications for academic and elite athlete categories close Friday 17 November.

### START QUT Applications due 31 October

Applications for [START QUT](#), our university experience program for high-achieving high school students, are now open and we encourage current Year 11 students to investigate the 2018 program.

### Entry Programs and Upgrading Pathways

Students can maximise their chances of gaining entry to QUT by applying for any relevant [entry programs](#) and including [upgrading options](#) in case they miss out on the OP/rank for their preferred course.

### Future Skills Evening for Students, Parents and School Staff—10 October

Students, parents and school staff are invited to attend [Future Skills](#), a presentation and networking event focusing on how to pioneer and navigate a successful career in today's ever-changing world.

### Holiday Campus Tours

Students and their parents can take a guided tour of QUT's campuses and hear from current QUT students about university life on Friday 22 September. Register online via [qut.edu.au/study/events/holiday-campus-tours](http://qut.edu.au/study/events/holiday-campus-tours).

## Admission Update

Elite Athlete Entry via QTAC and Video About Suitability Statement for Education Courses. Students can now apply for QUT's [elite athlete entry scheme through QTAC](#), rather than through QUT. Also, a new [video explaining details about the written statement](#) required for education courses is now available on the QTAC website.

Kym Hayes - Career's Advisor  
Email: [khayes@wmac.com.au](mailto:khayes@wmac.com.au)

### Senior School

## Defence News

For those that are posting out, take care, travel safe and enjoy the next chapter in your Defence Life.

I look forward to seeing everyone else next term bright eyed, bushy tailed and relaxed.

If you are posting at the end of Term 4, can you please advise me as I have farewell activities planned.

As we never say in Defence – *Goodbye* it's *See you later!*

Jenny Sheehan - Defence Transition Mentor  
Phone: 3813 4508  
Email: [jsheehan@wmac.com.au](mailto:jsheehan@wmac.com.au)

### Whole School

## Uniform Shop

### Uniform Shop Opening Times – Term 4

Day	Term 4
Monday	8am to 3.30pm
Wednesday	8am to 3.30pm
Friday	8am to 3.30pm

The Uniform Shop will not be open over these school holidays. It will close at 3.30pm on Friday 15 September and reopen at 8am on Wednesday 4 October 2017.

### Junior TAS & TAS Sport Borrowed Uniforms

All Junior TAS and TAS sport uniforms borrowed for Term 3 must be returned by 4pm, Friday 15 September otherwise College Fees Accounts could be charged \$75.00 for each item not returned.

## Swimming Uniform Policy

All Prep to Year 12 students must wear the appropriate WestMAC swimming uniform for HPE and REC lessons. Students will not be permitted to swim if they are not in the correct swimming uniform.

Glenda Boike - Uniform Shop Convenor  
Phone: 3813 4533  
Email: [uniforms@wmac.com.au](mailto:uniforms@wmac.com.au)

Whole School

## Llewellyn Local Legends



### Support West Moreton Anglican College School Project!

We are raising funds to support the development of the NEW Playground for Prep - Grade 2! Just by making a purchase at Llewellyns, whether it be a car (new or used), Servicing, Batteries, Tyres etc they donate back a % to the School Project Fund!

#### How Does It Work?

1) Ask reception at West Moreton Anglican College for a Local Legends Coupon!

2) Present the coupon at Llewellyn Motors to get your Local Legends Key Ring

3) Purchase a New or Used Car, Tyres, Batteries or get your car serviced at Llewellyns to donate!

4) Visit [www.llewellynmotors.com.au/local-legends](http://www.llewellynmotors.com.au/local-legends) with your Invoice # and Key Ring # to make your donation!



Nick Trezise  
248 Brisbane Road, Bowral 4304  
(07) 3282 2922 [ntrezise@rlm.com.au](mailto:ntrezise@rlm.com.au)

[llewellynmotors.com.au](http://llewellynmotors.com.au)

**Llewellyn**  
MOTORING CONFIDENCE

Nick Trezise - Llewellyn Motors  
Phone: 3282 2922  
Email: [ntrezise@rlm.com.au](mailto:ntrezise@rlm.com.au)

Whole School

## Tuffkidz Mini Triathlon Series

**tuffkidz**

ROTARY INTERNATIONAL

**Ipswich City Rotary  
Tuffkidz Series**

**Sunday 15 October 2017**

Have you always wanted to  
TRI a triathlon?  
TRI the TUFFKIDZ series!

[www.ihfoundation.org.au](http://www.ihfoundation.org.au)



## Do you want to be a triathlete?

Then take the opportunity to experience the Ipswich City Rotary TUFFKIDZ mini triathlon series held in Ipswich on Sunday 15 October 2017.

The races will start at **Ipswich State High School, Brassall**. All legs will take place in & around the school which is next to the pool. Street parking available on Hunter Street. Limited parking on school grounds available, only accessible before 6.55am. On the day registration is by the pool.

These events are specifically designed for all children in grades prep - high school who want to be a triathlete for a day and a registered TUFFKID.

Time	Triathlon Event	Grade
7.00am	Bike 500m (2 laps), Run 300m (1 laps)	Prep
7.10am	Bike 500m (2 laps), Swim 25m (1 lap), 300m (1 laps)	1
7.20am	Bike 500m (2 laps), Swim 25m (1 lap), Run 300m (1 laps)	2
7.30am	Bike 725m (3 laps), Swim 50m (2 laps), Run 600m (2 laps)	3
7.45am	Bike 1000m (4 laps), Swim 50m (2 laps), Run 600m (2 laps)	4
8.00am	Bike 1225m (5 laps), Swim 100m (4 laps), Run 900m (3 laps)	5
8.15am	Bike 1500, (6 laps), Swim 100m (4 laps), Run 900m (3 laps)	6
8.30am	Bike 1500 (6 laps), Swim 150m (6 laps), Run 1200m (4 laps)	High school
8.45am	Presentations	All

Entry fees are \$10.00 per person

Team entries available

An approved bike helmet, running shoes and a t-shirt are compulsory.

Each competitor receives a special edition swim cap at registration.

All finishers receive a TUFFKIDZ medallion and go into the draw to win a bike and other random prizes!

Register online - [www.ihfoundation.org.au](http://www.ihfoundation.org.au)

For registration information please contact:  
Ipswich Hospital Foundation on 1300 736 428

For event information please contact:

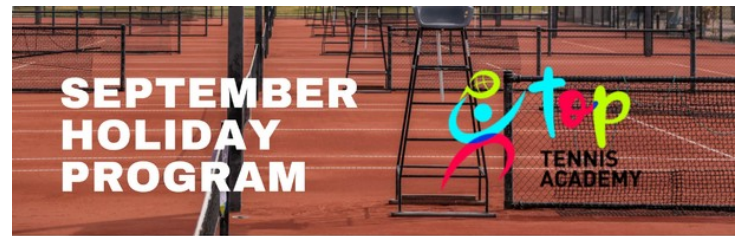
Peter McMahon 0409 897 188 or Bec Ungermann 0457 868 315



Peter McMahon - Tuffkidz  
Phone: 0409 897 188

Whole School

## Top Tennis Academy



## NEW & IMPROVED TENNIS CAMP

This school holidays we have an awesome program available for all kids. Activities include:

- Fun coaching games and activities
- FREE BBQ Sausage Sizzle
- Daily prize draw including our NEW TOP TENNIS PLAYERS OUTFIT (small sizes available)
- Coaching feedback report from the week
- Thursday is Tournament Day & Break-Up PARTY!



COST - \$180 full week or \$50 per day

TIME - 9.00am - 3.00pm (drop off from 8.30am)

WHEN - Mon 18th - Thur 21st September

ADDRESS - George Alder Tennis Centre - 9 Ernest St, Leichardt

**UNLIMITED FREE FAMILY COURT HIRE FOR SEPTEMBER 2017 TO ALL ENROLMENTS**



Ph: 3281 4700 E: [smile@toptennisacademy.com.au](mailto:smile@toptennisacademy.com.au) W: [toptennisacademy.com.au](http://toptennisacademy.com.au)

Hunter Stubbs - Top Tennis Academy

Phone: 3281 4700

Email: [sales@toptennisacademy.com.au](mailto:sales@toptennisacademy.com.au)

Whole School

## Submissions

Submit an article or event to the next newsletter via [westmoretonac.schoolzineplus.com/newsletter/publication](http://westmoretonac.schoolzineplus.com/newsletter/publication)

Whole School