



**West Moreton  
Anglican College**  
Ipswich Queensland

Keswick Road  
Karrabin QLD 4306  
Subscribe: <https://westmoretonac.schoolzineplus.com/subscribe>

Email: [collegenews@wmac.com.au](mailto:collegenews@wmac.com.au)

Phone: 07 3813 4555

Fax: 07 3813 4566



Edition 1, Term 1 2018

## Principal

I extend a warm welcome to the 2018 academic year, both to new and returning families, and to staff and students. Over 240 new students and 16 new staff have been warmly welcomed to the College, and I look forward to getting better acquainted with new families, students and staff over the coming weeks and months.

### Archbishop's Message

The Most Reverend Dr Phillip Aspinall, Archbishop of Brisbane, has recorded a 2018 message to Anglican School communities. The theme of the Archbishop's message is Generations Together, encouraging inter-generational connections. I invite you to watch the video by clicking on the following link: <https://www.youtube.com/watch?v=oVfU9c2UwKQ>

### Capital Projects and College Improvements

As is normally the case, a number of capital and improvement projects were undertaken during the summer holiday break. These include:

#### Capital Projects

1. Two capital projects have been active during the recent holiday break:  
The Junior School Reception building and associated classrooms have now been completed. Most landscaping and access have also been finalised. The new Junior School facilities have been enthusiastically received by both students and staff.

2. The Senior School Precinct project is well underway and is expected to be completed sometime in Term 3 this year. A detailed, virtual 'walkthrough' of the new facility can be found by clicking on the video found at the following link: <https://www.wmac.com.au/news/new-senior-school-precinct>

### College Improvements

The longer summer vacation break provides us with an opportunity each year to undertake a range of improvements and upgrades to our facilities. I would like to thank Mrs Cathy Twidale (Facilities Manager) and her committed team for their diligence in completing recent works, which include:

- Painting internal rooms in Claridge Centre and lower walls of SA Block.
- New carpets installed in Claridge Centre classrooms.
- Installation of an upgraded P.A. system across the campus.
- Exterior cleaning of all buildings; cleaning of all carpets and vinyl throughout the College.
- Safety and compliance-related maintenance including: emergency light testing, backflow device testing, fire extinguishers and hose reels, air conditioning servicing, pest control, and waste bin cleaning.
- Substantial work on the grounds and buildings, including installing cupboards and benches in classrooms, oval rejuvenation, weeding, mulching and garden rejuvenation.

### Technology and Information Systems

Across the summer break, the following improvements were made to our information technology infrastructure and systems:

- 60 new laptops deployed into Science classrooms / laboratories.

- 150 new iPads deployed for use by Senior School students.
- A new computer lab was created in the Junior School.
- Firewall security and network security projects have been separately commissioned.
- Campus-wide Wi-Fi has been upgraded and stress tests conducted.
- A new internet link has been commissioned and will run in conjunction with the two exiting links, further reducing the likelihood of outages.

## 2018 Student Leaders

I was delighted to attend the Senior School, Middle School and Junior School Leaders' Induction ceremonies over the past week.

As is the case each year, I am grateful for our students' enthusiasm and commitment to the student leadership opportunities in each sub-school at WestMAC. The scripture readings at these ceremonies spoke about two important qualities of leaders: love and listening.

As leaders, we are called to listen twice as much as we speak – after all, God did give us two ears and only one mouth! Having a sense of what those around you think and feel is foremost in being able to establish a relationship that facilitates successful leadership.

Likewise, the importance of love – the type of loving relationship that Jesus calls us into and the nature of what love looks like in Paul's letter to the Corinthians – is fundamental to being able to mobilise people to a higher moral purpose. If the people we lead and serve don't think we care about them, love them, then they probably won't want to follow us or work with us.

There are some lessons for us all in considering these qualities.

First, if we don't establish good relationships with those we are charged to lead, we will face an uphill task.

Second, leadership invariably involves some kind of change. Change is always tricky and often difficult. But if it's important to the benefit of those we serve, then it's worth pursuing.

Third, if the people experiencing change can't see or understand that we have their best interests at heart – that decisions are being made out of love or concern for their wellbeing - then they are unlikely to engage and work with us.

Leadership is very rewarding, but it can be very difficult sometimes. I invite our entire College community - students, staff, families, friends and supporters - to assist all our students, but particularly our student leaders, by supporting them in their growth and development as they encounter the many joys and challenges of leadership over the coming year.

Geoff McLay - Principal  
Phone: 3813 4536

Whole School

## Chaplaincy

Hello WestMAC Family

I'm taking this opportunity to introduce myself by way of the College Newsletter and to thank you for the incredibly warm welcome I've received. At times it's been quite overwhelming but in the best possible way. I'm loving being a member of the College and have been enjoying getting to know so many new people. You'll have to bear with me though because it will take me a while to get to know names for all the new faces, even if we've already met. Sometimes the names just float out of my head, so please be patient with me.

Worship@WestMAC will be up and running again. The first service will take place at the Chapel Sunday 11 February at 9.30am. If you used to come and are ready to come back, or haven't been before, but would like to give it a try, Rev'd Brenda and I would love to see you. We really want there to be a worshipping community at the heart of the College where you feel that you really belong. It doesn't matter if you've been going to Church for years or if it's all quite new to you. You can be assured of the warmest welcome. Rumour has it, there's a very nice morning tea after the service. Anglicans "do" food very well. I look forward to breaking bread with you and then eating cake with you!

Blessings  
Mother Julie

Rev'd Julie Craig-Leaves - Chaplain  
Phone: 3813 4630  
Email: [jcraigleaves@wmac.com.au](mailto:jcraigleaves@wmac.com.au)

Whole School

## Term 1 2018 Fees

Term 1 fees were due on 23 January 2018

Any account not paid has been charged a \$40.00 administration fee.

If you wish to discuss your account, please contact Tricia Steele, Accounts Receivable Officer, on 3813 4523.

Tricia Steele - Accounts Receivable Officer  
Phone: 3813 4523  
Email: [psteele@wmac.com.au](mailto:psteele@wmac.com.au)

Whole School

## Enrolments 2019 and 2020

## Enrolments for 2019 and 2020 are filling quickly

If you are enrolling any children for 2019 or 2020, applications will need to be lodged as soon as possible. Many year levels are already at full capacity and waiting lists are being managed.

Any siblings enrolling at the College from 2021 onwards will also need to have a lodged Enrolment Application to secure a place. The enrolment process commences 18 months to 2 years prior to entry.

If you have any questions, please contact Gayle Moore on 3813 4520.

**Gayle Moore** - Enrolments and Community Engagement Officer  
Phone: 3813 4520  
Email: [gmoore@wmac.com.au](mailto:gmoore@wmac.com.au)

Whole School

## Director of Curriculum

---

Welcome Back!

I extend a warm welcome back to all students and families to the 2018 academic year. In particular, a very warm welcome to new students and their families.

### Year 7 to 12 Subject Changes

We have received a considerable number of requests for changes in subjects and are currently working our way through processing these. I ask students and parents to note that the form for requesting a subject change can be found in the Student Portal in the Documents section. Please also note that the cut off the changes in subjects this term is the end of week 3.

### Assessment Calendars

Assessment Calendars (Years 7 to 12) will also soon be finalized. These will be distributed to students and parents via email. In addition, students in Years 10 to 12 will be able to access their relevant assessment calendar through the Student Portal/ Senior School folders.

**Sue Stewart** - Director of Curriculum  
Phone: 3813 4542  
Email: [sstewart@wmac.com.au](mailto:sstewart@wmac.com.au)

Senior School Middle School

## Senior School

---

Welcome Back

I would like to extend a warm welcome back to the students and their families. From what I have observed, the students

have returned to the College with a positive attitude and renewed enthusiasm for the year ahead. The social, emotional, mental, spiritual and physical wellbeing of the students is of paramount consideration to the staff. Throughout the year should any circumstances arise that may potentially impede your son or daughter's learning please get in touch and we will offer assistance where we can.

### Achieve Your Greatest Self

This year the challenge to the Senior School students is: achieve your greatest self. Consequently the students have been encouraged to focus on:

- taking responsibility for their learning
- fine tuning their time-management skills
- becoming more responsible use of technology citizens
- taking pride in their appearance
- fostering a safe, caring and supportive learning environment; demonstrating kindness and love towards one another Scholars Assembly

Scholars' Assembly, Monday 5 February, is rapidly approaching. Award recipients have all received letters advising them that they will be presented with an award on the day.

### Respect and Responsibility

In the Senior School, at the beginning of each semester, students on Gold or Silver level of the Respect and Responsibility Program are required to submit a Confirmation Form. Successful completion of this form ensures that the students remain on Gold or Silver level; otherwise they will be on White level. Please note that the date for submission of the Confirmation Form is Friday 16 February.

Further, students wishing to progress from White to Silver, or Silver to Gold can fill out the same form and indicate that they wish to be considered for upward movement.

**Paul Alcorn** - Head of Senior School  
Phone: 3813 4560  
Email: [palcorn@wmac.com.au](mailto:palcorn@wmac.com.au)

Senior School

## Middle School

---

I've had the privilege of welcoming both new and existing students back to WestMAC after the Christmas holidays. It's an exciting time of the year seeing all of the students return with boundless energy and reconnecting with their peers and teachers. Being new to the school, I'm very thankful to students, teachers and parents for welcoming me into the community and I'm looking forward to settling in and learning all there is about WestMAC.

At last week's assembly, I focused on the notion of *New Year's Resolutions*. It may appear like quite a peculiar topic to explore for my first address to the Middle School students, but my interest came from reading an article in the New York Times entitled *How to Actually Keep your New Year's Resolutions*. The article describes how each year millions set high targets of improving qualities of oneself and the struggle is real. Typical resolutions included that of exercise, diet, balancing work and family life, alcohol consumption and other forms of self-improvement. Interestingly, 90% of those surveyed failed to maintain their resolutions – 80% of these failed before the end of February! So in speaking to the students, my focus was not on how many episodes of Netflix they can digest in one sitting, limiting their intake of junk food or getting outside and connecting with nature (which by the way are all positive!), but the need to set a school related New Year's Resolution. I want students to identify where they can improve within their school context. This could be in areas such as academics, study behaviour, contribution to sporting and cultural activities, less online time and/or more mature online behaviour or even friendship and social settings.

To avoid following the 90% of resolutions that fail, I encouraged the students to focus on four strategies to ensure success:

1. *Aim High – Not Low*: There needs to be a balance between the two but most importantly there needs to be a reason for this change to occur. Each student needs to own this change;
2. *Make an Action Plan*: Make realistic deadlines and when things don't go to plan – have strategies to counteract obstacles;
3. *Get Help*: Support and encouragement is consistently needed from family, friends, teachers and peers if there is any chance of success;
4. *Reward*: Avoid solely focusing on the overall reward. Instead what are the rewards along the way that will help maintain focus;

I've encouraged all students to develop a resolution that is challenging, yet achievable. I strongly encourage you to engage with them in this resolution and supporting them through to success. You never know, you may even end up fulfilling your own resolution(s) for the year!

Once again, thank you for your support and I look forward to the year ahead.

John O'Sullivan Williams - Head of Middle School  
Phone: 3813 4594  
Email: [josullivanwilliams@wmac.com.au](mailto:josullivanwilliams@wmac.com.au)

Middle School

## Sport

---

Welcome to the start of the 2018 school year and a special welcome to all new students and parents to WestMAC. 2018 is going to be an exciting time for the sporting landscape of the College as we will once again be working hard to develop our College Sport programs toward continued success.

I would like to congratulate Annie McGuire and Luke Spreadborough on their appointments as Sports Captains for 2018 and look forward to working with them to promote sport throughout the Junior, Middle and Senior Schools at the College.

## Communication of Sporting Information

The communication process is vital in ensuring that students and parents are kept up to date with the variety of sporting information, particularly at the start of a new year. Apart from this section in the newsletter, sporting information is also passed on or can be accessed in a number of other ways.

- College website
- Daily Notices which are read to students each morning
- Sports noticeboard at the Lostroh Centre as well as other noticeboards around the College, particularly in each sub school.
- Sports Reception - (07) 3813 4534, or in person in the Lostroh Centre.
- Via email to [mellis@wmac.com.au](mailto:mellis@wmac.com.au) (Head of Sport), [rhillier@wmac.com.au](mailto:rhillier@wmac.com.au) (Head of Junior Sport) or wherever possible, emails to parents will be utilised where appropriate for the updating of information.

Please note that the Sports Department will be utilising the WestMAC College App for the passing on of messages and notifications into the future. If you have not recently updated or downloaded this App, we encourage all College community members to do so.

## Trimester 1 TAS Sport

The sports on offer for Trimester One and the staff who are coordinating these sports are as follows. Please direct any questions regarding these sports to these staff members or to Sports Reception.

BOYS CRICKET Mr Robert Hillier  
BOYS VOLLEYBALL Mrs Bridgid Brosnan  
GIRLS BASKETBALL Mr Warren Butler  
GIRLS TENNIS Mrs Louise Sullivan/Miss Meegan Parkes

The TAS Sport season begins for WestMAC this Saturday with an away round scheduled against John Paul College. Draws will be made available on the College website/App as early as possible each week and information will also be advertised on the noticeboard at the Lostroh Centre. Parents and students are encouraged to regularly check for updates.



## Uniform Expectations

It is College policy that students playing sport on Saturdays are required to travel to and from the venue in their full College HPE uniform with the only exception being Senior 1sts who must continue to wear their Full College Day Uniform including Blazer. This includes students travelling by bus as well as by private transport. This means that students are to change into their playing uniform once at the venue and change back into their HPE/Full school uniform prior to leaving. I look forward to the support of parents and students in 'stepping up' to this expectation. A description of the required College uniform for each term is listed in the student College diary.

## TAS and Junior TAS Sport Training Day

We started our 2018 Trimester One Sport season with a training and selections day. It was great to see so many students out in action trialling for teams. These training days are vital to assist coaches in picking teams and putting groundwork down so that we are more than capable of matching the other schools.

The College is also currently looking at the coaching profile for Girls Netball, Boys Rugby, Girls Hockey and Boys Tennis for next trimester. Pre-season for these sports will start shortly. Students will be informed through the daily notices when these sessions will begin.

## Swimming Training

TAS and Junior TAS Swimming Squad training is being offered at the College pool on Monday, Wednesday and Friday mornings from 7.00 – 8.00am, with our Friday session being a compulsory session so we can get full year level teams together and organise relay orders etc. If students are unable to attend training they are to let the Swimming coaches and /or the Head of Sport know.

## Congratulations to...

Please send through all sporting achievements our talented student athletes accomplished through the Christmas holiday period for a comprehensive run down in the next edition of the College news.

**Mathew Ellis** - Head of Sport

Phone: 3813 4546

Email: [mellis@wmac.com.au](mailto:mellis@wmac.com.au)

Whole School

## Uniform Shop

### Uniform Shop Opening Times – School Days only

| Day | Terms 1 & 4 | Terms 2 & 3 |
|-----|-------------|-------------|
|-----|-------------|-------------|

|           |                  |                  |
|-----------|------------------|------------------|
| Monday    | 7.30am to 3.30pm | 7.30am to 3.30pm |
| Wednesday | 7.30am to 3.30pm | 7.30am to 11am   |
| Friday    | 7.30am to 3.30pm | 7.30am to 3.30pm |

## Thankyou

I would like to thank Uniform Shop customers for their understanding and patience during the busy January back to school. We are working with the supplier to fill outstanding girl blouse orders as soon as possible.

## Blazer pockets

The cutoff dates for embroidery this Term are:

- Monday 12 February – back on Monday 19 February
- Monday 12 March - back on Monday 19 March
- Wednesday 28 March (last trading day of Term 1) – back at start of Term 2

## Uniform Requirements

Please note the following uniform requirements:

- All girls in Year 1 to 12 must wear the College metal badge on their tie.
- Girls' skirts should be below the knee and of an acceptable length. Skirts should not be taken up, or rolled up, so that the bottom of the skirt is above the knee.
- All girls must wear their white socks folded down with their formal uniform. Boys in Prep to Year 3 who are wearing rust ruggers must also wear their white socks folded down.

## Lost property

Over the holidays any uniform items found at the College were brought to the Uniform Shop.

Any clearly named items belonging to Junior School students have been returned to them and Middle and Senior School students have been emailed if their name could be read on any item. Any other students who lost uniform items last year should contact the Uniform Shop to check if their item is there.

Please note that the Uniform Shop only receives lost property at the end of the Term. If a student loses an item during the Term they should contact the various College Receptions to see if they have the lost item.

Non-WestMAC items were also brought to the Uniform Shop and included school shoes, joggers, jumpers and drink bottles. These items will be outside the Uniform Shop on Monday, Wednesday and Friday. Any of these items not collected by the Friday 9 February 2018 will be either donated to a charity or destroyed.

## Specially made blazers

Any students who think that they may need a specially made blazer should contact the Uniform Shop. These blazers need to be ordered before Friday 16 February 2018 and have a \$10.00 surcharge and require a minimum 10% deposit.

## Orders

If you are unable to visit the Uniform Shop during trading hours, we accept orders by Flexischool, mail, phone and email. Paid orders can be:

- collected from the Uniform Shop
- collected from sub-school receptions
- delivered to students in Prep to Year 6

Glenda Boike - Uniform Shop Convenor

Phone: 3813 4533

Email: [uniforms@wmac.com.au](mailto:uniforms@wmac.com.au)

## Whole School

# Mathematics

The start of a new academic year is a time of renewal, a time to “turn over a new leaf” and a time to look forward to new challenges and opportunities in the classroom. After teaching maths for over thirty years I have been around long enough to know that most students will not list maths as their favourite subject, but most parents list high achievement in maths as one of the priorities for their children. The following tips on studying maths are presented for your consideration. Like all things that are worthwhile there are no magic solutions, but these ideas have worked well for thousands of students that I have taught over the years.

- *Maths is Not a Spectator Sport*  
The best way to learn maths is by doing maths! You will struggle to pass if you always rely on the teacher/tutor/friend to show you the next step in the maths problem you are working on. You must work to a regular schedule, right from the first day of term. The typical senior student should spend 30min / night on Maths B for 5 – 6 nights every week.
- *You Cannot Learn Maths by Rote*  
While it is true that you need to memorize a set of formulae there is much more to maths than rote memorization. You must work to understand the underlying concepts that the formulae represents. There may be restrictions on when a formulae applies, understanding the concept that the formulae represents will prevent the misuse of formulae.
- *Mathematical Knowledge is Cumulative*  
Everything you learn in maths this year will depend on prior knowledge from earlier years. Your teacher will be working to build on the foundational prior knowledge that you bring to class. For example,

without a working knowledge of algebra you will struggle to keep up with the new topic of calculus. Passing your maths class last year was not an end to your learning, it is a checkpoint on your continuing journey.

The dedicated teachers in the Mathematics department freely give extra time each week to helping students with their maths. The tutorial roster for term 1 is shown below. All students are welcome to attend any convenient tutorial session, there is no requirement to seek help from your teacher. Sometimes it is beneficial to talk to a different teacher as their explanation of a concept may be shed new light on your difficulties. Remember that at WestMAC we encourage all students to adopt a growth mindset, which teaches us that our talents can be developed through effort and a positive attitude. I will finish with a quote from Marcus du Sautoy that hints at the power of Mathematics, “Mathematics is a place where you can do things which you can’t do in the real world”.

## Maths Tutoring Roster – Term 1 2018

| Day       | Teacher       | Year Levels                            | Location | Time          |
|-----------|---------------|--|----------|---------------|
| Monday    | Mr Trezise    | All year levels                        | SA18     | 3:15 – 4:30pm |
|           | Mrs Leese     | Year 7 – 9 Maths                       | MA11     | 3:15 – 4:30pm |
|           | Mr Hazlewood  | Year 7 – 9 Maths                       | SD1      | 3:15 – 4:30pm |
| Tuesday   | Ms Duynisveld | Any level Maths or Physics             | SA18     | 3:15 – 4:30pm |
|           | Mrs Burt      | 10 Pre-General Maths; 11 & 12 Maths A  | SA18     | 3:15 – 4:30pm |
|           | Mrs Atthow    | Year 7 – 9 Maths                       | SEG5     | 3:15 – 4:30pm |
|           | Mr Burt       | Year 7 – 9 Maths; Year 10 – 12 Maths A | SA18     | lunchtime     |
| Wednesday | Mrs Thompson  | Year 7 – 9 Maths                       | MBG2     | lunchtime     |
|           | Mr Barke      | Year 7 – 9 Maths; Year 10 – 12 Maths B | SA28     | lunchtime     |
|           | Ms Gibb       | Year 7 – 9 Maths                       | MBG2     | lunchtime     |
| Thursday  | Mr Wiggins    | Year 10 – 12; Maths B and C            | SA18     | 3:15 – 4:30pm |
|           | Mr Elliot     | Year 7 – 9 Maths                       | MBG5     | 3:15 – 4:30pm |
|           | Ms Booy       | Year 7 – 9 Maths                       | SD3      | lunchtime     |
|           | Mr Thompson   | Year 7 – 9 Maths                       | SD3      | lunchtime     |
| Friday    | Ms Parkes     | 11A and 12A                            | SA27     | lunchtime     |

## West Moreton Anglican College USA NASA Space Tour



Dear Parents/Guardians and Students currently in Years 9 and 10,

I am delighted to inform you all that the WestMAC Science Department will be conducting a 13 day USA NASA Space tour during the April 2019 school holidays to the Kennedy Space Centre in Florida and to Space Camp at the US Space and Rocket Centre in Huntsville Alabama. The specific travel dates will be confirmed once tour details are finalised.

The cost of the tour will be approximately \$6500 to \$7000 per person, (depending on fluctuations in the Australian dollar and number of students attending the tour) and will include;

- International & Domestic Economy Class Airfare
- International Taxes, Fees & Surcharges
- Domestic USA Baggage Charges
- Arrival Airport Transfer in Huntsville
- 6 Nights Advanced Space Camp including all Meals, Tuition & Accommodation
- Departure Airport Transfer in Huntsville
- Arrival Airport Transfer in Orlando
- 4 Nights Accommodation ORLANDO – Twin/Triple Share Rooms, Including Breakfast & Dinner
- Transportation, Admission & “Up Close” Program: Kennedy Space Centre
- Lunch with an Astronaut & VIP Tour: Kennedy Space Center
- Transportation & Admission: Universal Studios and Islands of Adventure
- Educational Learning Series; STEM Program
- Transportation & Workshop: iFly Physics Experience
- Transportations & Workshop: Everglades Airboats Experience

- Departure Airport Transfer in Orlando  
Includes All Tipping  
ESTA Cost & Processing

The following is a possible itinerary for the tour;

### Day 1 Brisbane – Huntsville

Private coach transfers from Huntsville airport to Huntsville Space Camp, your new home for the next week.

The Advanced Space Academy is fully endorsed by NASA and offers hands-on training aimed at students between 15 and 18. The students will participate in a rigorous program that teaches them about the mental, emotional and physical demands astronauts face and provides leadership training as well as learning the importance of teamwork. They will be able to focus on their own field of interest: Pilot or Mission Specialist, and rotate roles in the Orbiter, Space Station and Mission Control. Computer and engineering skills are put to the test as the students design and test a virtual reality Mars rover as well as 1/6 gravity simulations, a Multi-Axis Trainer and a Neutral Buoyancy Trainer, (an Underwater SCUBA Trainer, a smaller version of the Underwater Astronaut Trainer)

### Day 2 Advanced Space Academy

Start your Advance Academy young astronaut program and meet with the team early this morning. You will learn all about the history of space flight in the museum and then your mission will begin in the Mission Control Centre.

### Day 3 Advanced Space Academy

Today's activities will include learning about the science behind Space Flight and some teambuilding activities on low and high ropes. You will also design, build and test a heat shield and be launched 40 metres in the air in the space shot ride to experience free fall.

### Day 4 Advanced Space Academy

Today will be packed with hands-on activities such as Mission Training, learn what is involved in space mission planning, ride in an Astronaut Training simulator to experience 3.2 times gravity (some say it's more fun than rollercoasters) and Model Rocketry Fundamentals to take your rocket launching abilities to another level! You will also build and test a Mars rover vehicle.

### Day 5 Advanced Space Academy

Practice your newly developed skills in the Simulated Spaceflight Mission centre, Space Suit Design and Model Rocket Construction workshops. The workshops are a great opportunity for students to show their abilities and work in teams. You will also get to ride in the Multi-axis Astronaut

Trainer and the one-sixth gravity chair, which simulates walking on the Moon.

### Day 6 Advanced Space Academy

More fun learning experiences today including Lunar Base Design Challenge Presentation and Microgravity Simulation while scuba diving! There will also be an opportunity for the group to watch an astronomy movie at the Imax or National Geographic Theatre.

### Day 7 Advanced Space Academy

Congratulations! You have completed the Advanced Academy Program and this morning will be your graduation ceremony during which you will receive your completion diploma.

At the end of the camp, you will be transferred to the airport by private coach for your flight

Huntsville – Orlando

On arrival, coach transfer to the accommodation.

### Day 8 Orlando - Kennedy Space Centre

After breakfast, travel by coach to the Kennedy Space Centre at Cape Canaveral. Spend a full day exploring the Space Centre. Experience includes a visit to the US Astronaut Hall of Fame, the Shuttle Launch Experience and an IMAX movie presentation. The Kennedy Space Centre Visitor Complex is one of only two places in the world where you can walk under the largest rocket ever flown (the other is at Space Camp), touch an actual moon rock, experience the International Space Station and stand nose-to-nose with the Atlantis space shuttle.

Sit down to lunch and hear from a veteran NASA astronaut about what it's really like to launch, live and work in space. They will show a personalised presentation and then take individual questions from you and other guests.

### Day 9 Orlando – Walt Disney World Theme Park

After breakfast walk to Walt Disney World Resort to enjoy the day at The Magic Kingdom Park with your one day Park Hopper Ticket which includes entrance to all four theme parks.

The four Walt Disney World Theme Parks make the real world seem far away and make-believe as real as the smile on your face.

Experience storybook wonder as favorite Disney classics come to life at the Magic Kingdom Park. Discover big fun and cultures from around the globe at Epcot. Create your own adventure and explore the realm of creatures who inhabit our world... and our imagination...at Disney's Animal Kingdom Theme Park. And share the spotlight with the glitz and glamour of Hollywood at Disney's Hollywood Studios. Wherever you go, the only limit to fun is your imagination.

### Day 10 Universal Studios Tour and Theme Park

After breakfast, head to Universal Studios and the Islands of Adventure theme park! Enjoy a day of rides and shows in the Universal Orlando complex which also includes Harry Potter World.

### Day 11 Orlando – Brisbane

### Day 12 In transit

### Day 13 Arrive Brisbane

The director of Edu School Tours, Lucy Fenwick, will be conducting an information evening here at the College for all interested Year 9 and 10 WestMAC families from 6.30 to 7.30pm on Tuesday 6 March 2018 in room SA14.



If you are interested in attending this information evening, please confirm your attendance by email to [wbutler@wmac.com.au](mailto:wbutler@wmac.com.au) so I have an idea of numbers and please don't hesitate to contact me if you have any questions.

Warren Butler - Head of Department - Science

Phone: 3813 4509

Email: [wbutler@wmac.com.au](mailto:wbutler@wmac.com.au)

Senior School Middle School

## Saturday TAS Home Game P&F BBQ: SEEKING FUNDRAISING GROUPS

The P&F will be continuing to run fundraising BBQ's at the Saturday TAS Home Games

We are seeking three groups who might like to raise funds for their school organisation or event. Normally these BBQ's raise at least \$500 or more for your group. All you have to do is man the BBQ's and cook the food.

We recommend having:

- at least two 'cooks' (must be adults)
- two to four servers (to make and sell food) who can be students
- someone to man or manage the till (again must be an adult).



The BBQ's start at 6.30am and are usually completed by 1 to 2pm. Each BBQ will have a P&F Committee member to liaise directly with so all you need to do is organise your helpers and turn up on the day!

Should you wish to nominate for a date the following are available:

- Saturday 17 February (Elise & John are the Committee liaisons)
- Saturday 24 February (Mandy Lynagh is the Committee liaison)
- Saturday 3 March (Richard and Carrie Bischoff are the Committee liaisons) – already taken by FOTA

*NOTE: These are the dates for first term only - there will be more available as the year goes by.*

Please let us know you are interested and which date you would prefer by emailing [pandf@wmac.com.au](mailto:pandf@wmac.com.au) or [ebryant3@bigpond.com](mailto:ebryant3@bigpond.com)

We look forward to hearing from you!

Elise Bryant - P&F President  
Phone: 0416 148 710  
Email: [pandf@wmac.com.au](mailto:pandf@wmac.com.au)

Whole School

## Defence

---

Welcome back to our existing families and to our new families that have joined us this year, a very big and warm WELCOME!!

On Thursday 8 February, DCO will be hosting their Defence Welcome Extravaganza Expo. There will be 35 Community Stall holders ready to showcase what is on offer in the Ipswich region. Static Aircraft, Military displays, recreational and sporting groups, jumping castle, rock wall, live entertainment plus food and drinks. It will be held at the Heritage Centre on base. Please see the flyer at the bottom of the article for more information.

For those of you that don't know me, my name is Jenny Sheehan and I am the Defence Transition Mentor for WestMAC.

My hours are: Monday to Thursday 8am to 3.30pm and Fridays 8am to 12 noon.

If I can assist you or your family in any way, please do not hesitate to contact me either by phone on 3813 4508 or email at [jsheehan@wmac.com.au](mailto:jsheehan@wmac.com.au)

Jenny Sheehan - Defence Transition Officer  
Phone: 3813 4508  
Email: [JSheehan@wmac.com.au](mailto:JSheehan@wmac.com.au)

Whole School

## Student Wellbeing Webinars for Parents

---

### Student Wellbeing Webinars for parents - Semester 1 Series

The Parent Webinar Program continues in 2018 with a Semester 1 series of three webinars. The webinars are free for parents, involve no registrations and are presented by high profile practitioners and academics. Parents just access the supplied address (URL) at the date and start time advertised (usually 7.30 to 8.15PM) on a week night.

### The Semester 1 program:

#### Parent Webinar – 13

It's time we talked AGAIN: Pornography, young people and sexuality today  
01/03/2018 <[detail here](#)>

#### Parent Webinar 14

Adolescent Sleep and Well Being  
17/05/2018 <[detail here](#)>

#### Parent Webinar 15

Mental Fitness for Families  
06/06/2018 <[detail here](#)>

A PDF program of the series can be accessed and used by your school to distribute to parents.

Find it <[here](#)>. It has an overview of the program, description and links of the three upcoming webinars and the recording links of past sessions. It is a resource.

Please help to spread the word to your parent body as we obviously have no direct way to contact parents. Even though many parents access the recordings afterwards, it is often the interactions and questions to presenters from parents attending live that constitute the most value in the webinars.

The recordings for the 12 previous webinars can be found <[here](#)>

Whole School

## UMAT 2018

---

Year 12 Students who wish to sit the Undergraduate Medicine and Health Science Admission Test (UMAT) are advised that registration is now open. UMAT is developed by the Australian Council for Educational Research (ACER) on behalf of the UMAT Consortium universities. The test is used specifically to assist with the selection of students into medicine, dentistry and

health science degree programs at undergraduate level at the universities listed below. Please check the website for the latest information. <https://umat.acer.edu.au/>

You will need a UMAT2018 score to apply for undergraduate admission to any of the following courses commencing in 2019\*

|  |  |
|--|--|
| The University of Adelaide                                   | Medicine, Dental Surgery   |
| Charles Darwin University                                    | Clinical Sciences  |
| Charles Sturt University                                     | Dental Science   |
| Curtin University  | Medicine   |
| Flinders University  | Clinical Sciences/Medicine   |
| La Trobe University  | Health Sciences in Dentistry/<br>Master of Dentistry**, Oral Health<br>Science** |
| Monash University  | Medicine   |
| The University of<br>Newcastle/ University of<br>New England | Joint Medical Program  |
| The University of New<br>South Wales                         | Medicine   |
| The University of<br>Queensland                              | Medicine (provisional entry),<br>Dental Science                                  |
| University of Tasmania                                       | Medicine   |
| The University of Western<br>Australia                       | Medicine (Direct Pathway), Dental<br>Medicine (Direct Pathway)                   |
| Western Sydney University                                    | Medicine   |
| The University of Auckland                                   | Medicine   |
| University of Otago  | Medicine, Dental Surgery   |

\*Please note that at select institutions international students may be exempt from taking UMAT or may be required to sit a different test. For details candidates should refer to the websites of the universities to which they intend to apply.

\*\*UMAT only required for non-Year 12 applicants.

Kym Hayes - Career's Advisor  
Phone: 3813 4631  
Email: [khayes@wmac.com.au](mailto:khayes@wmac.com.au)

Senior School

## USQ Head Start

Are you a motivated, high-achieving Year 10, 11 or 12 student? As a USQ Head Start student, you can study one university subject during a semester, allowing you to start your university studies early.

Application close on the 5 February 2018 for Semester 1 courses.

For more information please follow this link <https://www.usq.edu.au/head-start>

Kym Hayes - Career's Advisor  
Phone: 3813 4631  
Email: [khayes@wmac.com.au](mailto:khayes@wmac.com.au)

Senior School

## USQ Head Start - Psychology

### Focus on ... Psychology

#### What is Psychology?

Psychology is the study of behavior. Registered psychologists use scientific research and knowledge about human behavior to assist individuals who are experiencing mental disorders, relationship problems, learning difficulties, addiction and eating disorders.

#### How do you become a psychologist?

As shown in the diagram below, becoming a psychologist requires study and professional training over several years. In order to identify yourself as a "registered psychologist", you need to, first, complete a Bachelor degree in psychology which is recognized by the Australian Psychology Accreditation Council, then a fourth (honours) year of study, followed by a combination of further postgraduate study and professional experience under the supervision of an accredited psychologist.



#### Areas of Psychology

The Australian Psychological Society which registers psychologists, identifies ten areas of psychology.

**General practising psychologists** have broad skills and work in private practice, or as employees in areas such as health, education, business communication, public policy, legal, social or justice.

**Clinical neuropsychologists** assess, diagnose and treat psychological disorders associated with brain conditions, including neurological, medical and psychiatric conditions, developmental disorders and learning disabilities.

**Organisational psychologists** work within firms and government organisations to help enhance people's wellbeing and efficiency by improving their work environment.

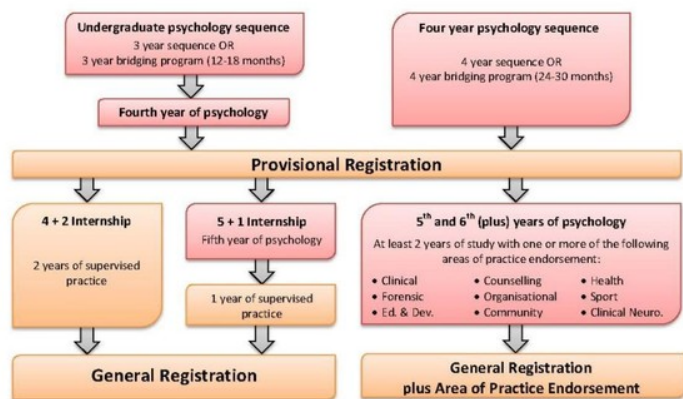
Sport and exercise psychologists use their knowledge of the psychological factors that influence sport, exercise and performance to assist individuals to improve their sports results and performance. They may work in private practice, or in elite academies or institutes of sport, or sporting teams.

### What psychology courses can I do?

There are a range of bachelor degrees in psychology available in Queensland. It is important to check that any course you undertake meets accreditation requirements if you are planning to register as a psychologist.

- Bachelor of Behavioural Science (Psychology) – QUT
- Bachelor of Behavioural Science – Griffith University,
- Bachelor of Psychological Science – Australian Catholic University
- Bachelor of Psychological Science (Honours) – University of Queensland
- Bachelor of Psychology – University of Southern Queensland
- Bachelor of Social Science (Psychology)– University of Sunshine Coast
- Bachelor of Psychological Science - Central Queensland University
- Bachelor of Psychological Science – James Cook University

### Courses in QLD



Source: Australian Psychology Accreditation Council (2017)

### How is psychology different to psychiatry?

Psychiatrists train as doctors, then do extra study in psychiatry. When they work with patients, prescription medication may be a part of the treatment. A psychologist does not have training as a doctor, and cannot prescribe medication.

### How is psychology different to social work?

Psychology study and professional work comes from the perspective of science. Social work, however, is founded in sociology – and the focus is working in the community rather than working in a clinical situation. If you are considering courses in psychology or social work, it is important to look carefully at the units in the courses before making a decision, so that you understand the type of knowledge and learning experiences in the two different types of courses. Social

workers and psychologists both work with clients to help them – but they have much different study pathways. Think of psychology as linking to science, and social work to the humanities.

### A Job with a Difference!

#### Engineering Psychologist

We usually think of psychology as having to do with people – but engineering psychologists focus on machines and technology. They work with architects and designers of consumer products like telephones, cameras and home appliances to determine such features as the size and placement of operating buttons on the appliances. They also look at the design of tools and workplaces that are importance to performance and personal safety.



Kym Hayes - Career's Advisor  
 Phone: 3813 4631  
 Email: [khayes@wmac.com.au](mailto:khayes@wmac.com.au)

Senior School

## Kindy \$20 Family Portrait Fundraising Day



# \$20 FAMILY PORTRAIT FUNDRAISING DAY



**West Moreton Kindergarten  
Sunday 25<sup>th</sup> of February**



**DONT DELAY  
BOOK TODAY!!  
SPACES ARE  
LIMITED!!**

FOR YOUR DONATION YOU RECIEVE:

- 10 X13" PORTRAIT IN AUSTRALIAN WOOD FRAME
- SITTING FEE INCLUDING 4 POSES WITH THE OPTION TO PURCHASE HUGELY DISCOUNTED PACKAGES
- PROFESSIONAL PHOTOGRAPHER BOOKED



TO MAKE A BOOKING CONTACT:  
**Carolyn Symonds on  
PH: 0414 382 565**

Conditions:

- \* Limit one Voucher per Person/Family.
- \* An adult family member appearing in the fundraiser portrait must be present to collect and view or the offer is void.
- \* No refund for failure to keep your appointment.

Visit Our Facebook Page: [Dee Beez Photography](#)  
[www.DeeBeezPhotography.com.au](http://www.DeeBeezPhotography.com.au)

## ❖ \$20 FRAMED FAMILY PORTRAIT VOUCHER ❖

Full Name: \_\_\_\_\_

Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Preferred time: \_\_\_\_\_

*\*please fill in and return with your donation ASAP!*

Carolyn Symonds - Director/Teacher - Kindy

Phone: 3813 4540

Email: [csymonds@wmac.com.au](mailto:csymonds@wmac.com.au)

Whole School