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Edition 4, Term 1 2018

### Prep Open Morning



### Heads of School

Across the College we aim to create a safe and supportive community for everyone. This Friday sees our College focusing on the National Day against Bullying and Violence.

Bullying is an ongoing misuse of power in relationships through repeated verbal, physical and/or social behaviour that causes physical and/or psychological harm. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or online, and it can be obvious (overt) or hidden (covert).

Bullying of any form or for any reason can have long-term effects on those involved, including bystanders.

Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying.

Behaviours that do not constitute bullying include:

- mutual arguments and disagreements (where there is no power imbalance)
- not liking someone or a single act of social rejection
- one-off acts of meanness or spite
- isolated incidents of aggression, intimidation or violence.

However, these conflicts still need to be addressed and resolved.

Sometimes, it can be difficult for parents or carers to know what to do when their child talks to them about bullying. However, you are an important part of our work to prevent bullying and to respond effectively if it happens. Stopping bullying involves everyone.

#### If your child talks to you about bullying:

- 1. Listen calmly and get the full story. Your calm response is important to allow your child to tell you all about the situation. After they've told you their story, ask questions to get more details if you need to: who, what, where, when. Although you may feel some strong emotions about your child's experience, try to keep calm to avoid more distress to your child.
- 2. Reassure your child they are not to blame. Many children blame themselves and this may make them feel even worse. You could say things like, 'That sounds really hard to deal with. No one should have to put up with that.' or 'I'm so glad you told me. You should be able to feel safe at school; that's not fair at all'.
- 3. Ask your child what they want to do and what they want you to do. A critical part of your response is to avoid jumping in to solve the problem. While it is natural to want to protect your child, helping them to

find their own solution is a better option. It helps them feel they have some power in the situation.

- 4. Visit www.bullyingnoway.gov.au to find some strategies. The website has tips and ideas for different bullying situations. One idea is to practise strategies at home to help your child feel more confident.
- 5. Contact WestMAC. Your child may be reluctant for you to do this, so discuss the idea and reassure them that the school would want to know and is able to help. Make an appointment to meet with your child's teacher and, if you need to, ask to talk with the Head of School. Contact the College immediately if you have a concern about your child's safety.

# If your child talks to you about bullying:

- 1. Listen calmly and get the full story.
- Reassure your child that they are not to blame.
- Ask your child what they want to do about it and how you can help.
- Visit www.bullyingnoway.gov.au to find some strategies.
- 5. Contact the school.
- 6. Check in regularly with your child.



Check in regularly with your child. Keep the conversation going. It can take time to resolve issues, so check in regularly with your child about their experiences and their feelings. Your ongoing support is important.

If you are looking for support for yourself to deal with a bullying situation, you will find ideas on the Bullying. No Way! Website for parents. As well, please contact WestMAC if you would like to discuss any aspect of our approach to preventing bullying.

This week various activities have occurred in recognition of the National Day against Bullying and Violence. These included:

- Junior School Assembly presentation on Tuesday
- Middle School activities during the lunch break on Friday

 Senior School - activities during SpiritED lessons on Thursday

Thanks for your support in making our College a great place for everyone.

Kirsten Mullan Head of Junior School - kmullan@wmac.com.au

John O'Sullivan-Williams Head of Middle School - josullivanwilliams@wmac.com.au

Paul Alcorn Head of Senior School - palcorn@wmac.com.au

Whole School

### 2018 Date Savers

WestMAC's foundation stone laid on Sunday 18 July 1993, and the official opening was celebrated on Sunday 6 February 1994. From the beginning, the College's celebrations had played a major role in the life of the College. Today, these traditions and the 'WestMAC spirit' is a palpable element of College life. Please join us from July 2018 to celebrate 25 years of educational leadership and community at WestMAC. The dates below will be included in the 25 Year Celebrations.

Please share and save these dates.

More detailed information about these events will be emailed in the future.

25th Birthday Dinner Dance	28 101/2018			
25th Dirtinday Dirinier Darice	28 July 2018			
10 and 20 Year Reunions	18 August 2018			
Academic Assemblies				
Junior School	31 July 2018			
Middle School	31 July 2018			
Senior School	2 August 2018			
Presentation Nights				
Junior School	22 November 2018			
Middle School	20 November 2018			
Senior School 13 November 2018				

Whole School

### WestMAC Partnerships

WestMAC Partnerships provide a genuine opportunity to engage with past and present students, parents, staff, volunteers, and supporters of the College, and to promote your organisation as a leader in your field. There is a range of partnership opportunities available for a two year period in 2018 and 2019:

Platinum	\$10,000 (only 2 available)
Gold - The Arts	\$4,000 (3 available)
Silver – The Arts	\$2,000 (only 6 available)
Gold – Sports	\$4,000 (only 3 available)

Silver – Sports	\$2,000 (only 6 available)
Gold - Dinner Dance	\$2,500 (unlimited)
Silver – Dinner Dance	\$600 (unlimited)
Silver – Donation	\$1,500 (unlimited)

Click here to view the 2018 and 2019 Partnership Proposal.

If you would like to support the College through one of these partnerships, please contact me directly.

Amanda Houston - Director of Marketing & Business Development Phone: 3813 4561 Email: ahouston@wmac.com.au

#### Whole School

### Chaplaincy

#### Holy Week and Easter@WestMAC

- Friday 23 March Junior Chapels will have an Easter theme as the following Friday is Good Friday and term finishes on Thursday 29 March. Middle School and Senior School chapels on Tuesday 27 March will have an Easter focus.
- Worship@WestMAC: Sunday 25th March is Palm Sunday and our service that day will take the form of a Messy Church.
- On Friday 30 March we will have a Good Friday service at 9.30am. This will be a family friendly event and is open for everyone. Hot cross buns will be served afterward.
- On Sunday 1 April representatives from St Paul's, Ipswich, All Saint's, Booval and St Thomas', North Ipswich will join us at WestMAC chapel, at 6.30am, for The Service of Light, where the Easter Fire is lit and the Pascal (Easter) Candles are blessed. The parish representatives will then carry the Easter Light back to their churches for their own services. We will continue with our Easter Eucharist, including the renewal of Baptism vows and finish with morning tea (and coffee!) worthy of the Resurrection. Come and share the celebration with us!

#### World's Greatest Shave

Yes, this time next week, it'll all be over bar the hairs stuck in awkward places. Next Friday, 23 March, some intrepid students, a staff member and a parent will have their heads shaved to raise money to help support people living with blood cancer. One amazing Year 12 student will be cutting a significant chunk from her beautiful, long locks – enough to make two or three wigs for children living with cancer. Please go online and sponsor the WestMAC shave team. On the day, there will be the opportunity for older Junior School students, Middle School and Senior School students to have their hair coloured. They will need \$5 and a signed permission form or a note in their diary. No permission or money, no colouring. Our wonderful P & F will also be providing a sausage sizzle, should students wish to purchase that. Younger Junior School Students will stay at the JS campus and, depending on their age, either pay a donation to come to school with "crazy hair" – I'm sure Ms Mullan will say more about that – or have their hair colours in the undercover area.

We're also hoping to be able to start selling raffle tickets for a signed Reds jersey. This won't be drawn until the end of April, so plenty of time – watch this space for details.

The actual shave will take place at the chapel between 1:10 and 1:50pm. If there are parents or students interested in helping, let me know. I'd be happy to put you on the list.

I'll also be putting lots of little plaits in my hair, so people can pay to cut one off before the final shave. You may find students shaking tins/buckets for your donations as you come to school in the next week. Please pop something in if you can and, on the day, make sure you have a pocketful of change in order to take advantage of exciting food and beverage opportunities.

If there are any hairdressers out there, who would be free on the lunchtime of Friday 23 March and would be prepared to pitch in and help with the shaving/hair cutting, please drop me an email. We'd love to have you. Now, if you'll excuse me, I have to buy a hat or two!

Blessings Julie

Mother Julie Craig-Leaves - Chaplain Phone: 3813 4630 Email: jcraigleaves@wmac.com.au

Whole School

### Curriculum

#### 2018 Next Step Survey

The Queensland Government is conducting its annual statewide survey of all students who completed Year 12 in 2017. The Next Step survey is a brief, confidential survey that gains a comprehensive picture of the employment, study and life choices made by Queensland school completers in the year after they finish Year 12.

Between March and June, all our students who completed Year 12 last year can expect to receive instructions to complete a web-based survey or a telephone call from the Queensland Government Statistician's Office. Please encourage them to take part. If their contact details have changed, please assist the interviewer with their updated details or forward the survey to their new address so they can participate.

Thank you for your support of the Next Step survey in 2018.

Further information on Next Step is available online at www.education.qld.gov.au/nextstep/ or on toll free telephone 1800 068 587.

### **QCST Special Provisions**

The QCAA recognises that some students are affected by medical conditions, impairments or exceptional circumstances that may act as a barrier to acceding the test or to demonstrating their achievement in the test. Special provisions are designed to minimise such barriers. Students who believe that they may be entitled to special provisions are asked to come to discuss their situation with me as soon as possible.

Special provision applications to the QCAA for long-term impairments close at the QCAA on Monday 21 May.

### End of Term QCST Practice

Our Year 12 students will sit their second full practice for the QCST at the end of this term. Non-QCST students and parents are asked to note that a Study Hall will take place for these students. This provides a perfect opportunity to finish off this term's school work, start Term 2 work and complete any training modules e.g. Blue Dog, Cert III Early Childhood Education and Care, Cert III Information, Digital Media and Technology, Cert III Rural Operations and Diploma of Business.

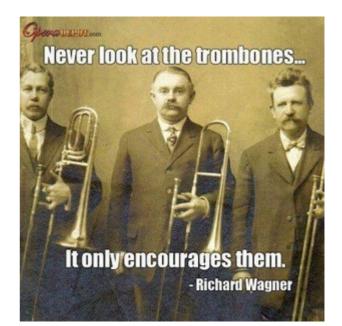
#### NAPLAN

NAPLAN Testing for Years 3, 5, 7 and 9 will occur on 15 to 17 May. Please note that, due to the Ipswich Show Holiday, the Catch-Up Day for any missed exams will be Monday 21 May. More information will be provided in the future to relevant students and parents.

Sue Stewart - Director of Curriculum Phone: 3813 4542 Email: sstewart@wmac.com.au

Whole School

### Creative Arts and Extra Curricular



### Term 1 Extra-Curricular Events

Sun 25	"Proms at St Pauls" rehearsal, MD17/18 2 to 5pm
Mar	(Chorale)
Mon 26 Mar	Apex Debating Round 3
Thurs 29	Studio & Small Ensemble Recital #1, MD17/18
Mar	6pm
Sun 15	"Proms at St Pauls" rehearsal, MD17/18 2 to 5pm
April	(Chorale)
Wed 18	"Proms at St Pauls" rehearsal, St Paul's Ipswich 7
April	to 9pm (Chorale)
Fri 20	"Proms at St Pauls" rehearsal & performance 5.45
April	to 10pm (Chorale)

#### Apex Debating

The Apex Debating competition is now underway with WestMAC debaters having competed in Rounds 1 and 2. Round 3 is scheduled for Monday 26 March from 6 to 10pm at Ipswich Girls' Grammar School.

#### Equestrian

On Sunday 4 March, the WestMAC Equestrian Team competed at the Inter-School Queensland Show Jumping event hosted by Somerville House at Moggill Pony Club. On Sunday 11 March, the team competed at The Emmaus College and Springfield Anglican College Combined Training and Show Horse Event at Park Ridge Pony Club Grounds. At both events our riders performed with distinction with several placings, including Sage Fisher-Peters' first place in the One Meter Show Jumping event at Moggill.

#### Music

The WestMAC Chorale is busy preparing for the annual Proms at St Paul's concert scheduled for Friday 20 April at St Paul's Church, Ipswich. This year, the Proms is delighted to welcome Australasia's finest brass band, Excelsior Band Brisbane. This promises to be a thrilling musical event, featuring choruses from two operas by Verdi, including the spectacular Grand March from Aida, and the finale to the Organ Symphony of Saint Saëns, made famous by its inclusion in the movie "Babe". Tickets are on sale now and can be purchased through TryBooking at https://www.trybooking.com/book/ event?eid=357318&

### FOTA

The WestMAC Friends of the Arts (FOTA) will hold their next meeting on Tuesday 24 April at 5.30pm in the Staff Common Room. Parents are encouraged to become involved in FOTA as a way of providing valuable support to all students and staff involved in our diverse and excellent arts programs. Sale on Friday.

Neil Flottmann - Director of Creative Arts and Extra Curricular Programs Phone: 3813 4592 Email: nflottmann@wmac.com.au

#### Whole School

### The WestMAC P&F Mothering Sunday High Tea

On Sunday 11 March over 100 WestMAC ladies gathered for the annual Mothering Sunday High Tea. This year, the afternoon was held at the Ipswich Club. Thank you to Mother Julie for being the emcee and for the WestMAC P&F for sponsoring this year's event.

A special mention to parent, Susan Boyle who liaised with the generous supporters and donors below:

- Centenary Glass & Mirror
- Currey's Flower Farm
- Healthyworld Pharmacy Riverlink
- Ipswich Embroidery
- Active Care & Remedial Massage
- Kmart Riverlink
- MGM Trophies & Engraving
- Prouds Jewellers Riverlink
- Yamanto Tavern
- WestMAC Uniform Shop
- Zarraffa's Yamanto



#### Whole School

### Drop-off and Pick-up Zone

Our College drop-off and pick-up areas are designed so that parents can quickly set down and pick up children. They create a safe environment for students and keep traffic moving. Drop-off and pick-up areas are signed to indicate drivers' have a maximum of two minutes to drop off or collect students.

### When using the drop-off and pick-up areas drivers are asked to:

- use the area like a quick moving taxi rank;
- move forward in the queue of vehicles within the signed area;
- remain in their vehicle at all times;
- observe the maximum two minute time if your children are not ready to get straight into your vehicle at pick-up time, you will need to exit the carpark and re-enter the area again and;
- teach your children to look out for your vehicle and to get in quickly when you pull up – staff on duty will assist in reinforcing this message.

### Drop-off and pick-up areas help to make school zones safe because:

- children are dropped off and picked up close to the school's entrance (so they do not need to cross any roads);
- they reduce traffic jams around the school (as parents and carers come and go faster than if they were to park and walk into the school grounds) and;
- younger (non-school aged) children can stay in vehicles while their older siblings are dropped off and picked up—they do not need to walk, or be pushed or carried, to the school's entrance.

Source: https://www.qld.gov.au/transport/safety/rules/schools

Kirsten Mullan - Head of Junior School Phone: 3813 4532 Email: kmullan@wmac.com.au

Whole School

### Junior School Parent Teacher Interviews

Junior School Parent Teacher Interviews will take place on 27 March 2018 from 3.15pm until 8pm. Some Junior School teachers have interview times during Week 10 in addition to those on Tuesday 27 March.

Access to interview bookings through Parent Portal will open for Junior School on 16 March 2018 at 6am.

If you have a question regarding the PTI booking process please contact the Curriculum Office at jmellett@wmac.com.au

Jane Mellett - Academic Administration & Staff Scheduling Email: jmellett@wmac.com.au

Junior School

### Career's Advisor

### Expressions of Interest for the 2018 FEAST Program are now open

Future Experiences in Agriculture, Science and Technology (FEAST) is a five day residential program designed to inspire and inform high school students of the range of exciting and rewarding science careers in the agriculture, animal, plant and food sectors.



#### Why attend FEAST?

- test drive university and meet other students with similar interests
- explore science disciplines through hands on activities and workshops
- attend industry run sessions reinforcing the many exciting career outcomes on offer to graduates
- experience living in the Halls of Residence and take part in fun social and sporting activities
- chat with current university students and staff and have all your questions answered

• expand your knowledge of UQ study options and programs, careers and campus life

For more information please use the following link science.uq.edu.au/feast

Kym Hayes - Career's Advisor Phone: 3813 4631 Email: khayes@wmac.com.au

Whole School

### **Debating and Public Speaking**

### Apex Debating

Colds, flus and camps – not a lot stops a WestMAC debating team! A big thank you to the team members who stepped in for others, or who stood up and spoke even when they were feeling ill.

Seven of our teams competed in Round Two of Apex Debating this week. Congratulations to the teams who won their debates, and well done to the teams who turned up prepared and did their best.

The teams are now refining their skills, with a clear focus on developing rebuttal and presentation skills. I encourage all debaters to make sure they meet the deadlines set by their coaches, as this makes speech preparation much easier for the whole team.

The next debate is on Monday 26 March at IGGS. Teams should with their coaches for the draw and competition times and ensure they arrive at least 15 minutes before their debate.

#### Lions Youth of the Year District Final

Congratulations to Year 12 student and Debating/Public Speaking Captain Danielle Scalia on her performance at the District Final in Boonah on Sunday. The adjudicators commented on the high level of competition and the closeness of the result. Well done on a great competition, Danielle.

### Last chance for Rostrum Voice of Youth

Nominations are closing on 30 March for students entry in the Rostrum Voice of Youth competition. Information on topics and structure of the competition can be found at https://www.rostrum.com.au/qld-club-list/ gold-coast-central-club-27/103-qld-zone/qld-voice-of-youth/ 351-qld-rostrum-voice-of-youth-2017

If you would like to know more about debating and public speaking opportunities, please contact Donna Googe.

Donna Googe - Debating/Public Speaking Coordinator Phone: 3813 4619 Email: dgooge@wmac.com.au

#### Whole School

### United Nations Queensland Youth Conference

The United Nations Queensland Youth Conference is an incredible opportunity offered to students from Years 9 to 12. This year's theme was Power, Diplomacy and Influence. This theme opened the opportunity for wonderful conversations and I was able to make some incredible friends! The MUN's (Model UN) were marvellous to participate in and to simply watch some people challenge and inform others about global issues was incredible. With more than 125 diverse students attending the conference, it was one of my best high school experiences!



#### Tia Harmer Year 12

Donna Googe - Debating/Public Speaking Coordinator Phone: 3813 4566 Email: dgooge@wmac.com.au

#### Whole School

### **Reading Buddies Needed!**

#### Reading Buddies Needed!

Mother Julie recently introduced Middle School students to The Smith Family's Student to student (s2s) reading program.

The Smith Family's s2s is a unique and effective program that has helped many students to significantly increase their reading skills.

Buddies who have high literacy skills are matched with readers who are struggling with reading. The Smith Family will deliver free training to help you understand what a buddy does and how to best support your reader. They also supply a mobile phone and support materials to each reader and buddy.

### Becoming a reading buddy with the s2s Reading Program means:

- You are making a commitment to help a reader over a 18 week period by ringing them 2 to 3 times a week
- Listening to them read for at least 20 minutes each time
- The reader you are matched with is at least two years younger and attends a different school
- To protect everyone's privacy, you will only know each other's first name
- You will be supported by The Smith Family who will help you with any questions you have, or difficulties you might encounter during the program.

The closing date for buddy applications is 19 March. Forms are to be returned to Mrs Googe in SA19.

If you would like more information on the program, including application forms, please contact Mrs Donna Googe at dgooge@wmac.com.au

Donna Googe - Secondary Teacher Phone: 3813 4619 Email: dgooge@wmac.com.au

Whole School

### International

#### Host an International Student

Do you enjoy:

- learning about new cultures?
- sharing the Australian way of life?
- serving the community?
- being with young people?
- being a part of the school community?

If you said yes to one, some or all of these questions then hosting an international student in our homestay program is for you.

Be rewarded in so many ways – new friendships, new cultures and new languages. Support youth from around the world and experience the excitement of seeing children achieve their dreams.

You will be reimbursed for your good will with a monthly payment of \$40 per night per student.

Be part of a team that is exciting, feel good and a lot of fun.

Pauline Bussian - Homestay Officer Phone: 3813 4620 Email: pbussian@wmac.com.au

#### Whole School

### Defence

There is a Defence Partners Dinner being held on Wednesday 28 March at Viva Italia in Ipswich.

This is a self funded event organised by DCO. Click here for more details.

If you require any services or information from the RAAF or ARMY Chaplains, (6 ESR or 9FSB) based at Amberley, please see flyer also attached.

Kookaburra Kids Foundation is a program for Serving and Ex-Serving ADF Families. This Foundation supports children who have a parent with a mental illness as a result of military service. The camp and activity day program is available to children aged 8 to 18 years at NO cost to families who are accepted into the program. The camp is on April 27 to 29. Please click here for more details or contact Kookaburra Kids direct for more information.

If you require any assistance for your child, here at the College, as you maybe deploying, away for a considerable amount of time or you have a few questions or queries, please do not hesitate to contact me at jsheehan@wmac.com.au or 3813 4508.

Jenny Sheehan - Defence Transition Officer Phone: 3813 4508 Email: JSheehan@wmac.com.au

Whole School

### **Uniform Shop**

## Uniform Shop Opening Times – School Days only

Day	Term 1
Monday	7.30am to 3.30pm
Wednesday	7.30am to 3.30pm
Friday	7.30am to 3.30pm

The Uniform Shop will cease trading for Term 1 at 3.30pm on Wednesday 28 March and re-open on Monday 16 April 2018. Please note that the Uniform Shop closes at 11am on Wednesday's in Terms 2 and 3.

#### Blazer pockets

Embroidery left at the Uniform Shop by Wednesday 28 March will be available at the start of Term 2.

#### Winter Uniform

The College does not have a separate winter and summer uniform. Students can wear the same formal uniform throughout the year with the following additional requirements:

All Middle and Senior School students (i.e. Years 7 to 12) must wear their College blazer to and from the College in Terms 2 and 3 and at public engagements. Middle and Senior School boys must wear the appropriate College tie in Terms 2 and 3. Year 12 have a senior tie.

Please refer to the following table for the items that students are allowed to wear with their formal uniform anytime during the year if they are cold.

	Prep	Years 1 to 6	Years 7 to 12
College Blazer	No	No	Yes
Fleshed coloured tights or stockings for the girls (worn with white socks)	Yes	Yes	Yes
College Jumper	Yes	Yes	Yes
College Junior School Tracksuit Jacket	Yes	Yes	No
College Junior School Tracksuit Pants	Yes	No	No
College Middle/Senior School Tracksuit	No	No	No
College Trousers	No	Yes	Yes
College Vest	Yes	Yes	Yes

All sizes of blazers and ties are now in stock.

Glenda Boike - Uniform Shop Convenor Phone: 3813 4533 Email: uniforms@wmac.com.au

Whole School

# Be part of history ... Whole College Photo

Students and staff will be part of WestMAC history on Monday 30 April, when the whole College is photographed.

Purchase a lasting memento that will have increasing sentimental value and interest as the years pass. Pre-order your 25 Years Whole College Photo today!

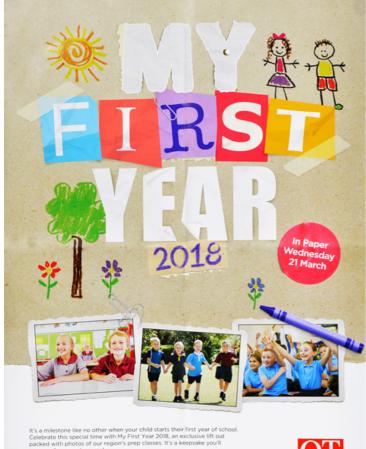
- Laminated (unmounted) prints are available for \$69.50
- Mounted prints for \$129.50

Prints must be pre-ordered online by Monday 30 April via our secure payment site https://www.wmac.com.au/news/ whole-college-photo



Whole School

### My First Year



Don't miss your copy free with the paper on Wednesday 21 March.



Whole School

### Kindy



### Support West Moreton Community Kindergarten and you'll be rewarded!



We are raising funds for our fundraising and you can help. Order the NEW 2018 | 2019 Entertainment Book or Entertainment Digital Membership and you will receive hundreds of valuable offers for everything you love to do, and you will also be supporting our fundraising. PLUS, order now to receive over \$150 of bonus Early Bird Offers (hurry, these sell out quickly). Digital Early Bird offers will be uploaded to your phone on 1 March.

Support us now: https://www.entertainmentbook.com.au/books/347

Carolyn Symonds - Director/Teacher - Kindy Phone: 3813 4540 Email: csymonds@wmac.com.au

#### Whole School

### Code Camp

### Be part of history ... Whole College Photo

Code Camp are excited to return to SCHOOL NAME during the Easter Holidays to teach your child how to code, or continue them on their coding journey to build their very own iPhone or Android app! Have a look at what your child can create at Code Camp http://hello.codecamp.com.au/assembly/ Code Camp has already taught more than 27,000 students in Australia and kids have so much fun with friends during our camps while learning important new skills such as logic, creativity, problem solving, app development and game building in a fun and engaging way, ready to take on the digital world of the future.

Every child attending a holiday camp will build incredible games on Code Camp's software platform ''Code Camp World'' and walk away with their very own app, playable via the Code Camp App store that they can take home to share with family and friends!

Why do kids and parents love Code Camp? Check out this video to find out: https://www.youtube.com/ watch?v=4Gvgxzvf-eQ&t=29s

Follow this booking link for all the dates and details about what's on on offer for the Summer Holidays: www.codecamp.com.au/

Enrol today and help your child become a coding superstar!

For more information, visit codecamp.com.au/faq or contact us at hello@codecamp.com.au.

Thank you,

The Code Camp Team



codecamp.com.au/westmoreton

Whole School