



West Moreton
Anglican College
Ipswich Queensland

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Edition 4, Term 1 2018

From the Principal

Managing Self-Doubt

Sometimes, the people who seem most confident and capable are privately filled with self-doubt and struggling with anxiety. While some doubt is healthy – never doubting oneself reflects lack of self-awareness and incompetence – but for some, self-doubt is crippling. Research suggests that people with a self-doubting mindset tend to cope in one of two ways: ‘self-handicapping’ and ‘subjective overachievement’. While self-handicappers tend to underperform (“I didn’t try so I can’t really fail”), subjective-overachievers take extraordinary measures to guarantee success (e.g., working long hours, perfectionism, always assuming others are better/smarter) – and then attribute any success to effort alone. This kind of self-doubt is common in secondary school and tertiary students.

Dr Patrick Carroll of Ohio State University has found that many subjective overachievers are very good at hiding their anxiety, thus others are rarely aware of their inner turmoil. And while it is a common phenomenon, constantly doubting one’s own capacity destroys confidence and limits learning – health problems flow from spikes in cortisol levels caused by stress and anxiety. Instead of exploring deep questions like, “Why?” and “What do I think about this?”, learning becomes a joyless process of finding the ‘right’ answer.

There are several strategies that can support and improve the wellbeing of self-doubting young people:

Change the meaning of doubt: Feeling confused, uncertain or doubtful is a normal response to challenge, not a sign of incompetence. Learning often feels hard and confusing – we need to reframe doubt, confusion and failure as normal.

Challenge the self-doubting thoughts: Encourage children to be critically reflective of their thought patterns. Is the way I see myself a thought or a fact? Would someone who is not good at Maths/English/Swimming achieve what I have achieved? Changing internal dialogue is important to overcoming and managing self-doubt.

Step back in time: Compare where you are now to where you were last year – remembering how far you’ve come can help provide confidence for the next step.

Focus on process, not results: Shift from ‘person praise’ (“You got an A! You’re so smart!”) to ‘process praise’ (“You were so persistent and dedicated to that assignment – well done!”). This can reinforce the idea that we can master things with hard work, and help learners get past the idea that a person either does or does not have innate ability.

Visualise your successful future self: Both self-handicappers and subjective overachievers tend to fixate on negative outcomes and anticipate failure. Instead, encourage learners to focus on their strengths and imagine their future self achieving a goal.

Source: Flanagan, L. (2018). How to Find Balance When Too Much Self-Doubt Gets in the Way. MindShift. Accessed 15 March, 2018 from <https://www.kqed.org/mindshift/50014/how-to-find-balance-when-too-much-self-doubt-gets-in-the-way>

Whole School

Bullying. No Way!

Across the College we aim to create a safe and supportive community for everyone. This week our College focused on the National Day against Bullying and Violence.

Bullying is an ongoing misuse of power in relationships through repeated verbal, physical and/or social behaviour that causes physical and/or psychological harm. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or online, and it can be obvious (overt) or hidden (covert).

Bullying of any form or for any reason can have long-term effects on those involved, including bystanders.

Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying.

Behaviours that do not constitute bullying include:

- mutual arguments and disagreements (where there is no power imbalance)
- not liking someone or a single act of social rejection
- one-off acts of meanness or spite
- isolated incidents of aggression, intimidation or violence.

However, these conflicts still need to be addressed and resolved. Sometimes, it can be difficult for parents or carers to know what to do when their child talks to them about bullying. However, you are an important part of our work to prevent bullying and to respond effectively if it happens. Stopping bullying involves everyone.

If your child talks to you about bullying:

1. **Listen** calmly and get the full story.
2. **Reassure** your child that they are not to blame.
3. **Ask** your child what they want to do about it and how you can help.
4. **Visit** www.bullyingnoway.gov.au to find some strategies.
5. **Contact** the school.
6. **Check in** regularly with your child.



If your child talks to you about bullying:

1. Listen calmly and get the full story. Your calm response is important to allow your child to tell you all about the situation. After they've told you their story, ask questions to get more details if you need to: who, what, where, when. Although you may feel some strong emotions about your child's experience, try to keep calm to avoid more distress to your child.
2. Reassure your child they are not to blame. Many children blame themselves and this may make them feel even worse. You could say things like, 'That sounds really hard to deal with. No one should have

to put up with that.' or 'I'm so glad you told me. You should be able to feel safe at school; that's not fair at all'.

3. Ask your child what they want to do and what they want you to do. A critical part of your response is to avoid jumping in to solve the problem. While it is natural to want to protect your child, helping them to find their own solution is a better option. It helps them feel they have some power in the situation.
4. Visit www.bullyingnoway.gov.au to find some strategies. The website has tips and ideas for different bullying situations. One idea is to practise strategies at home to help your child feel more confident.
5. Contact WestMAC. Your child may be reluctant for you to do this, so discuss the idea and reassure them that the school would want to know and is able to help. Make an appointment to meet with your child's teacher and, if you need to, ask to talk with the Head of School. Contact the College immediately if you have a concern about your child's safety.
6. Check in regularly with your child. Keep the conversation going. It can take time to resolve issues, so check in regularly with your child about their experiences and their feelings. Your ongoing support is important.

If you are looking for support for yourself to deal with a bullying situation, you will find ideas on the Bullying. No Way! website for parents. As well, please contact your respective sub-schools if you would like to discuss any aspect of our approach to prevent bullying.

This week, various activities have occurred in recognition of the National Day against Bullying and Violence. These included:

- Junior School - Assembly presentation on Tuesday
- Middle School - activities during the lunch break on Friday
- Senior School - activities during SpiritED lessons on Thursday

Thanks for your support in making our College a great place for everyone.

Kirsten Mullan

Head of Junior School - kmullan@wmac.com.au

John O'Sullivan-Williams

Head of Middle School - josullivanwilliams@wmac.com.au

Paul Alcorn

Head of Senior School - palcorn@wmac.com.au

Whole School

Drop-off and Pick-up Zones REMINDER

Our College drop-off and pick-up areas are designed so that parents can quickly set-down and pick-up children. They create a safe environment for students and keep traffic moving.

Drop-off and pick-up areas are signed to indicate drivers' have a maximum of two minutes to drop-off or collect students.

When using the drop-off and pick-up areas drivers are asked to:

- use the area like a quick moving taxi rank
- move forward in the queue of vehicles within the signed area
- remain in their vehicle at all times
- observe the maximum two minute time - if your children are not ready to get straight into your vehicle at pick-up time, you will need to exit the carpark and re-enter the area again, and
- teach your children to look out for your vehicle and to get in quickly when you pull up – staff on duty will assist in reinforcing this message.

Drop-off and pick-up areas help to make school zones safe because:

- children are dropped-off and picked-up close to the school's entrance (so they do not need to cross any roads)
- they reduce traffic jams around the school (as parents and carers come and go faster than if they were to park and walk into the school grounds), and
- younger (non-school aged) children can stay in vehicles while their older siblings are dropped-off and picked-up—they do not need to walk, or be pushed or carried, to the school's entrance.

Source: <https://www.qld.gov.au/transport/safety/rules/schools>

Whole School

P&F Mothering Sunday High Tea

On Sunday 11 March over 100 WestMAC ladies gathered for the annual Mothering Sunday High Tea. This year, the afternoon was held at the Ipswich Club. Thank you to Mother Julie for being the emcee and for the WestMAC P&F for sponsoring the event.

A special mention to parent, Susan Boyle who liaised with the generous supporters and donors below:

- Centenary Glass & Mirror
- Currey's Flower Farm
- Healthyworld Pharmacy Riverlink
- Ipswich Embroidery
- Active Care & Remedial Massage
- Kmart Riverlink
- MGM Trophies & Engraving
- Prouds Jewellers Riverlink
- Yamanto Tavern
- WestMAC Uniform Shop

- Zarraffa's Yamanto



Whole School

Prep Open Morning

Discover WestMAC
PREP OPEN MORNING
Tuesday 20 March
9 to 10.30am

Discover how WestMAC can instill a love of learning in your child so that they can explore their potential.

Join us to learn more about Prep at WestMAC on Tuesday 20 March from 9 until 10.30am.
Register today via wmac.com.au

West Moreton Anglican College
Ipswich Queensland

Register today at wmac.com.au/news-events/prep-open-morning

Whole School

Chaplaincy

Holy Week and Easter@WestMAC

- Friday 23 March Junior Chapels will have an Easter theme, as the following Friday is Good Friday and the term finishes on Thursday 29 March. Middle School and Senior School chapels on Tuesday 27 March will have an Easter focus.
- Worship@WestMAC: Sunday 25 March is Palm Sunday and our service will take the form of a Messy Church.
- On Friday 30 March we have a Good Friday service at 9.30am. This family-friendly event is open to everyone. Hot cross buns will be served afterward.
- On Sunday 1 April representatives from St Paul's Ipswich, All Saint's Booval and St Thomas' North Ipswich will join us at the WestMAC chapel, at 6.30am, for The Service of Light, where the Easter Fire is lit and the Pascal (Easter) Candles are blessed. The parish representatives will then carry the Easter Light back to their churches for their own services. We will continue with our Easter Eucharist, including

the renewal of Baptism vows and finish with morning tea (and coffee) worthy of the Resurrection. Come and share the celebration with us!

World's Greatest Shave

Yes, this time next week, it'll all be over bar the hairs stuck in awkward places. Next Friday 23 March, some intrepid students, a staff member and a parent will have their heads shaved to raise money to help support people living with blood cancer. One amazing Year 12 student will be cutting a significant chunk from her beautiful, long locks – enough to make two or three wigs for children living with cancer. Please go online and sponsor the WestMAC shave team.

On the day, there will be the opportunity for Years 5 to 12 students to have their hair coloured. They will need \$5 and a signed permission form or a note in their diary. No permission and/or money = no colouring.

Our wonderful P&F will also be providing a sausage sizzle, should students wish to make a purchase. Prep to Year 4 students will stay at the JS campus and, depending on their age, either pay a donation to come to school with 'crazy hair' – I'm sure Ms Mullan will say more about that – or have their hair coloured in the undercover area.

We're also hoping to be able to start selling raffle tickets for a signed Reds jersey. This won't be drawn until the end of April, so plenty of time – watch this space for details.

The actual shave will take place at the chapel between 1.10 and 1.50pm. If there are parents or students interested in helping, let me know, I'd be happy to put you on the list.

I'll also be putting lots of little plaits in my hair, so people can pay to cut one off before the final shave. You may find students shaking tins/buckets for your donations as you come to school in the next week. Please pop something in if you can and, on the day, make sure you have a pocketful of change in order to take advantage of food and beverage opportunities.

If there are any hairdressers out there, who would be free on Friday 23 March and prepared to pitch in and help with the shaving/hair cutting, please drop me an email. We'd love for you to be involved. Now, if you'll excuse me, I have to buy a hat or two!

Blessings
Julie

Mother Julie Craig-Leaves - Chaplain
Phone: 3813 4630
Email: jcraingleaves@wmac.com.au

Whole School

25 Year Celebrations

Date Claimer

WestMAC's foundation stone was laid on Sunday 18 July 1993, and the official opening was celebrated on Sunday 6 February 1994. From the beginning, the College's celebrations had played a major role in the life of the College. Today, these traditions and the 'WestMAC spirit' is a palpable element of College life. Please join us from July 2018 to celebrate 25 years of educational leadership and community at WestMAC. The dates below will be included in the 25 Year Celebrations.

Please share and save these dates.

More detailed information about these events will be emailed in the future.

2018 Events

25th Birthday Dinner Dance	28 July 2018
10 and 20 Year Reunions	18 August 2018
Academic Assemblies	
Junior School	31 July 2018
Middle School	31 July 2018
Senior School	2 August 2018
Presentation Nights	
Junior School	22 November 2018
Middle School	20 November 2018
Senior School	13 November 2018

Be part of history ... Whole College Photo

Students and staff will be part of WestMAC history on Monday 30 April, when the whole College is photographed.

Purchase a lasting memento that will have increasing sentimental value and interest as the years pass. Pre-order your 25 Years Whole College Photo today!

- Laminated (unmounted) prints are available for \$69.50
- Mounted prints for \$129.50

Prints must be pre-ordered online by Monday 30 April via our secure payment site <https://www.wmac.com.au/news/whole-college-photo>



Whole School

WestMAC Partnerships

WestMAC Partnerships provide a genuine opportunity to engage with past and present students, parents, staff, volunteers, and supporters of the College, and to promote your business as a leader in the community. There is a range of partnership opportunities available for a two year period in 2018 and 2019:

Platinum	\$10,000
Gold – The Arts	\$4,000
Silver – The Arts	\$2,000
Gold – Sports	\$4,000
Silver – Sports	\$2,000
Gold – Dinner Dance	\$2,500
Silver – Dinner Dance	\$600
Silver – Donation	\$1,500

Click [here](#) to view the 2018 and 2019 Partnership Proposal.

If you would like to support the College through one of these partnerships, please contact me directly.

Amanda Houston - Director of Marketing and Business Development
Phone: 3813 4561
Email: ahouston@wmac.com.au

Whole School

Curriculum

2018 Next Step Survey

The Queensland Government is conducting its annual statewide survey of all students who completed Year 12 in 2017. The Next Step survey is a brief, confidential survey that gains a comprehensive picture of the employment, study and life choices made by Queensland school completers in the year after they finish Year 12.

Between March and June, all students who completed Year 12 last year can expect to receive instructions to complete a web-based survey or a telephone call from the Queensland Government Statistician's Office. Please encourage your child to take part. If their contact details have changed, please assist the interviewer with their updated details or forward the survey to their new address so they can participate.

Thank you for your support of the Next Step survey in 2018.

Further information on Next Step is available online at www.education.qld.gov.au/nextstep/ or on toll-free telephone 1800 068 587.

QCST Special Provisions

The QCAA recognises that some students may be affected by medical conditions, impairments or exceptional circumstances that may act as a barrier to accessing the test or demonstrating

their achievement in the test. Special provisions are designed to minimise such barriers. Students who believe that they may be entitled to special provisions are asked to come to discuss their situation with me as soon as possible. Special provision applications for long-term impairments are open until Monday 21 May.

End of term QCST Practice

Our Year 12 students will sit their second full practice for the QCST at the end of this term. A Study Hall will take place for Non-QCST students and this provides a perfect opportunity to finish off this term's school work, start Term 2 work and complete any training modules e.g. Blue Dog, Cert III Early Childhood Education and Care, Cert III Information, Digital Media and Technology, Cert III Rural Operations and Diploma of Business.

NAPLAN

NAPLAN Testing for Years 3, 5, 7 and 9 will occur from Tuesday 15 to Thursday 17 May. Please note that, due to the Ipswich Show Holiday, the catch-up day for any missed exams will be Monday 21 May. More information will be provided in the future to relevant students and parents.

Junior School Parent Teacher Interviews (PTI)

Junior School Parent Teacher Interviews will take place on Tuesday 27 March 2018 from 3.15 until 8pm. Additionally, some Junior School teachers have interview times during Week 10.

Access to interview bookings through Parent Portal will open for Junior School on Friday 16 March 2018 at 6am.

If you have a question regarding the PTI booking process please contact Jane Mellett via jmellett@wmac.com.au

Sue Stewart - Director of Curriculum
Phone: 3813 4542
Email: sstewart@wmac.com.au

Whole School

Reading Buddies Needed!

Reading Buddies Needed!

Mother Julie recently introduced Middle School students to The Smith Family's Student to Student (s2s) reading program.

The Smith Family's s2s is a unique and effective program that has helped many students to significantly increase their reading skills.

Buddies who have high literacy skills are matched with readers who are struggling with reading. The Smith Family will deliver

free training to help you understand what a buddy does and how to best support your reader. They also supply a mobile phone and support materials to each reader and buddy.

Becoming a reading buddy with the s2s reading programs means:

- You are making a commitment to help a reader over an 18 week period by ringing them 2 to 3 times a week
- Listening to them read for at least 20 minutes each time
- The reader you are matched with is at least two years younger and attends a different school
- To protect everyone's privacy, you will only know each other's first name
- You will be supported by The Smith Family who will help you with any questions you have, or difficulties you might encounter during the program.

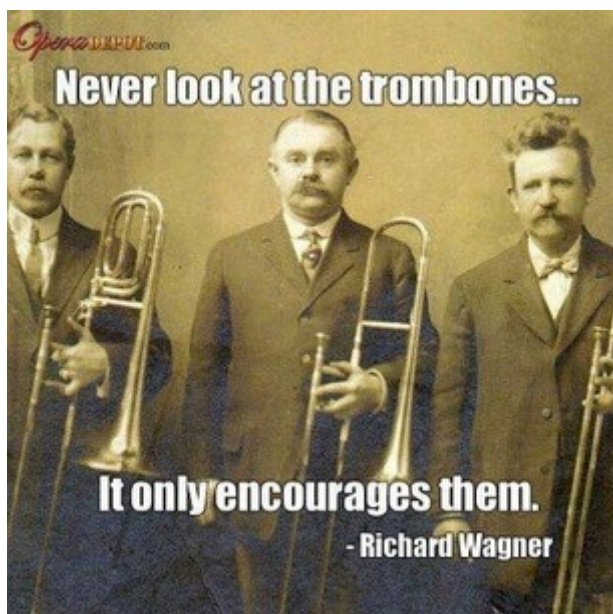
Buddy applications are open until Monday 19 March. Forms are to be returned to Mrs Googe in SA19.

If you would like more information on the program, including application forms, please contact me directly.

Donna Googe - Secondary Teacher
 Phone: 3813 4619
 Email: dgooge@wmac.com.au

Whole School

Creative Arts and Extra-curricular



Term 1 events

Sun 25 Mar	Proms at St Paul's rehearsal - MD17/18, 2 to 5pm (Chorale)
Mon 26 Mar	Apex Debating Round 3

Thurs 29 Mar	Studio & Small Ensemble Recital #1 - MD17/18, 6pm
Sun 15 April	Proms at St Paul's rehearsal - MD17/18, 2 to 5pm (Chorale)
Wed 18 April	Proms at St Paul's rehearsal - St Paul's Ipswich, 7 to 9pm (Chorale)
Fri 20 April	Proms at St Paul's rehearsal & performance, 5.45 to 10pm (Chorale)

Debating and Public Speaking

Apex Debating

Colds, flus and camps – not a lot stops a WestMAC debating team! A big thank you to the team members who stepped in for others, or who stood up and spoke even when they were feeling ill.

Seven of our teams competed in Round 2 of Apex Debating this week. Congratulations to the teams who won their debates, and well done to the teams who turned up prepared and did their best.

The teams are now refining their skills, with a clear focus on developing rebuttal and presentation skills. I encourage all debaters to make sure they meet the deadlines set by their coaches, as this makes speech preparation much easier for the whole team.

The next debate is on Monday 26 March at IGGS. Teams should check with their coaches for the draw and competition times and ensure they arrive at least 15 minutes before their debate.

Lions Youth of the Year District Final

Congratulations to Year 12 student and Debating/Public Speaking Captain, Danielle Scalia on her performance at the District Final in Boonah last Sunday (11 March). The adjudicators commented on the high level of competition and the closeness of the result. Well done on a great competition, Danielle!

Last chance for Rostrum Voice of Youth

Nominations are closing on Friday 30 March for students entering in the Rostrum Voice of Youth competition. Information on topics and structure of the competition can be found at <https://www.rostrum.com.au/qld-club-list/gold-coast-central-club-27/103-qld-zone/qld-voice-of-youth/351-qld-rostrum-voice-of-youth-2017>

What did Tia Harmer (Year 12) think of the United National Queensland Youth Conference...

"The United Nations Queensland Youth Conference was an incredible opportunity offered to students from Years 9 to 12.

This year's theme was Power, Diplomacy and Influence. This theme provided some wonderful conversations and I was able to make some incredible friends! Participating in the MUN's (Model UN) was marvellous; watching some people challenge and inform others about global issues. With more than 125 diverse students attending the conference, it was one of my best school experiences!"



If you would like to know more about debating and public speaking opportunities, please contact Donna Googe, Debating/ Public Speaking Coordinator on 3013 4619 or dgooge@wmac.com.au

Equestrian

On Sunday 4 March, the WestMAC Equestrian Team competed at the Inter-School Queensland Show Jumping event hosted by Somerville House at Moggill Pony Club. On Sunday 11 March, the team competed at the Emmaus College and Springfield Anglican College Combined Training and Show Horse Event at Park Ridge Pony Club Grounds. At both events, our riders performed with distinction with several placings, including Sage Fisher-Peters' first place in the One-Meter Show Jumping event at Moggill.

Music

The WestMAC Chorale is busy preparing for the annual Proms at St Paul's concert scheduled for Friday 20 April at St Paul's Church Ipswich. This year, the Proms is delighted to welcome Australasia's finest brass band, Excelsior Band Brisbane. This promises to be a thrilling musical event, featuring choruses from two operas by Verdi, including the spectacular Grand March from Aida, and the finale to the Organ Symphony of Saint Saëns, made famous by its inclusion in the movie 'Babe'. Tickets are on sale now and can be purchased through TryBooking at <https://www.trybooking.com/book/event?eid=357318&>

Neil Flottmann - Director of Creative Arts and Extra Curricular Programs

Phone: 3813 4592

Email: nflottmann@wmac.com.au

Whole School

Sport

TAS Sport Trimester 1 Round 6 and 7

A very solid fortnight of results from WestMAC over St Columban's and St John's Anglican College. Coming into our final round and having a good result will affect where all teams are placed on ladders going into the Finals.

Results and competition ladders can be found at <http://www.theassociatedschools.com.au/>

We play Ormiston College at Ormiston College this week before heading into the TAS Finals Round.

Finals in Trimester 1 will run with the following format. For Tennis and Cricket all teams that finish 1st, 3rd, 5th, 7th - they will have home finals played at WestMAC. Teams finishing 2nd, 4th, 6th and 8th - will play their finals at any of the other member TAS schools. For Basketball and Volleyball all Year 7 and Year 8 Finals will be played at St Columban's; Year 9 and Year 10 Finals will be played at Ormiston College; Senior Seconds and Firsts Finals will be played at Canterbury College.

Junior TAS Hockey and Cricket

It has been fabulous to see the improvement of all our Cricket and Hockey players over the past five weeks. A special mention to the Year 4 Red, Year 6 Red and Year 6 Navy Hockey Teams who remain undefeated with just two rounds to go. Best of luck to all teams for the remainder of the season.

TAS Trimester 2 Sign-on

Pre-season for all Trimester 2 sports have begun and trials for most Netball teams have finished. If students do not have the TAS permission form signed and appropriate Trimester 2 sports ticked, unfortunately, they will not be able to take part in any training until this is addressed by students and parents.

A reminder that Saturday 21 April will be our Trimester 2 training day from 8am to 12pm. All teams for Girls Hockey, Girls Netball, Boys Tennis and Boys Rugby will be training hard to prepare for the start of Trimester 2 on this date. More information will come out at the end of Term 1 about this training day. As this is the same date as the Senior Formal. Senior Seconds and Firsts Teams will more than likely change training for this date.

Term 2 Junior TAS

Well done to all students for your efforts at pre-season Rugby and Netball training. We are still requiring more Rugby Years 4 to 6 players. If you are interested in playing or require further information, please contact Mr Rob Hillier at the Sports Department.

Junior TAS Cross Country

A reminder that Junior TAS Cross Country training is open to all students in Years 3 to 6. Training is held on the Upper Junior Oval each Wednesday and Friday morning from 7.15 to 8am. All students are welcome to attend.

WestMAC Sport Partners

A massive thank you to our WestMAC Sport sponsors who have come on board to assist the department and its programs in 2018. We would like to thank **Llewellyn Motors, Higgins and Eatons** for their continued support in 2018, and we welcome **Hidden Fence** who have come on board in 2018. We are in the middle of finalising our Rugby partners, which will be shared in the next newsletter.



The support of sponsors allows the College to continue to purchase equipment and uniforms for our sports training and games. If you would like to be involved as a College Sponsor of our growing sport programs, please contact Mr Mathew Ellis at the Sports Department.

Communication of Sporting Information

The communication process is vital to ensuring that students and parents are kept up to date with the variety of sporting information, particularly at the start of a new year. Apart from this section in the newsletter, sporting information is also passed on or can be accessed in a number of other ways.

- College App
- Daily Notices which are read to students each morning
- Sports noticeboard at the Lostroh Centre as well as other noticeboards around the College, particularly in each sub-school
- Sports Reception - (07) 3813 4534, or in person in the Lostroh Centre.

Congratulations to...

- Ebonee Gregory, Holly Gorroick and Ava Jenkins on being selected in the South Zone 12 Years Girls Netball Team who will progress to the Western Ranges trials later in the month.

Mathew Ellis - Head of Sport

Phone: 3813 4534

Email: mellis@wmac.com.au

TAS Junior TAS

Host an International student

Do you enjoy:

- learning about new cultures?
- sharing the Australian way of life?
- serving the community?
- being with young people?
- being a part of the school community?

If you said yes to one, some or all of these questions then hosting an international student in our homestay program is for you.

Be rewarded in so many ways – new friendships, new cultures and new languages. Support youth from around the world and experience the excitement of seeing young people achieve their dreams.

You will be reimbursed for your goodwill with a monthly payment of \$40 per night per student.

Pauline Bussian - Homestay Officer

Phone: 3813 4620

Email: pbussian@wmac.com.au

Whole School

Code Camp

CODECAMP

Build your own iPhone app these school holidays!

More than 30,000 Australian kids have loved Code Camp

Been before? Try our new camp
Blast 3D

Camps we offer at Code Camp Sponsored by **Westpac** Powered by **hp**

Little League
Ages 3-4
2 days of fun where our oldest coders make the first small, but important steps to becoming creators of technology, not just consumers.

Spark
Ages 5-11
3-4 days of creativity, design, fun and coding. Our most popular Code Camp where every child aged 7 and above starts their coding journey.

Ignite
Ages 7-12
Ignite is for those who have conquered Spark or who already have a coding experience elsewhere. They'll build their own top-down adventure game!

Blast 3D **NEW!**
Ages 8-13
Brand new for 2018, your kids will immerse themselves in a 3D world of their creation! Unlock the next level of their coding adventure at Code Camp Blast 3D.

11-13 April
8:30 AM - 4:00 PM

West Moreton Anglican College

\$349 for 3 days
BYO Laptop or Hire

www.codecamp.com.au/westmoreton

Alternate dates and locations available (no camps on public holidays)

Code Camp is excited to return to WestMAC during the Easter Holidays to teach your child how to code, or continue them on their coding journey to build their very own iPhone or Android app! Have a look at what your child can create at Code Camp <http://hello.codecamp.com.au/assembly/>

Code Camp has already taught more than 27,000 students in Australia and kids have so much fun with friends during our camps while learning important new skills such as logic, creativity, problem solving, app development and game building in a fun and engaging way, ready to take on the digital world of the future.

Every child attending a holiday camp will build incredible games on Code Camp's software platform 'Code Camp World' and walk away with their very own app, playable via the Code Camp App store that they can take home to share with family and friends!

Why do kids and parents love Code Camp? Check out this video to find out: <https://www.youtube.com/watch?v=4Gvgxvf-eQ&t=29s>

Follow this booking link for all the dates and details about what's on offer for the holidays: www.codecamp.com.au/

Enrol today and help your child become a coding superstar!

For more information, visit codecamp.com.au/faq or contact the Code Camp Team via hello@codecamp.com.au

codecamp.com.au/westmoreton

Whole School

Careers

Expressions of Interest for the 2018 FEAST Program

Future Experiences in Agriculture, Science and Technology (FEAST) is a five-day residential program designed to inspire and inform high school students of the range of exciting and rewarding science careers in the agriculture, animal, plant and food sectors.



Why attend FEAST?

- test drive university and meet other students with similar interests
- explore science disciplines through hands-on activities and workshops
- attend industry run sessions reinforcing the many exciting career outcomes on offer to graduates
- experience living in the Halls of Residence and take part in fun social and sporting activities
- chat with current university students and staff and have all your questions answered
- expand your knowledge of UQ study options and programs, careers and campus life

For more information visit science.uq.edu.au/feast

Kym Hayes - Career's Advisor

Phone: 3813 4631

Email: khayes@wmac.com.au

Whole School

Defence

There is a Defence Partners Dinner being held on Wednesday 28 March at Viva Italia in Ipswich.

This is a self-funded event organised by DCO. Click [here](#) for more details.

If you require any services or information from the RAAF or ARMY Chaplains, (6 ESR or 9FSB) based at Amberley, please see flyer.

Kookaburra Kids Foundation is a program for Serving and Ex-Serving ADF Families. This Foundation supports children who have a parent with a mental illness as a result of military service. The camp and activity day program is available to children aged 8 to 18 years at NO cost to families who are accepted into the program. The camp is from Friday 27 to Sunday 29 April. Please click [here](#) for more details or contact [Kookaburra Kids](#) direct for more information.

If you require any assistance for your child here at the College, as you may be deploying, away for a considerable amount of time or you have a few questions or queries, please contact me directly.

Jenny Sheehan - Defence Transition Officer
 Phone: 3813 4508
 Email: JSheehan@wmac.com.au

Whole School

Uniform Shop

Uniform Shop Opening Times – School Days only

Monday	7.30am to 3.30pm
Wednesday	7.30am to 3.30pm
Friday	7.30am to 3.30pm

The Uniform Shop will cease trading for Term 1 at 3.30pm on Wednesday 28 March and re-open on Monday 16 April 2018.

Blazer pockets

Embroidery left at the Uniform Shop by Wednesday 28 March will be available at the start of Term 2.

Winter Uniform

The College does not have a separate winter and summer uniform. Students can wear the same formal uniform throughout the year with the following additional requirements:

All Middle and Senior School students (i.e. Years 7 to 12) must wear their College blazer to and from the College in Terms 2 and 3 and at public engagements. Middle and Senior School boys must wear the appropriate College tie in Terms 2 and 3. Year 12 have a senior tie.

Please refer to the following table for the items that students are allowed to wear with their formal uniform anytime during the year if they are cold.

	Prep	Years 1 to 6	Years 7 to 12
College Blazer	No	No	Yes
Fleshed coloured tights or stockings for the girls (worn with white socks)	Yes	Yes	Yes
College Jumper	Yes	Yes	Yes
College Junior School Tracksuit Jacket	Yes	Yes	No
College Junior School Tracksuit Pants	Yes	No	No
College Middle/Senior School Tracksuit	No	No	No
College Trousers	No	Yes	Yes
College Vest	Yes	Yes	Yes

All sizes of blazers and ties are now in stock.

Glenda Boike - Uniform Shop Convenor
 Phone: 3813 4533
 Email: uniforms@wmac.com.au

Whole School

Kindy

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Carolyn Symonds - Director/Teacher - Kindy
 Phone: 3813 4540
 Email: csymonds@wmac.com.au

Whole School