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Edition 5, Term 1 2018

# **Principal**

### The Significance of Easter

Over the coming days, we will have the opportunity to walk with Jesus through Holy Week. This is a time to reflect on Christ's great sacrifice and remember His suffering for our sake on Good Friday. After this comes a time of great joy and celebration as we rejoice in the Risen Lord on Easter Day and remember that we serve a Living God who dwelt among us, understands us and loves us.

I extend a very warm invite to all members of the WestMAC family to join with us at our two Worship Services, being Good Friday (30 March at 9.30am) and Easter Sunday (1 April at 6.30am) in the Chapel of the Good Shepherd. Children, family members, neighbours and friends are all very welcome; please stay and share morning tea with us afterwards.

## China Study Tour

Best wishes to the staff and students as they set off on our biennial China Study Tour on Good Friday. Ably led by Miss Bence and Ms Judd, a total of eighteen Chinese language students from Years 9 and 10 will experience the wonders of Shanghai, Hangzhou and Beijing over the ten days of the trip. During this time, staff and students will be involved in a range of cultural and educational experiences focused on developing their language skills, cultural knowledge and understanding. A highlight of this tour is our students' first visit to a new partner school, Hangzhou Greentown Junior School, which includes a two night homestay experience. Building new relationships and enhancing learning opportunities for our students is the cornerstone of each and every Languages study tour, be it to Japan or China.

### Thanks for your support in Term 1

As we now come to the end of term, I would like to thank all members of the WestMAC family for the many and varied contributions that together have made for a great start to the year.

Apart from acknowledging the many wonderful achievements by our students, I am grateful to everyone who has played his or her part in providing our children with the many opportunities they have available to them. At this time, I would like to extend particular thanks to our staff for their significant and valuable contributions to our students during the term.

I trust that everyone will have the chance to rest and rejuvenate over the Easter break. I look forward to working with you all again in Term 2.

## Term 2 Commencement Arrangements

All teaching and non-teaching staff will be involved in a professional learning day on Monday 16 April.

Term 2 classes for all students commence on Tuesday 17 April.

Whole School

# Term 2 Fees

Term 2 fees accounts have been processed and will be due for payment on 17 April.

If you have not received your account, please contact Tricia Steele in Accounts Receivable.

Tricia Steele - Accounts Receivable Officer

Phone: 3813 4523

Email: psteele@wmac.com.au

Whole School

## **Deputy Principal**

#### **ANZAC Services**

This year the College will commemorate the spirit of the ANZAC through two separate events.

 Wednesday 25 April – WestMAC participation in the annual Ipswich City Council Parade and Public Commemoration Service. Formal invitations to participate in the Parade and Service have been extended to our Student Leaders, Defence Families, College staff and students in Years 10, 7 and 5. This will ensure that WestMAC has a strong representation befitting of the honour due to our fallen ANZACs.

We would also love to see WestMAC families supporting this significant event by lining the route and cheering on the passing Parade which steps off at 10.45am from the corner of Ellenborough and Brisbane Streets and heads down Brisbane Street, East Street, Pine Street over the David Trumpy Bridge and The Terrace to enter the North Ipswich Reserve. The Commemoration Service will commence at 11.30am at the North Ipswich Reserve and conclude at approximately 12pm.

• Thursday 26 April – Whole School ANZAC Service I extend to all members of the College community, our parents and friends, a very warm invitation to join us for this special whole College Commemoration Service which will commence at 11am in the Lostroh Centre. Light refreshments will be served at the back of the Hall following the Service's conclusion at 12pm. For seating and catering purposes, parents wishing to join us are asked to RSVP by contacting Susan Baills either via email sbaills@wmac.com.au or telephone 3813 4548. Defence families have received information from Defence Transition Mentor, Jenny Sheehan, and are asked to RSVP to her via email jsheehan@wmac.com.au or telephone 3813 4508.

## Photographs

MSP Photography will be taking:

Middle School Photographs on Tuesday 1 May Senior School and Year 4 Photographs on Wednesday 2 May Junior School (except Year 4) Photographs on Thursday 3 May

All students will need to be in full College uniform; this includes blazers and ties for Years 7 – 12 and the College badge on girl's ties Years 1 - 12. To ensure smooth running on the day, please note that all orders are pre-paid.

Completed order envelopes should be handed in to the sub-school receptions by:

Friday 27 April for Middle School Monday 30 April for Senior School Tuesday 1 May for Junior School.

Payment envelopes not handed in by the due dates will need to be taken handed to photo staff to the Hall on the day.

PLEASE NOTE: Individual photographs will be taken of every student for College purposes. However there is no obligation to purchase this photograph.

When ordering please read the relevant information on the MSP Photography envelopes and remember these helpful points:

- 1. Check the student details printed of the envelope are correct for your child and that you have one envelope for each child at the College.
- 2. MPS Photography accepts cash or credit card payments only. You may pay by cash via the envelope (please enclose correct payment as change cannot be given) or for credit card payment place your order online using your child's individual 'Shoot Key' listed on their envelope.
- 3. If you have two or more children attending the College you may include the payment in one envelope but please note clearly on the outside of all envelopes that you have paid in one envelope.
- 4. Each student is to hand in their individual envelope, do not seal order envelopes inside each other.

Siblings Photographs will be available at the College again this year. These are by APPOINTMENT ONLY. To book a time for your family's sibling photo please contact MSP Photography on 3848 3946. The steps to order are the same as those indicated above, however; a different order envelope is required. These envelopes are available from each of the Sub-School Reception areas, as well as Main Reception in the Central Administration building. Sibling photographs will be taken on each of the three photo days at the Lostroh Centre from 7.45am until 8.20am. Families wishing to have a sibling photo taken are encouraged to book their appointment on the photo day of the eldest child's Sub-School Photographs.

If for any reason you are not satisfied with the photos taken of your child please contact MSP within 14 days of receiving your photos for a full refund. Late orders can be organised directly with MSP, any orders placed after photo day will incur a \$20 surcharge.

If you have any questions please feel free to contact MSP Photography 3848 3946.

Janelle Lecinski - Deputy Principal

Phone: 3813 4627

Email: jlecinski@wmac.com.au

Whole School

## Chaplaincy

### Holy Week and Easter@WestMAC

Last Sunday, Rev'd Brenda organised the most amazing Messy Church for Palm Sunday. It was so much fun, with lots to see and do and listen to and gave us a great insight into what it might have been to be with Jesus, as he entered Jerusalem, hailed as the Chosen One of God but we know how quickly the mood changed.

On Friday 30 March (tomorrow) we will have a Good Friday service at 9.30am. This will be a family friendly event and is open for everyone. Hot cross buns will be served afterward.

On Sunday 1 April representatives from St Paul's, Ipswich, All Saint's, Booval and St Thomas', North Ipswich will join us at WestMAC chapel, at 6.30am, for The Service of Light, where the Easter Fire is lit and the Pascal (Easter) Candles are blessed. The parish representatives will then carry the Easter Light back to their churches for their own services. We will continue with our Easter Eucharist, including the renewal of Baptism vows and finish with morning tea (and coffee!) worthy of the Resurrection. Come and share the celebration with us!

#### World's Greatest Shave

Yes! It is accomplished. I want to take this opportunity to thank everyone who made it possible. I had so much help and support. It really was a massive undertaking and I can't begin to name all the people who went over and above in getting the day together. I feel incredibly blessed to have had a super abundance of incredible people who got us to the appointed time with staffing taken care off, furniture moved and organised, risk assessments completed, sausages sizzled, hair cut, coloured or shaved etc., etc. It was so moving and exciting to see the way the community came together for a wonderful cause.

I think we're very close, if not at, our original goal of \$10,000 but more will come in as we sell raffle tickets for our framed and signed Reds jersey. Watch this space for more info.

We're also hoping to be able to start selling raffle tickets for a signed Reds jersey. This won't be drawn until the end of April, so plenty of time – watch this space for details.

Finally I want to thank everyone for the beautiful, warm welcome I've received. Term 1 has been a huge learning curve and I can't see it becoming any less steep for a while yet but I feel truly blessed and more sure than ever that I'm exactly where I'm supposed to be. I feel privileged to do the job I do in this place I'm doing it.

I pray the next couple of weeks will be a time of rest and relaxation for you and, if it's important to you, that the celebration of the Resurrection of Christ will bring you great joy and peace.

My love to you and yours, Every blessing Julie Mother Julie Craig-Leaves - Chaplain

Phone: 3813 4630

Email: jcraigleaves@wmac.com.au

Whole School

## Senior School

## Adopting a Growth Mindset

Put simply a growth mindset is the belief that intelligence can be developed. At WestMAC we encourage our students to adopt a growth mindset because this will assist them to understand they can increase their ability in a subject through hard work, the use of effective strategies, and by seeking help from others when needed. Someone who has a fixed mindset believes intelligence is a fixed trait that is set in stone at birth.

Students' beliefs about intelligence have important consequences for how they experience school and respond to adversity. A student who has a fixed mindset can find school threatening because they are worried about proving their ability. This can lead to the student avoiding challenges and giving up too soon. On the other hand, a student with a growth mindset can see school as an opportunity for growth and embraces challenges in order to develop mastery.

Daily interactions parents and teachers have with students can create a mindset which can either support or undermine resilience. A simple strategy adults can use is praising the process students have undertaken as opposed to ability or the final outcome. For example: "You are good at Maths; you got an A on your last test" very much focuses on the ability of the student. Alternatively, "You really studied for your Maths test and your improvement shows it" praises the process and develops a growth mindset and promotes resilience.

As you read your son or daughter's Term 1 Report card, I and the other Heads of School encourage you to be mindful of the effort and process your child or children have put in this term; and offer praise accordingly.

#### Source:

Romero, C. (2015). What We Know About Growth Mindset from Scientific Research. Accessed 27 March 2018 from: http://mindsetscholarsnetwork.org/wp-content/uploads/2015/09/What-We-Know-About-Growth-Mindset.pdf\

#### **RACQ** Docudrama

This week saw the Year 12 students participate in the RACQ Docudrama Program; a road safety awareness initiative aimed at educating senior students about the potential risks in a vehicle as both a driver and a passenger. Three of our students (Grace McQueen, Patrick Bischoff and Zane Emblen-Reeves) were actors in a mock crash scenario where there was a fatality. After the docudrama finished the students were engaged in two debrief sessions where road safety awareness was discussed.





### Easter Blessings

To you and your family, from the Senior School Leadership Team, have a restful holiday break. May you be surrounded by happiness and kindness! Take time to nurture your spirit and soul, and reconnect with someone that inspires you, empowers you and most importantly loves you unconditionally. God bless!!

Paul Alcorn - Head of Senior School

Phone: 3813 4560

Email: palcorn@wmac.com.au

Senior School

## Middle School

As the Middle School comes to the end of a very busy term, our expectation is that students end the way they started, by focusing on the importance of establishing and maintaining positive relationships. Importantly, this focus shouldn't be seen as simply a reflection of influential people in their lives, but also an opportunity for each student to examine their own values, attitudes and beliefs.

In the Positive Relationships incursion this week, students were encouraged (and often challenged) to move beyond their comfort zone in examining their own identity and relationships across multiple contexts. Brett Lee, an ex-police detective in child safety and an internet and cyber-safety expert, provided a very honest account of digital footprints and the impact of social media on student's profiles and relationships. Additionally, students engaged in various workshops including exploring emotional and physical control and strategies to maintain their health and emotional wellbeing. Equally important, workshops catered for faith and physical exercise, each playing a vital part in a balanced and positive self. At the end of the day, each student participated in a reflection, developing an action plan that highlights not only information learnt from the day, but also a document that they will open at a later date and reflect on their success of maintaining their own principles of maintaining positivity in their life.

It is my hope that although the incursion is only one day in length, the lessons learnt from this incursion will help build a positive environment for the Middle School across the years. In partnership with you, I hope that this day provides opportunities for your family and friends to discuss the importance of self-reflection and developing positive strategies in our busy everyday lives.

With this in mind, I encourage you to attend Brett Lee's parent presentation on Wednesday 9 May. Further information

regarding the time and venue will be provided early next term. This will be an excellent opportunity for you to engage in up-to-date information regarding cyber safety and engaging in strategies to ensure positive online behaviour. Further details can be found at https://www.internetsafeeducation.com/

Finally, I wish you a safe, peaceful and happy Easter Break. I have very much enjoyed my first term at WestMAC and look forward to welcoming back the students in Term 2.

#### Managing Screen Time over the holidays

As we approach the holidays, I wanted to include a useful resource from Brett Lee in regards to managing screen time. More specifically: video games. The gaming industry is changing rapidly. And it's no longer just violent content that's concerning. As online multiplayer and chat functionality is becoming the new norm in modern games, it's impossible to know who you're playing with, or what they might be saying over the internet.

Brett has put together a downloadable handbook for parents, caregivers and teachers alike. It covers new business models, gaming addiction, online multiplayer concerns, and more. Please visit the following link at: https://www.internetsafeeducation.com/wp-content/uploads/2018/03/Gaming-Handbook.pdf

Middle School

# Curriculum

## End Term 1 Reports

Interim reports for Term 1 will be available on the Parent Portal mid next week. I encourage parents to go through the report with their child. Should parents have any difficulties accessing the reports through the Parent Portal please make contact with Main Administration on 3813 4555.

# Middle and Senior School Parent Student Teacher Conferences

Middle and Senior School Parent Teacher Interviews will take place on 18 and 19 April 2018 from 8.20pm until 8pm.

Access to interview bookings through Parent Portal opened for Middle and Senior School on 28 March.

Any questions regarding the PTI booking process should be directed to the Curriculum Office at jmellet@wmac.com.au or srosentreter@wmac.com.au

## Happy Holidays

I take this opportunity to wish all students and families a Holy Easter and happy holidays.

Sue Stewart - Director of Curriculum

Phone: 3813 4542

Email: sstewart@wmac.com.au

#### Whole School

## Creative Arts and Extra-curricular



#### Term 2 Extra-curricular Events

Sun 15	"Proms at St Pauls" rehearsal, WestMAC from 2pm
Apr	to 5pm (Chorale)
Wed 18 Apr	"Proms at St Pauls" rehearsal & sound check, St Paul's from 7pm to 9pm (Chorale)
Fri 20 Apr	"Proms at St Pauls" sound check, St Paul's 6pm (Chorale) (arrive 5.45pm)
Fri 20 Apr	"Proms at St Paul's" Concert 7.30pm (Chorale)
Tue 24 Apr	FOTA Meeting, 5.30pm in Staff Common Room
Thurs 26 Apr	Whole School Anzac Service, 11am (Chorale, Symphonic Band TBC)
Sun 29 Apr	Anglican Schools Music Festival rehearsals 10am to 4pm @St Margaret's & CHAC
Tues 1 May	FOTA Meeting, 5.30pm in Staff Common Room
Sat 12 May	Marburg Show Performance (JV), late afternoon TBC
Fri 18 May	Anglican Schools Music Festival rehearsals and performance – QPAC 8.30am to 9.30pm
Wed 23 May	Ipswich Junior Eisteddfod (Bella Voce), AM
Wed 23 May	Year 8 MUP Solo Recital in MD13, 6pm TBC
Thur 24 May	Ipswich Junior Eisteddfod (Brass, Cello, Flute and Clarinet ensembles), PM

Fri 25 May	Ipswich Junior Eisteddfod (Chorale) PM
Sat 26 May	Open Day Performances, 11 to 3pm
Tues 5 Jun	Year 11 and 12 Music & Music Extension Recital 6pm MD17/18
Thurs 7 June	Studio and Small Ensemble Recital #2, MD17 at 6pm
Thurs 21 June	Yr 5 and 6 IP Concert, 2pm OLA
Thurs 21 Jun	Studio and Small Ensemble Recital #3 6pm MD17/

#### Music

On Sunday 25 March, the WestMAC Chorale had their first joint rehearsal with the massed choirs in preparation for the annual Proms at St Paul's concert scheduled for Friday 20 April at St Paul's Church, Ipswich. The massed choir sang through the two Verdi choruses from Aida and Nabucco, as well as Jerusalem. They are looking forward to joining forces with the Excelsior Band Brisbane after Easter. Proms 2018 is shaping up as a thrilling musical spectacle, featuring the finale to the Organ Symphony of Saint Saëns, made famous by its inclusion in the movie "Babe". Tickets are on sale now and can be purchased through TryBooking at https://www.trybooking.com/book/event?eid=357318&

Our musicians are also busy preparing for the annual ANZAC Day observance at the College on 26 April.

#### **FOTA**

The WestMAC Friends of the Arts (FOTA) will hold their next meeting on Tuesday 24 April at 5.30pm in the Staff Common Room. Parents are encouraged to become involved in FOTA as a way of providing valuable support to all students and staff involved in our diverse and excellent arts programs. Sale on Friday.

Neil Flottmann - Director of Creative Arts and Extra-curricular Programs

Phone: 3813 4592

Email: nflottmann@wmac.com.au

Extra-curricular Activity

## **Sport**

## Junior TAS Swimming Carnival Results

Congratulations to all team members who recently attended the 2018 Junior TAS Swimming Carnival at Chandler. Whilst the competition was tough, WestMAC swimmers gritted their teeth and matched it with other schools in Blue Division. It was fantastic to see a large quantity of students swim personal best

times on the day. Special congratulations must go to Ethan Ramsay who broke the 11 Years Boys 50m Butterfly Record. Well done also to our 2018 Swim Captains, Ethan Ramsay and Charlotte McDowell, who led the team with pride and enthusiasm throughout the day.

I would like to thank our College Swim Coach, Mr Heath Ramsay, Mrs Stephen, Mr Alcorn and Mrs McGuire for all their hard work over the past Term. Congratulations must go to the entire Swimming Squad for a great season.

# Junior TAS WestMAC Team Rankings by Age Group/Gender

9 Year Old Girls 6th

9 Year Old Boys 4th

10 Year Old Girls 3rd

10 Year Old Boys 3rd

11 Year Old Girls 3rd

11 Year Old Boys 3rd

12 Year Old Girls 4th

12 Year Old Boys 6th

Combined Girls Placing 5th Combined Boys Placing 4th

School Combined Points Placing 5th West Moreton Anglican College

# Term 1 Junior TAS Sport- Hockey and Cricket Results

After an entertaining seven week season, the Junior TAS cricket and hockey season concluded last weekend. The improvement of all our players was evident and they represented themselves, their families and their school with pride. Players are to be congratulated for their respectful attitudes to umpires, coaches and opposition players throughout the season.

Special congratulations must go to the Year 4 Red, Year 6 Red and Year 6 Navy Hockey teams who finished the regular season undefeated. The Year 4 Navy and Year 5 teams deserve noticeable mention, only losing one game each for the entire season. This is testament to our wonderful Hockey Program and again shows that WestMAC continues to lead the way in hockey.

The Sports Department would like to acknowledge and thank the following coaches and volunteers for their assistance during Term 1. Your support and commitment in ensuring the Junior TAS season ran smoothly is truly valued.

Hockey Running Club

Mrs Mackintosh

Mr Shearer

Mr Staats

Mr Stenzel

Mr Woodford Mr Wode

Cricket

Mr Doyle

Mr Grant

Mr Newman

Mr Galetto

Mr Shultz

Swimming

Mr Ramsay Mrs Stephen

Mrs McGuire

Mr Alcorn

Running Club

Mr Leeson

Mrs Rutledge

## Term 2 Junior TAS Sport – Rugby and Netball

Nominations have now closed for the Term 2 season, which kicks off on Saturday 28 April. Rugby training will continue to take place on a Monday afternoon from 3.15pm to 4.30pm whilst netball will be held every Tuesday morning from 7am to 8am. A draw will be sent out once it becomes available.

# Junior TAS Cross Country Squad – Holiday training on!

It has been pleasing to see large numbers at Junior TAS Cross Country training this term. All students in Year 3 to Year 6 are invited to attend training and it would be particularly advantageous to have our entire training squad there. As of Term 2, training will be offered three times per week on a Monday, Wednesday and Friday morning from 7.15am to 8.00am.

With Zone Cross Country Trials in Week 3, District trials in week 4 and the Junior TAS Cross Country Carnival in Week 6 it is imperative that students don't undo all the hard work over the Easter holiday period. For this reason, there will be optional holiday training on the following days at Larsens Road Playing Fields:

	Monday	Wednesday	Friday	Location
Holidays -		Wednesday 4	Friday 6	Larsens
Week 1		April	April	Rd
02/04/18 -		7.15am to	7.15am to	
08/04/18		8am	8am	
Holidays -	Monday 9	Wednesday	Friday 13	Larsens
Week 2	April	11 April	April	Rd
09/04/18 -	7.15am to	7.15am to	7.15am to	
15/04/18	8am	8am	8am	

## Junior Sport Photos

Have you taken some great action photos of your student playing sport this year? If so, the Sports Department would love

to see them. Please forward them to either Ms Melissa Beutel at mbeutel@wmac.com.au or myself so we can use them for promotion and Sports Presentation Night. Alternatively, the best way to pass these photos on is via USB where the photos can be copied across and your USB promptly returned.

### Special Achievements

If you are aware of any other junior sporting achievements, please let me know so these can be recognised.

Mr Robert Hillier Head of Junior Sport rhillier@wmac.com.au Tel: 3813 4534

ARTICLE: From the Head of Sport

### TAS Sport Trimester 1 Results

WestMAC has finished Trimester 1 Sport and come away with winning the title of Champion Cricket School in TAS competition. This is a massive achievement and a first for the College. Congratulations must go to our Cricket Coordinator Mr Robert Hillier and all the coaches and students who have contributed to this success. Well done to our Intermediate Thirds, Senior Thirds and Senior Seconds Cricket teams on their Premiership success. Our Intermediate Firsts Cricket team were unlucky to go down in the Premiership Playoff to Canterbury College. Our Supplementary TAS Girls Basketball team also went down to Canterbury in the Premiership Playoff for their competition. A massive thankyou to the Coordinators of TAS Girls Basketball Mr Warren Butler, TAS Boys Volleyball Miss Bridgid Brosnan, and Miss Meegan Parkes and Mrs Louise Sullivan for overseeing the TAS Girls Tennis program. Well done to all teams and coaches across all Trimester 1 Sports for a great season.

### TAS Sport Trimester 2

Our Trimester 2 TAS Sport teams are hard at work preparing for their upcoming seasons in Term 2. We still have spaces available for students to participate in TAS Boys Tennis in Years 7, 8, 10, 11, 12 TAS Girls Hockey Year 8 and Year 10, 11, 12 and all TAS Boys Rugby teams. We especially need numbers in our Year 9 Boys Rugby team.

A training timetable outlining the sessions taking place in Term 2 will be sent out during the holidays. Please note that we will be having our TAS Training Clinic for final team selections on Saturday 21 April. All players committing to Trimester 2 TAS sporting teams are expected to attend this session. Our Year 12 students (and possibly some Year 11's) will have the Senior formal in the evening on this date. The Senior Firsts and Seconds teams will have an alternate training schedule sent to them and will not be expected to attend on this date. The schedule for this day is as follows:

 TAS Boys Tennis 8 to 11am, this will be held offsite at Ipswich Tennis Centre at Tivoli

- TAS Boys Rugby 8 to 11am, Upper Junior and Main Ovals at WestMAC
- TAS Girls Netball Year 7 and 8, 8 to 10am, and Year 9 and 10, 10am to midday at the Lostroh Centre.
- TAS Girls Hockey 8 to 10am, Larsens Road Hockey fields.

### TAS Swimming Carnival

The TAS Swimming Carnival was held on Thursday 15 March at the Sleeman Aquatic Centre, Chandler. All WestMAC Swimmers performed incredibly well with many recording season best or personal best times. All swimmers contributed to our overall finishing position of 4th place. Well done to our 16 years girls and 13 years boys who won their age group championship. Further top three age group finishes include the 12 years girls 3rd, 12 years boys 2nd, 13 years girls 3rd, and the 14 boys 2nd. Congratulations to Hannah Wheelhouse was named 16 years girls Age Champion. Other students who finished in top three placings in age championship rankings include Bryce Joiner 12 years boys 2nd, Amy Matthews 14 years girls 3rd, Zachary Presneill 14 years boys 3rd, Reece Venzke 15 years boys 3rd, and Jordan Lane 16 years boys 3rd.

WestMAC Boys and Girls teams were ranked 3rd overall, with our total Combined Championship position of fourth, only 6.5 points behind 3rd and only 66 points behind 1st.

I would like to thank Mr Heath Ramsay for his work with the team both leading up to the carnival and on the day and Mr Lyle Radford for his tireless work as the WestMAC photographer at all TAS events. Thank you as well to Mr Paul Alcorn for his assistance at the Carnival, training sessions and all lead up events.

## TAS Cross Country

Cross Country team details have been sent to those students who did place in the first 10 finishers of the Cross Country carnival for their respective age group. If students were absent and/or would like to challenge for a spot in the TAS Cross Country team or be selected to run at Western District Ranges Representative Cross Country carnival, they must attend training at the beginning of Term 2 to register interest. By being a part of the TAS Cross Country team students should be aware that the College may place students out of their own age group to ensure that WestMAC has the strongest team possible for the TAS Cross Country Carnival.

## SEQ Futsal Championships

During Term 1 we have a select group of students represent the College at the South East Queensland Futsal Championships.

Stage 1 was held in week 6, with the U16 Girls competing at Mt. Gravatt and five male teams playing at the Oxley Futsal Centre. On arguably the hottest day all term, the skills on show by all team at each venue was outstanding, with many hard fought contests going right down to the last minutes.

Of the six teams to compete, the Girls U16, Boys U13 and Boys U15 progressed through to the knockout stage, with all our remaining teams just missing out based on points or goal difference.

The knockout stage was held in Week 8 across three venues. This round saw all of the top two place getters of each of the eight round one competition days come together to compete. The competition was red hot as teams from the Gold Coast, Brisbane and the Sunshine Coast vied to be crowned SEQ Champions. The U14 Girls came up against last year Champions in Brigidine College and following a tense battle the game ended in a draw. Unfortunately Brigidine were ranked higher, which meant the girl's day was over prematurely. On a positive, the majority of the U16 Girls team were aged 15 or under which bodes well for the future!

The Under 13 boys came up against Robina in game one and finished 3 – 2 to progress to the second round, but then lost to a well drilled Kimberly College.

Finally, the U15 boys came from a 3 goal deficit in the first game to record a thrilling victory in the final seconds. The boys then progressed past their next opponent in convincing fashion before being beaten in the Quarter Final round. Fortunately the boys have progressed to the Champion of Champions Round to be held in Term 3.

Congratulations to all students who represented the WestMAC with such distinction in playing and coaching capacities. Also, thank you to my assistants Miss Sigourney Thompson, Mr Tyson Schneider and Mitchell Biggs, as well as and all parents who were fantastic chauffers and supporters.

The championships are also used a selection process for representative honours. Congratulations to the following students who have been invited to train for Queensland teams; Samuel Barnes, Levi Briggs, Riley Brotherton, Charlie Buck, Breanne Clarke, Jeremy Colaso, Mitchell Colaso, Isiah Creed, Hayden Dick, Liam Green, Issak Gregory, Bridget Hartfiel, Frank Kabalu, Patient Lukongo, Georgia Martell, Michael Matthews, Andy Sinclair and Joshua Tupper.







Teacher-in-Charge Football Excellence Nicholas Barling nbarling@wmac.com.au 3813 4559

Mathew Ellis - Head of Sport

Phone: 3813 4546

Email: mellis@wmac.com.au

TAS Junior TAS Extra-curricular Activity

## Career's Advisor

#### Pharmacy Experience Day - save the date

Pharmacy Experience Day is an annual UQ showcase which invites students to discover where a Bachelor of Pharmacy can take them.

Throughout the day guests will take part in a range of hands-on laboratory activities, meet and quiz current students, and participate on a guided tour through the world class facilities.

All members of the public are invited to attend the Pharmacy Experience Day, held on Sunday 19 August 2018. Discover more here

## New Bachelor of Arts Program Planner

The Bachelor of Arts offers students unrivalled flexibility, but this often causes confusion among new students. UQ have launched a new Bachelor of Arts Program Planner as a resource for guidance officers, teachers and students.

Students interested in the Bachelor of Arts can use the program planner to plan and guide their studies, while ensuring their choice of majors and courses are compliant with the complex rules and requirements of the program.

This initiative will improve students' ability to plan the structure of their program, allowing them to save their selections for future reference and share their program planner with staff.

Further Program Planners for additional UQ programs will be released throughout 2018.

### UQ Earth and Environment Day - register now

UQ Earth and Environment Day, held on Friday 20 July 2018, is an opportunity for students in Years 10 to 12 to experience the applications and relevance of geography, planning, earth sciences and environmental management.

This full day, on-campus experience provides careers sessions hosted by UQ graduates, interactive workshops exploring environmental and earth science themes, a tour of the St Lucia campus, and networking with other students. Discover more here

#### Griffith University

#### New degrees in 2019

In 2019, we're offering new degrees in intelligent digital technologies, communication and journalism, and construction management—all designed to prepare you for opportunities in a fast-changing world. We've also developed new industry-related double degrees giving you the option to combine science with commerce, data science or arts, commerce with psychological science or information technology, and environmental science with data science.

Visit the Study website to explore your options

#### Parent and Student Advice Nights

Tuesday 22 May, Nathan campus Thursday 24 May, Gold Coast campus

If you're a Year 9, 10 or 11 student, our Parent and Student Advice Nights will help answer your questions about the change from the OP to ATAR system, how to choose senior high school subjects, and how to decide on the right university degree. You can also talk to our academic staff and expert study advisers, take a campus tour and get the right advice and information you need on what to expect on your journey to university.

Register to attend at griffith.edu.au/advice-nights

## **Experience University STEM courses**

#### Applications close 16 April 2018 for Year 11 students

Griffith Sciences offers Griffith University Early Start to Tertiary Studies (GUESTS) At-School courses - university equivalent subjects for high achieving high school students to complete in parallel to their Year 11 and 12 science subjects.

The courses are completely free and online, and can be done in the classroom under the guidance of a nominated teacher at the school. They structured in modules so that topics can be covered at the convenience of students and teaching staff.

Students that complete and pass Stage 1 (in Year 11) will be invited to complete Stage 2 (in Year 12). Students that pass both stages will receive a certificate of completion and credit for an equivalent first year undergraduate course at Griffith University.

Courses currently available are Griffith Chem and Griffith Phys, with Griffith Maths and Griffith Info Tech soon to be added.

Applications are currently open for Year 11 intakes (closing on April 16 for April 30 start date).

https://www.griffith.edu.au/griffith-sciences/ science-on-the-go/stem-pathways

## Defence Force Recruiting Information Sessions

Parents and Teachers ADF Careers Information Session https://www.defencejobs.gov.au/events/events-detail/ OGNEE6/



#### PARENTS & TEACHERS ADF CAREERS INFORMATION SESSION

Australia's Navy, Army and Air Force can give you experiences money can't buy – a career that not only improves you personally, but means doing something worthwhile for your country.

There really is something for almost everyone – from fully paid university degrees and graduate entry schemes, rewarding trade and technical careers, exciting combat roles, through to support and administration positions.

With more than 250 jobs on offer, with a multitude of entry avenues, there has never been a better time to find out m To learn more, attend an Australian Defence Force Careers Information Session.

When: Thursday 5 April 2018 Time: 6:00pm – 8:00pm (Lift Access will be stopped at 6:30pm) Where: Defence Force Recruiting Brisbane – Level 13, 295 Ann Street, Brisbane

To RSVP visit https://www.defencejobs.gov.au/events/events-detail/OGNEE6/ or email cptqld@dfr.com.au



#### Submariner Information Session httpswww.defencejobs.gov.au/events/events-detail/ZWBQ5M/



#### SUBMARINER INFORMATION SESSION

ight now the Royal Australian Navy is recruiting for Submariners, it can be challenging but the rewards are great and the respect you'll earn is

ariner you'll be part of the deep elite service of the Royal Australian Navy and can expect an exciting and rewarding career that includes a competitive salary package, free healthcare, subsidised accommodation and job security. To learn more, attend an information session at the Defence Force Recruiting Britsbane.

When: Monday, 23<sup>rd</sup> April 2018 Time: 6:00pm – 8:00pm (Lift Access will be stopped at 6:30pm) Where: Defence Force Recruiting Brisbane – Level 13, 295 Ann St, Brisbane CBD



To RSVP email <a href="mailto:cptqld@dfr.com.au">cptqld@dfr.com.au</a> or click on <a href="https://www.defencejobs.gov.au/events/events-detail/ZWBQ5M/">https://www.defencejobs.gov.au/events/events-detail/ZWBQ5M/</a>

Women in Defence Information Session https://www.defencejobs.gov.au/events/events-detail/ BRYKAA/

Army Reserve Information Session https://www.defencejobs.gov.au/events/events-detail/



#### Women in Defence Information Session

This information session will provide an excellent opportunity to engage with a current serving female from the Australian Defence Force and discuss not only the recruiting process, but also life in the Australian Defence Force as a female.

The information session will be able to provide valuable information to help assist you through the recruiting process and into a rewarding career in the Australian Defence Force.







#### ADF CAREERS INFORMATION SESSION

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n: Wednesday 18th April 2018 :: 6:00pm – 8:00pm

Time: 6:00pm – 8:00pm Where: Logan Diggers Club, 42-48 Blackwood Rd, Logan Central, QLD 4114

To RSVP visit https://www.defencejobs.gov.au/events/events-detail/4FD947/





#### ARMY RESERVE INFORMATION SESSION

The Army Reserve is made up of everyday Aussies who are ready to step up to any challenge—if and when the country needs. Reservists help local communities around Australia and abroad, and play an important part in providing the additional officers and soldiers the Australian Army needs.

ng part of the Army Reserves means you will gain new life experiences, meet new mates, learn new skills, be given the opportunity to travel within and beyond Australia, work a minimum of 20 days a year all whilst giving back to your local area and earning 100% tax free pay.

To find out more, attend the Army Reserve Information Session

Time: 6:00pm - 8:0

Time: 6:00pm = 8:00pm
Where: Ipswich Civic Centre, Limestone St, Ipswich
Or RSVP https://www.defencejobs.gov.au/events/events-detail/2984LS/ or email cptqld@dfr.com.



Defence Force Recruiting Lady Tradie Day http://events.defencejobs.gov.au/event/368YX3/



Kym Hayes - Career's Advisor

Phone: 3813 4631

Email: khayes@wmac.com.au

Whole School

## **Apex Debating**

The round robin section of the Apex Debating Competition has now finished, and we will find out in the next few weeks which teams are through to the quarter finals on 21 May. Debating is a skill that takes time and practice to learn. Each debate is an

opportunity for students to improve their team work, research, writing and presentation skills. The philosophy underpinning the debating program is to encourage student to aim for their best, and enjoy the experience. It has been wonderful to see the progress our debaters have made during the competition. Whether a team has made it through to the final or not, each debater can be proud of their efforts this term.

I would like to thank Shania Gough for stepping in at the last minute to help the Senior 2 team in their debate this week. Her kindness and willingness to help out shows the ties that connect our debating family.

If you would like to know more about debating and public speaking opportunities, please contact Donna Googe.

Donna Googe - Debating/Public Speaking Coordinator

Phone: 3813 4619

Email: dgooge@wmac.com.au

Extra-curricular Activity

## **Uniform Shop**

# Uniform Shop Opening Times – School Days only

Day	Terms 1 & 4	Terms 2 & 3
Monday	7.30am to 3.30pm	7.30am to 3.30pm
Wednesday	7.30am to 3.30pm	7.30am to 11am
Friday	7.30am to 3.30pm	7.30am to 3.30pm

The Uniform Shop will be:

- closed over the school holidays
- open on Monday 16 April 2018 between 7.30am and 3.30pm - pupil free day
- closed on Tuesday 17 April 2018 first day for Term
   2

Please note that the Uniform Shop closes at 11am on Wednesday's in Terms 2 and 3.

### Blazer pockets

Embroidery left at the Uniform Shop by Wednesday 28 March will be available at the start of Term 2.

#### Winter Uniform

The College does not have a separate winter and summer uniform. Students can wear the same formal uniform throughout the year with the following additional requirements:

All Middle and Senior School students (i.e. Years 7 to 12) must wear their College blazer to and from the College in Terms 2 and 3 and at public engagements. Middle and Senior School

boys must wear the appropriate College tie in Terms 2 and 3. Year 12 have a senior tie.

Please refer to the following table for the items that students are allowed to wear with their formal uniform anytime during the year if they are cold.

	Prep	Years 1 to 6	Years 7 to 12
College Blazer	No	No	Yes
Fleshed coloured tights or stockings for the girls (worn with white socks)	Yes	Yes	Yes
College Jumper	Yes	Yes	Yes
College Junior School Tracksuit Jacket	Yes	Yes	No
College Junior School Tracksuit Pants	Yes	No	No
College Middle/Senior School Tracksuit	No	No	No
College Trousers		Yes	Yes
College Vest	Yes	Yes	Yes

All sizes of blazers and ties are now in stock.

Glenda Boike - Uniform Shop Convenor

Phone: 3813 4533

Email: uniforms@wmac.com.au

Whole School

## Host an International student

Do you enjoy:

- learning about new cultures?
- sharing the Australian way of life?
- serving the community?
- being with young people?
- being a part of the school community?

If you said yes to one, some or all of these questions then hosting an international student in our homestay program is for you.

Be rewarded in so many ways – new friendships, new cultures and new languages. Support youth from around the world and experience the excitement of seeing young people achieve their dreams.

You will be reimbursed for your goodwill with a monthly payment of \$40 per night per student.

Pauline Bussian - Homestay Officer

Phone: 3813 4620

Email: pbussian@wmac.com.au

Whole School

## Kindy

# Support West Moreton Community Kindergarten and you'll be rewarded!



We are raising funds for our fundraising and you can help. Order the NEW 2018 | 2019 Entertainment Book or Entertainment Digital Membership and you will receive hundreds of valuable offers for everything you love to do, and you will also be supporting our fundraising.

Support us now: https://www.entertainmentbook.com.au/books/347

Carolyn Symonds - Director/Teacher - Kindy

Phone: 3813 4540

Email: csymonds@wmac.com.au

Whole School

# Western Pride Easter Holiday Clinics

#### GIRLS AND BOYS CLINIC

Western Pride will be hosting holiday football fun for 6 to 16 year old girls and boys of all abilities this Easter Holidays.

Girls and boys, make the most of your holidays with three action packed days of fun, learning and development.

The clinics will include:

- Daily on-field clinics with players grouped into different ages
- Daily PlayStation FIFA World Cup competitions
- Prizes include boot vouchers, Uhlsport football shirts, skill Balls and soccer balls
- Sessions held by Advanced Licensed coaches working with our SAP and NPL teams

When: Wednesday 11, Thursday 12, Friday 13 April 2018

Where: Briggs Road, Raceview

Time: 9 to 2pm

Cost: \$200 (three days) \$70 (per day)

All you need to bring is sunscreen, boots, socks, shin pads, lunch (or money for lunch) and a hat.

#### ADVANCED GIRLS CLINIC

Western Pride will also be hosting an Advanced Girls clinic on the Wednesday and Thursday for girls aged between 12 and 17 years. This clinic is open to external players as well as current Pride players.

During this Advanced Clinic you will:

- Train with Western Pride Senior Women's Coach and former Matilda's Goalkeeper, Belinda Kitching
- Session on Growth and Mindset
- Video Analysis

Cost: \$130 (two days) \$70 (per day)

#### PAYMENT AND REGISTRATION

To register for either clinic, please follow the link below:

https://docs.google.com/forms/d/e/

1FAlpQLSewmUMIm64l6m4kDRvNbugnx2Jq0WBdnS8JTBeAAHX viewform

#### Please make payment to:

Western Pride FC BSB number: 124 150 Account No: 22106394

Reference: Clinic - "Player's Name"

Whole School

## **Ipswich Cats AUSKick**

#### The Ipswich Cats have a special offer for you!

#### Offer 1

Free Membership to our Roy's Junior Footy program especially for 5 - 7 year old's.

#### Offer 2

\$50 fee discount for all Junior Players Under 8, 9, 10, 11 & 12's

Membership with the Cats gives you weekly games playing with your new mates within a family fun atmosphere. Our coaches emphasise fun & partcipation while learning about the great game. Each member receives their own Club Polo Shirt\*.

For more information please contact the club on 0400 124 826 or see our Facebook Page Ipswich Cats AFC

Whole School