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Edition 2, Term 3 2018

Principal

Assertiveness Tips for Students

Assertiveness is the sweet spot between two extremes:

- Aggressive Prioritising your own needs; using threats or violence to get your way
- Passive Doing things you don't want to do because of pressure or threats
- Assertive Standing up for yourself without diminishing others; strong, not mean.



Assertive communication is a hard skill to learn. Saying 'no' can be difficult if our instinct is to help others and put them first – these are admirable qualities, but we also need to take care of ourselves, be able to prioritise, and know our limits. On the other hand, our culture sometimes rewards aggression. Putdowns are framed as humour in cartoons and sitcoms, and the internet can be a platform for bullying. It's hard to find examples of assertiveness in the public sphere. That's why teachers and parents need to explicitly teach assertiveness, so students internalise skills and use them in everyday situations.

The "nice no" – When a student feels pressured to go along with other people's ideas or invitations ("Do you want to trade lunches?"), it can be effective to say, "No, thanks" or "Thanks for asking, but not today".

Setting a boundary and holding to it – When asked to do something outside your comfort zone ("Can I copy off your paper?"), it's effective to say, "No, I'm not comfortable with that" and not feel compelled to give reasons.

Asking for some thinking time – When asked for something and you're not ready to answer, an assertive response is to say, "I'm not sure how to answer that right now. Can I get back to you later today?" Ask for the amount of time you need to get more information, weigh other options, and reflect on your feelings about the situation.

Stating your needs – It may seem that others are ignoring or disrespecting your needs when the problem is that you actually haven't articulated them clearly enough. For example, a student might say to a teacher, "Could you please repeat that? I need to hear the directions again".

Using an "I feel" message – This may be the best way to communicate your feelings and emotional needs so others have a chance to understand – for example, saying to a friend, "I feel sad when you cancel our plans, because I love hanging out with you".

Responding to aggression – Sometimes an assertive statement is met with an aggressive response. A good next step is to calmly remove yourself from the conversation, saying, "I think I communicated my thoughts clearly, so there's not much more to talk about".

Acknowledgment: "Modeling Assertiveness with Students" by Kristin Stuart Valdes in Edutopia, January 25, 2018

Geoff McLay - Principal Phone: 3813 4555

Whole School

Senior School

QTAC Applications for Year 12 students

QTAC applications opened on Thursday 2 August. Year 12 students will have until the end of September to apply on time (at a cost of \$43). Students are able to apply after this date but we are encouraging all students to have their applications submitted by the end of September. At this stage students need to be considering their desired courses, back-up courses and pathway courses (courses that will help them upgrade into a course they really want). Each student is encouraged to use

all 6 preferences in their QTAC application. Mrs Hayes and Mrs Baker are able to assist students in determining these courses.

A significant change in the QTAC process is the Offer Round Dates. A small number of students are likely to get offers starting from Friday 16 November, 2018. Offers will continue through to Wednesday 16 January, 2019. Applicants will have 4 **days to respond to this offer**. If they do not respond to the offer their application will cease, and they will need to log onto their application and follow the directions of QTAC to re-activate their application. Please note the offer round dates in the current QTAC booklet (pp. 20).

As some courses have fixed closing dates as early as Friday 24 August, Year 12 students need to check their QTAC Booklets (pp. 20 to 21) and search for dates related to the courses they are interested in. This is a link to the QTAC website with a list of the fixed closing dates. http://www.qtac.edu.au/ key-dates---fees/fixed-closing-dates.

On Thursday 9 August from 11 am to 12 noon, a representative from QTAC presented information regarding the QTAC application process in the chapel. All Year 12 students were expected to attend this event but if it was missed please email Mrs Hayes and she will assist in catching up on this important information.

Additionally, on Wednesday 15 August, the Ekka Show holiday, Mrs Hayes will be available in the Claridge Centre (CC14) to assist students, parents and/or guardians in completing the students' QTAC application. This will run from 11am to 3pm. It is not necessary to make an appointment for this day as Mrs Hayes will be in CC14 to answer questions as necessary.

Students will need to bring:

- the list of courses they are interest in
- their WestMAC ID card, and
- knowledge of the payment method that will be used.

Please note, payment can be made at a later date via credit card, but it is important that student are aware of the preferred payment method when starting their application.

Key things that Year 12 students intending on going into tertiary studies next year should be doing:

- 1. Check access to their student connect account https://studentconnect.qcaa.qld.edu.au/
- 2. Ensure they have a TFN (Tax File Number)
- 3. Create an account on the QTAC website use a non-school email and put in your mobile number http://www.qtac.edu.au/home
- 4. Apply for scholarships
- 5. Check the fixed closing dates

Student Safety on Campus

Student safety is of paramount importance at the College. As a consequence, our student drivers and soon-to-be student drivers were sent an email last week outlining the College's expectations (and recent changes) with regards to driving on campus. Student drivers are to be congratulated for their compliance with these rules and recognition that the rationale for any changes was the safety of students (including themselves) whilst on campus.

Each year, we either email or speak to our student drivers to remind them of College policy, emphasising any amendments. Last week's email to the students (which I understand has caused some confusion) made mention of the following:

- Students permitted to drive to school are not allowed to access and drive through the staff carpark this has always been the case
- Students are to access the 'student' carpark/Senior School carpark via Larsens Road – again this has always been the expectation
- If a student driver has the responsibility of bringing siblings to and from school, they are permitted (and always have been) to access the respective sub-school Drop-off/Pick-up zones. The expectation is now they do this via Keswick Road, which has always been the preference.

The student drivers are constantly reminded that they should abide by the speed limit of 10km/h on campus.

As mentioned above, the objective of such a policy, and any amendments that may occur, is to ensure the safety of our students and families. My apologies for any confusion that may have occurred, that was never the intention.

Paul Alcorn - Head of Senior School Phone: 3813 4560 Email: palcorn@wmac.com.au

Senior School

Middle School

Last week I attended the Anglican Schools Commission Cyber Safety Network Conference. It was an interesting day listening to up-to-date information regarding the use of technology in schools, mobile phone use and exploring data of online behaviour.

In regards to the Middle School Mobile Phone policy, all Queensland Anglican schools are responding in strategic ways to limit the use of phones whilst at school. WestMAC is leading the way in this area focusing on the importance of students disconnecting themselves from technology and instead engaging in face to face time and valuing being present in the moment.

What became very clear was that for those children who have mobile phones, it is highly addictive and is often very difficult for students to remove themselves from devices throughout the school day. Statistics show that children often model their mobile phone usage from not only their peers but more so by their parents. Not all students in the Middle School have mobile phones however those that do, I encourage you to continue to set clear boundaries for your children. Strategies that may prove helpful include:

- Limiting the hours of use valuing the importance of disconnecting
- Children not permitted to use their mobile phone device in their own room or private spaces
- Storing the phone in a central area in the house
- Not engaging in use during meals or family time modelling positive behaviour
- Maintaining a clear expectation that part of the parent/ school is to educate how children engage and respond to texts, images and online content – this involves parents accessing children's phones – it's not a private tool
- Discussing the need to connect with online social media including Snapchat, Facebook and Instagram and legal ages applied to these communities
- Reminding, reminding and reminding that once a message is sent that message becomes public and cannot be retrieved. A photo/image/text is never private.

In regards to online behaviour, the key message remains that parents provide boundaries for their children. Here in the Middle School I have made it very clear that respect between our students is not limited to College grounds but extends to the online community. It is an expectation that all students are respected and feel safe in their physical and online relationships.

In a recent survey of Anglican school of students aged between 8 to 13 years, students reported when online:

- 50% felt socially excluded
- 39% called names whilst online
- 28% described lies or rumours being posted about themselves
- 17% received threats of some kind
- 12% reported that others impersonated themselves
- 9% reported that their account(s) were accessed without consensus
- 6% reported that information was posted non-consensually

This figures can appear quite overwhelming. However like mobile phones, clear boundaries are needed to educate children. This important relationship between school and home is vital and I encourage you to continue educating your child and setting key expectations. Being actively present when your child is online can highlight the positive attributes of the internet. Although it's easier said than done, if your child makes errors in their judgement whilst using technology it is more beneficial to have a conversation regarding their use rather than responding in an emotional manner. At the end of the day we want our children to come to us if they experience difficulties navigating in this new technological world.

John O'Sullivan Williams - Head of Middle School Phone: 3813 4594 Email: josullivanwilliams@wmac.com.au

Junior School

At WestMAC we reward academic efforts. On Tuesday 31 July at the Lostroh Centre, WestMAC held their Junior School Academic Assembly for 2018. Miss Renae Moore, class of 2004, was our guest speaker. She spoke about her time as a WestMAC student and how excited she is to now be a Year 2 teacher at the College. We had two musical items performed by Bella Voce and the Junior School Concert Band. Upon meeting particular criteria some Year 5 and 6 students received academic achievement awards. These were Cum Laude, Magna Cum Laude and Summa Cum Laude. At the end of the ceremony, award winners and their guests enjoyed a lovely morning tea together.

By Amelie Baker



Kirsten Mullan - Head of Junior School Phone: 3813 4532 Email: kmullan@wmac.com.au

Junior School

Chaplaincy

Worship@WestMAC is hitting the Great Outdoors this Sunday. We're having a day out at beautiful Queen's Park. What a blessing it is to have this on our doorstep. Some of you may have seen the picture I posted last week of me checking out the facilities for you. The coffee and carrot cake are of an appropriate standard and the lace monitor will be ready to meet and greet you.



We'll be meeting from 10.30am onwards and will be hoping to get the gazebo/rotunda over the road from the café and near the lovely playground. The café does take away if you so desire or just bring along a picnic and settle in. It's a stunning space with lots of grassy areas, shady trees and a beautiful nature park and garden to explore if you're feeling adventurous. The playground makes me wish I wasn't quite as tall – a very unusual wish for me, usually. It's a great design with room for lots of imaginative play and exploration. Bring your family and friends to spend time with some other WestMAC family and friends.

On a less happy note, you can't have failed to notice all the references to how hard the drought is hitting in parts of our state and neighbouring NSW. We're so blessed here at WestMAC and we have an opportunity, as a community, to help other communities doing it really tough. An initiative has been suggested by some parents and staff to help raise funds. We're asking people to donate whatever they can to help. There will be collection tins from 'Buy a Bale' in each of the Sub-school Receptions, the Central Administration Reception and the Staff Room. Mr McLay believes it's within our means to raise the \$9500 needed to buy a semi-trailer load of hay and transport it to an affected area. The Middle School will also be looking to put together care packages of essentials - shampoo, soap, deodorants, sanitary products etc. By popping an extra item or two into the weekly shop, we could gather plenty. I can't really imagine what it would be like to not be able to bath or wash my hair whenever I wanted. We know how things like that can affect one's mental health and sense of self. Middle School will be using their Term 4 SpiritEd classes, with the focus of 'Service' to see what else we can do to make a difference. I'm consulting with Bishop Cameron to see if we can forge links with somewhere in our Western Region. Watch this space! Obviously our prayers for the people and the situation are immensely important and helpful but if we're prepared to put those prayers into actions, we can really make them count.

Mother Julie Craig-Leaves - Chaplain Phone: 3813 4630 Email: jcraigleaves@wmac.com.au

Whole School

Curriculum

2018 Next Step - Early School Leavers survey

The Queensland Government is conducting its annual statewide survey for Years 10 to 12 students who in 2017 left school without obtaining Year 12 certification. The Early School Leavers survey is a short, confidential survey that collects information about what young people are doing the year after leaving school.

Between August and September, students who left school early in 2017 can expect to receive an invitation to complete a web-based survey or a telephone call from the Queensland Government Statistician's Office to complete the survey. Please encourage them to take part.

For more information, visit www.qld.gov.au/nextstep/ or telephone toll free on 1800 068 587.

Sue Stewart - Director of Curriculum Phone: 3813 4542 Email: sstewart@wmac.com.au

Whole School

Sport

Trimester 3 TAS Sport

We head into Round 4 hosting the St Columban's at home this weekend. This will be a competitive battle across many sports but especially Touch Football as both schools have been Touch Football Champion TAS school over the past two years.

A reminder that team photos for Girls Volleyball and Girls Touch Football will be taken Saturday 11 August. The photo timetable can be found on this week's draw. Boys Basketball and Boys Football will have their team photos taken on Saturday 25 August.

Results and competition ladders can be found at http://www.theassociatedschools.com.au/

TAS Sport Review

This year a review of the TAS sporting program is taking place. Its aim is to review current procedures and processes, explore new possibilities and methods for undertaking TAS sporting programs and investigate new ventures. A link to a survey will be emailed to allow students, parents and staff to have their say. I would encourage everyone to take the time to complete this survey as it will provide valuable feedback. The survey is seeking feedback from the entire WestMAC community, not just those involved in TAS sporting programs. The survey will be distributed in the coming weeks.

Junior TAS Basketball and Football Results

Well done to all students on a positive start to the Junior TAS Basketball and Football season. There has been a number of fantastic individual performances during the first 2 Rounds.

Congratulations to CJ Leeson who scored all 26 points in her Year 4 Girls basketball clash against Ormiston. Abby Connors found the back of the net a whopping five times in the Junior Girls Football game against JPC last weekend. Not to be outdone, Ashton Marsh netted an incredible eight goals in his Year 6 football teams' opening clash against Ormiston Blue and then bagged a lazy five goals last week to make it a memorable fortnight. 13 goals in just two matches... not a bad strike rate! A summary of the first two round results is as follows:

Round 1 AND 2 Basketball Results:

Year 4	Year 5	Year 6	Year 4	Year	Year 5 Girls	Year
Boys	Boys	Boys	Red Girls	4		6
				Navy Girls		Girls
Rivermount	V	V	V	V JPC	V	V
Lost 6-30	Redeemer	Rivermount	Ormiston	Lost	Rivermount	JPC
	Lost	Won 23-19	Drew	2-32	Won 33-14	Lost
	12-22		26-26			12-3
V Sheldon	V	V Ormiston	V	V	V TSAC	BYE
White	Ormiston	Lost 12-20	Sheldon	CHAC	Won 16-6	
Lost 6-39	Lost 6-44		Lost	Red		
			22-44	Lost		
				7-10		



Round 1 & 2 Football Results:

Year 4	Year 5				Senior Girls
V Sheldon White Lost 3-5	V Ormiston Red Lost 4-5	V Faith Lost 1-6	Won 12-1	John's	V BYE
V Rivermount Won 7-1	V Faith Won 7-4	V Ormiston Won 6-1	V SLJODD S	V JPC Won 10-1	V Faith Won 2-0

District Athletics Success

Congratulations to all WestMAC students who contested the recent Western Ranges District Athletics trials held at University of Queensland. This was the first combined 10 to 19 Years Athletics carnival for the Western Ranges District and it was an excellent experience out at the facility for all students to get used to marshalling at a larger facility, competing on tartan, and interacting with the Brisbane Track Officials who officiate all Regional, State and National Athletics events in Queensland.

Well done to the following students whom have been selected to compete at the Metropolitan West Regional Athletics trials on August 28 and 29 at the Queensland State Athletic Centre:

Bell, Casey	Discus, Shotput		
Bergmans,	Triple Jump		
Clare			
Bradbery, William	200		
Braiden, Ryan	Triple Jump		
Bray, Lauren	1500, 800		
Bucknell, Savannah	100		
Clarkson, Mitchell	High Jump		
Cuthbertson, Jai	800		
Dekker, Jai	200		
Dewar, Samantha	Discus		
Donovan, Liam	Long Jump, 800		
Ember, Tahlia	Shot Put, Discus		
Fothergill, Emily	Shotput		
Fothergill, Samuel	1500, 800		
Gough, Alex	1500, 2000 steeple, 3000		
Gregory, Isaak	Long Jump		
Hancock, Abbey	Shot Put		
Kebbell, Wilkin	400		
Klass, Tannah	Discus		
Lane, Ella	1500, 3000		
Marsh, Ashton	Multi Event, High Jump		
McAlister, Riley	Discus		
McDowell, Charlotte	800		
McGuire, Annie	100, 200, Long Jump		
Nhokwara, Makanaka	100, High Jump, 200		
Novinetz, Camryn	1500, Walk, 800, 3000		
Patrick, Jake	400		
Prior, Caitlin	100, 200		
Sherlock, Jared	100, 200		
Smith, Krystal	Long Jump, 100, 800, 200, Multi Event		
	Walk, Shotput		
Wells, Maddison	Long Jump, 100, 400, 200, Javelin, Sprint Hurdles, High Jump, Shotput		

Prep to Year 3 Eaglets Sporting Program

The Sports Department will once again be offering an after-school 'Eaglet' program to cater for Prep to Year 3 students. The purpose of the program is to provide students with additional opportunities to enhance their physical capabilities and general skills.

The Term 3 Eaglets Sporting Program will begin next week (Week 5). Students in Prep to Year 1 will participate in a Multi-Skills Program while students in Years 2 and 3 will be able to choose between a Soccer or Basketball Program. All programs will run for 5 weeks, concluding in Week 9. A summary of the program details is below:

							12 Mar + 12 Mar
Year Level	Program	Program Capacity (Max. numbers)		Time	Start Date	End Date	Con
		,					
Prep	Multi-Skills	40	Tuesday	3.15 to	Tuesday	Tuesday	Lower
-				4pm	14	11	Junior
Year					August	September	Oval
1					0		(near
							pool)
Year	Basketball	40	Tuesday	3.15 to	Tuesday	Tuesday	Lostro
2/3			-	4.15pm	14	11	Centre
					August	September	
Year	Football	40	Tuesday	3.15 to	Tuesday	Tuesday	Lower
2/3	(Soccer)			4.15pm	14	11	Junior
					August	September	Oval

TAS Athletics

The TAS Athletics squad for 2018 will be named next week and an information letter will be sent to both selected students and their parents. All students selected in the squad are asked to complete the on-line link to indicate whether or not they wish to participate in the carnival to enable final team selections to occur by the end of Week 5.

Rangers Rugby 7's

Last Friday, WestMAC took two teams to the Ipswich Rangers Festival of Rugby. Both teams played five games in very warm conditions and did an excellent job. Congratulations to the U10 team who finished 4th and the U12 team who finished 5th overall. Harry McDowell was named the U10 Player of the Carnival whilst Bryce Joiner received the U12 honours.



Congratulations to...

Keeley McNamara and Madeline Taber for their efforts at the recent Queensland Schoolgirl Under 15 Touch Football Tournament in Townsville. After going down to the Sunshine Coast in their first game on Day 1 of the tournament 7-4, Metropolitan West faced

them again in the Quarter Finals and beat them by 4 tries to take a place in the Final for the Plate Series.
Metropolitan West went down to Northern in the final 4-2 and finished the carnival in 6th place. Well done Maddy and Keeley



Madeline Taber scoring one of many tries for the tournament.



Team photos at the Airport



Keeley McNamara shutting down an attacking play from the opposition.

- Natasha Heit has made the Australian Team travelling to New Zealand in September for the 2018 Oceania Artistic Skating Championships. Natasha will take part in the solo and quartet divisions. Best of luck Natasha!
- Well done to the following students who took part in the Under 13 State Hockey Championships in Bundaberg: Sophie Kissane, Lianna Doyle, Sophie D'Castro, Alice Brown, Mia Ross, Stephanie Wode.

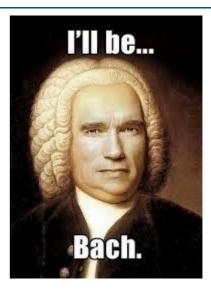


• We wish Victoria Heffernan, Sophie D'Castro, Lani Blackman, Olivia Chubb, Caitlin Canty, Jessi Nicholls, Kaja Roberts, Ashleigh Wode and Jessica Andrews on their selection into the Ipswich Under 15 Representative teams to contest the Queensland Under 15 State Hockey Championships in September.

Mathew Ellis - Head of Sport Phone: 3813 4546 Email: mellis@wmac.com.au

Whole School

Creative Arts and Extra-curricular



Term 3 Extra-curricular Events

Tuesday 14 August	FOTA Meeting, in the Staff Common Room, 5.30pm
Wednesday 29 August	Year 12 Music Recital, MD17/18, 6pm
Thursday 23 August	Grandies Day, Piccolo Voci and Bella Voce
Friday 31 August	Jazzin' Up The Hall (Big Band, Jazz Vocal and Brass Ensemble) Lostroh Centre, 7pm

	FOTA Meeting, in the Staff Common Room, 5.30pm
-	Cushion Concert (Performance Band and P to Year 3), OLA, 9.30am
Tuesday 18	Year 12 Music Extension Semester Two Recital,
September	6pm
Tuesday 18	Studio and Small Ensemble Recital No 3, MD17,
September	6pm

Art Show

The weekend of the 4 and 5 of August saw the biennial WestMAC Art Show at the Ipswich Community Gallery. Guests were treated to a rich and varied display of visual art by College students that vividly demonstrated the depth of talent in our student body. Highlights included the inspirational presentation and talk by guest speaker, artist Elysha Rei; the parade of wearable art by Year 10 students and the performance by the WestMAC Cello Consort on the Sunday afternoon. Thanks to Ms Maclennan, Ms Simmonds and Ms Goodwin for their tireless efforts.

Music

Symphonic Band and Performance Band members are attending a band camp from the 12 to 14 October, as previously mentioned. As soon as final costings are available, those families will receive a tour/excursion notification, with payment being due by the end of term.

The last two weeks have seen a raft of performances by our talented musicians, including Symphonic Band and Chorale at the Founders' Day Service and again at the Senior School Academic Assembly. Concert Band and Bella Voce performed for the Junior School Academic Assembly and Performance Band and Mezzo Voce delighted the crowd at the Middle School Academic Assembly. Big Band and Jazz Vocal entertained the guests during pre-dinner drinks at the Foundation Dinner Dance then backed up to perform the following morning at the Brisbane City Bands Festival in the Queen Street Mall. Last week, Big Band travelled to the Gold Coast to perform at Sea World Nara Resort for the Anglican Provincial Clergy Conference Dinner. The students performed to their customary high standard despite a number of absences due to illness. This week we have a number of our smaller ensembles competing in the Silkstone Eisteddfod. Well done to all of our musicians and thanks to our tireless Music Staff for their hard work

Equestrian

Following the outstanding success of our riders at the State Championships in July. We are delighted to announce that Siena Fisher-Peters, Sage Fisher-Peters and Freya Domrow have all been selected to represent the State at the National Championships in October. Sage and Freya have also been invited to captain the Queensland Show Horse and Dressage teams respectively. Congratulations and good luck to our equestrian stars.



Cattle Show Team

The Cattle Show Team is competing at the Ekka this week. Students are working very hard, putting in very long hours and battling fatigue to represent the College. Thanks to Ms Edwards, Mr Elliott and other staff assisting to make the experience memorable for the students participating.

Neil Flottmann - Director of Creative Arts and Extra-curricular Programs Phone: 3813 4592 Email: nflottmann@wmac.com.au

Whole School Extra-curricular Activity

Library

Junior School Book Week Parade

Thursday 23 August 2018, 8.30 to 11.45am



The 2018 CBCA Book Week Book Parade will take place on Thursday 23 August at the Lostroh Centre. The WestMAC library team invite and encourage families to join us for this very special annual event!

Junior School students are encouraged to come dressed as their favourite book character (preferably no Avengers or Frozen characters, and no television or movie characters please) OR in a costume that relates to this year's Book Week theme which is "Find Your Treasure". Remember that "treasure" takes many forms, and might not be simply gold and jewels...

Students may wear their costumes to and from school whilst ensuring that the usual dress code applies i.e. closed-in shoes, no brief shoulder straps, shorts or midriff tops, sunscreen and a sun safe hat for non-parade times. Students must not colour their hair (wigs may be worn), however, face paint is permitted for this event.

The students have been talking about Book Week and exploring the Book of the Year awards shortlists with Mrs Govier during their library lessons, and there are several competitions running for students across the school related to the theme. We can't wait to see the amazing characters come to life from the pages of books during the parade!

What's happening in the library:



2018 CBCA BOOKCOVER DESIGN COMPETITION

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Use the template and instructions provided to design and create your own unique version of any 2018 CBCA nominated Bookcover. Entries will be displayed in the library.

1 X ENTRY PER STUDENT



EGO

JUNIOR SCHOOL LIBRARY

2018 CBCA

COMPETITION

BUILDING

Build a LEGO scene From any 2018 CBCA Shorlisted Picture Book illustration I x entry per student



Tehani Croft - Knowledge and Learning Resources Manager Phone: 3813 4576 Email: tcroft@wmac.com.au

Junior School

Languages

China Adventure

November/December 2018



Each year we offer our Years 10 to 12 Chinese language students the opportunity to be part of an end of year China Adventure. This visit to China is usually developed for a small number of dedicated Chinese language students who wish to visit China for a period of approximately three weeks during which they will focus specifically on improving their language skills and experiencing a local Chinese community.

The destination and length of visit is determined by the host school. In previous years we have visited Shanghai, Guangzhou and Wenzhou.

I am now looking for some enthusiastic Chinese language students who are keen to come with me on this adventure. To be eligible to participate, students must be diligent in class and consistently demonstrate the qualities expected of an R&R gold or silver level student. Students also must be achieving at least a B level in Chinese and intend to continue their studies into 2019. They also need to be mature, reliable and can follow instructions. Students need to be medically fit and/or able to independently manage any known medical conditions.

This is a very different experience to that of a Study Tour and we may spend some time in homestays, depending on our destination, so students must be able to cope with these experiences. We would not expect the homestays to be like the Hangzhou ones.

If students are interested, they are encouraged to collect a form from Miss Bence and return it by the end of Week 6. If there is sufficient interest for the adventure to go ahead, we will depart when the Year 10 and 11 students finish their schooling in late November.

Kay Bence - Head of Languages Phone: 3813 4625 Email: kbence@wmac.com.au

Whole School

Defence

Every Thursday during Period 3, WestMAC has Spirit Ed. I have enlisted the aid of the Defence Force to play a key part in a Year 7 class 'A Day in Defence Life.' We have been fortunate so far as to have 2 members from 6 ESR visit WestMAC last Thursday. This Thursday we have the Airforce coming to join us.



If you think you are posting, or have your orders to post, could you please let me know, as I can assist your child in leaving the school. You can reach me by phone on 3813 4508 or email me at jsheehan@wmac.com.au

Jenny Sheehan - Defence Community Organisation Phone: 3813 4508 Email: JSheehan@wmac.com.au

Whole School

Uniform Shop

Uniform Shop Opening Times – School Days only

Day	Terms 2 and 3
Monday	7.30am to 3.30pm
Wednesday	7.30 to 11am
Friday	7.30am to 3.30pm

The Uniform Shop will be open on the Ekka student free day Wednesday 15 August 2018 from 7.30 to 11am.

Blazer pockets

The cut off dates for embroidery this Term are:

- Monday 13 August back on Wednesday 22 August
- Monday 27 August back Wednesday 5 September
- Friday 21 September (last day of Term 3) back at start of Term 4

If you would like your pocket sewn onto your blazer in Term 3, please bring your blazer to the Uniform Shop on a Monday or Friday at first break. Your blazer will be ready for you to collect at second break on the same day. The cost to sew on a pocket is \$8.

Second Hand Uniforms

The Uniform Shop accepts second hand current style uniforms that are in good condition for resale. Items that are not in good condition or the current style will be rejected and deposed of unless the Uniform Shop is notified to return the rejected items.

Junior TAS and TAS Sport Borrowed Uniforms

Any outstanding Junior TAS and TAS sport uniforms borrowed for Term 1 and 2 must be returned as soon as possible otherwise students could be charged \$75 for each item not returned.

Glenda Boike - Uniform Shop Convenor Phone: 3813 4533 Email: uniforms@wmac.com.au

Whole School

Kindy

Kindy Sustainability Project

Our Kindy is competing in the Colgate Community Garden Challenge and we would love your donations of used toothbrushes, tooth paste tubes and tooth paste boxes. Please place in the bins out the front of Kindy. Thank you for your support.

HELP OUR SCHOOL WIN A COMMUNITY GARDEN!



Our school is competing in the Colgate Community Garden Challenge!

The schools that collect the most oral care waste and online votes can win a recycled community garden set!

Vote for us online and track our school's ranking at :

Terracycle.com.au/colgategardenvoting



about the Colgate Community Garden Challenge and for full terms and conditions, visit m.au/colgategarden. If you have any further questions, call TerraCycle on 1800 983 324

Carolyn Symonds - Director/Teacher - Kindy Phone: 3813 4540 Email: csymonds@wmac.com.au

Whole School

From the Ipswich City Council

Littering and illegal dumping is a serious issue. It pollutes our environment and significantly diminishes the use, enjoyment and value of our public places for residents and visitors. If you witness littering from a vehicle please report it so that we can stop this problem together.

Information to gather includes:

- Time and date
- Place (e.g. Wulkuraka Connection Road, Karrabin) •
- Vehicle registration number .
- Make, model and colour of the vehicle
- Description of the person who littered (e.g. male ٠ driver; passenger in the rear seat, drivers side, etc.)
- Any other details that would assist (type of rubbish, stickers on the vehicle, more details of the offender, and the like).

Reports can be made on line to the State Government https://www.qld.gov.au/environment/pollution/management/ waste/report

or by calling 13 74 68 or by contacting Ipswich City Council on 3810 6666.

Remember, 'See it, Report it, Stop it".

Graham Schultz - Principal Officer (Projects) Health, Security and Regulatory Services Department IPSWICH CITY COUNCIL Phone: 3810 6666

Ipswich Musical Theatre Company

Website: https://www.ipswichmusicaltheatrecompany.com.au



Whole School